



PHYSICAL FITNESS & MEDICAL HISTORY FORM

Special Note: This form must be dated within 60 days of the start of the season or program.
Section II must be completed ONLY by a Licensed State Examiner (medical doctor, nurse practitioner)

Section I: FOR PARENT/GUARDIAN COMPLETION ONLY

Name of Participant (must match birth certificate):

Last _____ First _____ Middle _____

Date of Birth: _____ Male _____ Female _____

Address: _____ City: _____ State: _____

Zip: _____ Telephone No: _____

Primary Medical Insurance: _____ Policy Number: _____

Membership Number: _____ Name of Primary Insured: _____

PARTICIPANT MEDICAL HISTORY:

- 1. Are there any injuries requiring medical attention? Yes No
- 2. Are there any past surgeries or scheduled surgeries? Yes No
- 3. Is there any history of concussions and/or head injuries? Yes No
- 4. Is the participant currently under the care of a medical practitioner? Yes No
- 5. Is the participant currently taking any medications? Yes No
- 6. Does the participant have any allergies (penicillin, bee stings, etc)? Yes No
- 7. Does the participant have asthma/require the use of an inhaler? Yes No
- 8. Is the participant diabetic/require medication for diabetes? Yes No
- 9. Does the participant carry sickle cell trait/suffer from sickle cell disease? Yes No
- 10. Does the participant currently require medication? Yes No
- 11. Does/has the participant have/had seizures? Yes No
- 12. Does the participant wear glasses or contact lenses? Yes No
- 13. Does the participant wear a brace or other medical support device? Yes No
- 14. Does the participant have any other physical limitations or medical conditions? Yes No

If you answered yes to any of the above questions, please provide the question number and an explanation in the following space and/or attach to this form:

I hereby certify that this information is accurate to the best of my knowledge. I understand that this medical authorization may be voided in the event of injury, illness or accident and my child may not be cleared for participation at such time. Furthermore, I hereby acknowledge that it is my responsibility to inform my child's coach or organization official in writing if there is any change in the medical condition of my child. I also understand that it's my responsibility to obtain written permission from my child's physician on official medical stationary in order to seek permission for my child to resume participation after any and all such injury, illness or accident.

Signature of Parent or Legal Guardian: _____

Print Name _____

Relationship to Participant _____

Dated _____



SECTION II: LICENSED EXAMINER ONLY
(MEDICAL DOCTOR, NURSE PRACTITIONER)

Participant: _____

(Please check the following if healthy or note otherwise): Healthy -- Not Healthy

- Height Weight Eyes Ears Mouth
- Nose & Throat Respiratory Cardiovascular Neurological
- Musculoskeletal Dermatological Blood Pressure

Date Last Physical Exam: _____ Next Scheduled Physical Exam _____

I hereby certify that I am a licensed state examiner and have examined the above named individual and understand that he/she will be involved in participating in NEYT's Youth Football program. I hereby swear and attest that this individual is physically fit and I have found no medical reason which would prevent this individual from safely participating in youth tackle football. I am therefore clearing this individual for athletic participation without limitation.

Please indicate medical profession (M.D., D.O. R.N., etc.) _____

Are you licensed in your state to perform physical examinations? YES / NO

Please sign and fill out the following information OR place Official Medical Practice Stamp here:

Signature _____, Date: _____

Printed Name _____

Practice Name: _____

Address _____ City _____ State _____

Zip _____ Phone _____ Fax: _____

Website: _____, Email _____

Section II must be completed in its entirety ONLY by a Licensed State Examiner (medical doctor, nurse practitioner, etc. – this may vary by state). NO other forms are acceptable.