



**LITTLE LEAGUE**

League ID # 4471004

## **Return to Play Safety Plan**

All adult volunteers, players, and spectators will be mandated to adhere to the guidelines listed below in order to participate as a volunteer or player or attend events as a spectator at any Chinook Little League baseball, softball/fastpitch, or tee-ball activities during the time period that restrictions are in place due to Covid-19. Failure to adhere to the guidelines listed below will result in disciplinary action by a league official.

At all times the recommendations for youth sports as published by the CDC, State of Washington Governor Economic Reopening Task Force, and Little League Baseball International will be followed by league volunteers, players, and spectators. All managers, coaches, umpires, and league volunteers will be provided with the rules and regulations prior to assuming the volunteer role. At the players first team meetings the Team Manager will conduct a safety briefing with all players and reinforce the guidelines at the beginning of each team activity.

### **PHASE 1**

- Facial coverings required for all coaches, volunteers and athletes at all times.
- Indoor training and practice will be limited to groups of 6 in separate parts of the field/court, separated by a buffer zone. Brief close contact (ex: 3 on 3 drills) is permitted. It is preferable for the groups of six to be stable over time. All facilities must calculate allowable participant occupancy by dividing the room size or available floor space by 500 square feet per person.
- Outdoor team practices, training and intra-team competitions will be allowed. Scrimmage against other teams or training or practices with other teams is not allowed.

### **PHASE 2**

- Facial coverings required for all coaches, volunteers and athletes at all times.
- Outdoor training, practices and competitions allowed outdoors will be limited to a maximum 200 people allowed at competitions, including spectators for a single field site.
- For outdoor competitions; For facilities or complexes with more than one field or area of play a maximum of 75 people allowed per field or area of play, including spectators. All spectators of different households are to remain physically distant, 6 feet or more, as much as possible.
- Indoor team training, practices, and competitions will not exceed 25 percent of the fire code occupancy rating of the facility.

Athletes, coaches, umpires/referees, spectators and any other paid or volunteer staff will be required to stay home if they feel unwell, show any signs of COVID-19, or are a close contact of a confirmed case. All athletes, coaches, umpires/referees, and volunteers will be required to self-screen for signs/symptoms

of COVID-19 prior to a workout. Any person with symptoms of COVID-19 or who is a close contact of someone with confirmed COVID-19 will not be allowed to participate or participate and should contact his or her primary care provider or other appropriate health-care professional. Those who are excluded from training or contests due to COVID-19 symptoms or because they are close contacts must follow DOH and local public health isolation and quarantine guidance before returning to training or contests.

## **MASKS**

Masks required for all athletes/participants. Coaches, trainers, managers, spotters, and any other paid or volunteer staff must wear face coverings at all times.

## **PHYSICAL DISTANCE**

Physical distance of 6 feet must be maintained between staff, volunteers, and any spectators at all times with exceptions for training and medical personnel and volunteers performing their medical duties. Six feet of distance must be maintained among athletes when not engaged in sporting activities, huddles and team meetings must be physically distanced.

## **HYGIENE**

All athletes, coaches, umpires/referees and any other paid or volunteer staff are required to practice good hygiene including washing their hands frequently and covering their sneezes and coughs. Wash hands often with soap and water for at least 20 seconds before and after practice, especially after touching shared objects or blowing your nose, coughing, or sneezing. Avoid touching your eyes, nose, and mouth. If soap and water are not readily available, use a hand sanitizer that contains 60–95% alcohol content. Cover all surfaces of your hands and rub them together until they are dry. Athletes should not share water bottles, uniforms, towels, or snacks and should not spit (saliva, sunflower seeds, etc.).

Handwashing or hand sanitizing stations at training and contest locations will be provided with the team gear and be kept with the coach.

## **RECORDS AND CONTACT TRACING**

A roster of every athlete, staff and volunteer present at each practice, training session, and contest to assist with contact tracing in the event of a possible exposure. Attendance rosters will be kept on file for 28 days after the practice, contest, or trip.

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