



## **OREGON LITTLE LEAGUE DISTRICT 5 COVID-19 GUIDELINES – 2021 SEASON**

With the easing of some COVID-19 restrictions in the state, Oregon D5 Little League expects that it will be able to commence its 2021 season in a timely manner. While the remaining restrictions will likely require starting the season using a modified format (such as “skill and drills”), Oregon D5 Little League is hopeful that as time passes, things will gradually move toward a more “normal” Oregon D5 Little League season.

Oregon D5 Little League is committed to providing as safe a baseball, softball environment as possible under the circumstances. That being said, it is not possible for Oregon D5 Little League to eliminate all risk associated with participation in baseball, softball activities during the COVID-19 pandemic. There are simply too many factors associated with transmission of the disease that are beyond Oregon D5 Little League’s control.

Assuming that we are able to start the season as planned, Oregon D5 Little League has adopted the following protocols in an effort to keep your player(s), Oregon D5 Little League volunteers, and Oregon D5 Little League families healthy. These protocols will apply to all group Oregon D5 Little League activities (such as “skills and drills” sessions, team practices, scrimmages, games, etc.) until further notice:

- If a player or Oregon D5 Little League volunteer feels sick, the player should stay home, and should not return to Oregon D5 Little League activities until advised by a health care practitioner that it is safe to do so.
- If the family member of a player or Oregon D5 Little League volunteer, or anyone else with whom a player or Oregon D5 Little League volunteer is in regular contact becomes sick, the player/Oregon D5 Little League volunteer should stay home and not return to Oregon D5 Little League activities until advised by a health care practitioner that it is safe to do so.
- Parents/Oregon D5 Little League volunteers should take their temperature before practice, games, or D5 Little League activities, and if the temperature is above 100 degrees, the player should stay home and not return to Oregon D5 Little League activities until advised by a health care practitioner that it is safe to do so.
- Oregon D5 Little League volunteers should keep a log of players and parents at the Oregon D5 Little League activities, and verbally confirm with each player or parent that their temperature has been checked before arrival and is normal.



- Hands should be washed with soap and warm water before and after practice. Players should also bring hand sanitizer to Oregon D5 Little League activities.
- During Oregon D5 Little League activities, Oregon D5 Little League players and volunteers should wear masks and strive to maintain recommended social distancing of 6 feet.
- During Oregon D5 Little League activities all volunteers including all umpires, managers, and coaches shall wear a mask and strive to maintain recommended social distancing of 6 feet.
- Players should keep gear bags more than 6 feet apart. To the extent possible, players should store their gear inside their bags.
- Sharing of gear, such as bats, gloves, catching gear, etc., should be kept to a minimum. If sharing of certain gear cannot be avoided, the shared gear should be sanitized each time it is being used by a new player.
- Only Oregon D5 Little League volunteers will carry and assemble team gear (nets, buckets, etc.) before and after practice.
- No seeds. No food. No sharing of water bottles or other drinks.
- Parents should educate their players how to properly cover their face when coughing, sneezing, etc., and then sanitize hands afterward.
- Players and Oregon D5 Little League volunteers should minimize touching their face. If a player or Oregon D5 Little League volunteer does touch their face, they should sanitize their hands immediately after doing so.
- Parents must comply with applicable public directives regarding the maximum number of persons permitted to attend Oregon D5 Little League activities, and shall maintain social distancing when picking up, dropping off.

To maximize the chances of a successful season, Oregon D5 Little League volunteers, players, and families, should also be mindful that their choices both during and away from Oregon D5 Little League activities have the potential to adversely impact the health of other players and their families, including players and family members who may be more vulnerable based on pre-existing health conditions.

In other words, the best recipe for success is if the Oregon D5 Little League community cooperates and works together as a team. While Oregon D5 Little League looks forward to resuming baseball, softball activities, the health of the players, Oregon D5 Little League volunteers, and of their families remains priority number one.