

St. Hedwig Baseball Safe Play Guidelines

Arrival to Venue (Mandatory):

- Coaches and players must adhere to six-foot physical distancing while at the facility/course and wear face coverings.
- Must conduct daily symptom assessments by coaches and players (self-evaluation). Anyone experiencing symptoms must stay home.*
- No team water coolers or shared drinking stations.
- Compliant game balls must be designated to each team for use while that team is playing defense.
- Prior to competitive tournaments, event owners must alert the local health department of the event.
- These requirements must be shared prior to the event with all players, coaches, spectators, officials, and employees prior to their arrival at the venue.

Recommended best practices:

- Digital check-in and registration for all events.
- Lineups should be entered online or by spoken word and recorded by officials/umpires without exchanging any physical documents with coaches or players.
- Athletes are to travel to the venue alone or with a member of their immediate household.

Practices (Mandatory):

- Coaches and players must adhere to physical six-foot distancing except when the ball is in play.
- Coaches must wear face coverings at all times.
- Athletes must wear face coverings at all times while not actively participating in the field of play.
- Must conduct daily symptom assessments by coaches and players (self-evaluation). Anyone experiencing symptoms must stay home.

- Information will be provided to all players and coaches on how to properly conduct daily symptom assessments.
- No team water coolers or shared drinking stations.

Recommended best practices:

- Face coverings and physical distancing are required for all spectators.
- For each practice session, coaches will divide players into small groups and establish rotating shifts.
- Athletes will bring individual water containers.
- Virtual meetings should be considered when possible.
- Athletes are to travel to the venue alone or with a member(s) of their immediate household. Face coverings are required for individuals traveling to and from the venue.
- Equipment and personal items will have proper separation and should not be shared.

- All baseballs to be sprayed with Lysol after each use.

Athletes (Mandatory):

- Must adhere to 6-foot social distancing practices and wear face coverings off the field of play.
- Must conduct daily symptom assessments by coaches and players (self-evaluation). Anyone experiencing symptoms must stay home.*
- Information will be provided to all players and coaches on how to properly conduct daily symptoms assessments.
- Must not share water or equipment. Belongings should be used only by the individual owner or operator including, but not limited to water bottles, gloves, bats, hats, and other on- and off-field gear.
- No touch rule – players should refrain from high fives, handshake lines, and other physical contact with teammates, opposing players, coaches, umpires, and fans. A “tip the cap” can be used following the game in lieu of the handshake line.

- No spitting or eating seeds, gum, other similar products.
- Athletes will constantly be reminded to not touch their face, eyes, or nose.

Recommended best practices:

- Hand washing or hand sanitizing, in the absence of soap and water, are strongly recommended for athletes during the games.
- Equipment and personal items will have proper separation and should not be shared.
- All baseballs to be sprayed with Lysol after each use.

Spectators (Mandatory):

- Must adhere to 6-foot social distancing practices and wear face coverings. This includes in and around bleachers for anyone not in the same family.
- Must conduct daily symptom assessments (self-evaluation). Anyone experiencing symptoms must stay home.*
- Information will be provided to all players and coaches on how to properly conduct daily symptom assessments.
- Must not enter player areas (on the field of play or bench areas).
- Must stay 6 feet or more away from the backstop

Recommended best practices:

- Must wear face coverings and physical distance at all times.
- Hand washing or hand sanitizing, in the absence of soap and water, is recommended strongly during the games
- If coaches, players, or spectators, are not abiding by the COVID-19 protocol they will be asked to leave and will not be permitted to participate.

Coaches (Mandatory):

- Must adhere to 6-foot social distancing practices and wear face coverings at all times.
- Must conduct daily symptom assessments by coaches and players (self-evaluation). Anyone experiencing symptoms must stay home.
- No spitting or eating seeds, gum or other similar products.
- No touch rule – coaches should refrain from high fives, handshake lines, and other physical contact with teammates, opposing players,

coaches, umpires, and fans. A “tip the cap” can be used following the game in lieu of the handshake line.

- Must ensure that players are following COVID-19 -related prevention measures included herein.
- Must constantly remind players to refrain from touching their eyes, nose, mouth, and face throughout practice.

Recommended best practices:

- Coaches will ensure the players are adhering to social distancing in dugouts and other seating areas and wearing face coverings while not actively participating on the field of play.
- Equipment and personal items will have proper separation and should not be shared.
- All baseballs to be sprayed with Lysol after each use.
- If coaches, players, or spectators are not abiding by the COVID-19 protocol they will be asked to leave and will not be permitted to participate.

Umpires and officials (Mandatory):

- Must adhere to 6-foot social distancing practices and wear face coverings when interacting with players, coaches, and spectators off the field of play.
- Must conduct daily symptom assessments (self-evaluation). Anyone experiencing symptoms must stay home.
- Information will be provided to all players and coaches on how to properly conduct daily symptom assessments.
- Must wear face coverings at all times.
- Must avoid exchanging documents or equipment with players, coaches, or spectators.

Recommended best practices:

- Digital check-in and registration for all events.
- Umpires calling balls and strikes should allow adequate distance behind the catcher while still able to perform their duty.

Leaving the venue (Mandatory):

- Individuals should not congregate in common areas or parking lot following the event or practice
- Umpires should adhere to social distancing practices and wear face coverings when interacting with players, coaches, and spectators off the field of play.
- Individuals should not exchange items.

Recommended best practices:

- Team meetings should occur virtually or over the phone rather than in a team huddle.
- Athletes are to travel to the venue alone or with a member(s) of their immediate household. Face coverings should be worn for individuals traveling to and from the venue.

Failure to follow safe play guidelines:

- If coaches, players, or spectators are not abiding by the COVID-19 protocol they will be asked to leave and will not be permitted to participate.

Confirmed cases (Mandatory):

- Immediately isolate and seek medical care for any individual who develops symptoms.
- Contact the local health district about suspected cases or exposure.
- Organizer must maintain a complete list of coaches, players, and employees present at each event to include the date, beginning and ending time of the event, plus name, address, and phone contact to be made available upon request from local health district.

Recommended best practices:

- Work with local health department to identify potentially infected or exposed individuals to help facilitate effective contact tracing/notifications.
- Once testing is readily available, test all suspected infections or exposures.
- Following testing, contact local health department to initiate appropriate care and tracing.

Daily Symptom Assessment Protocol:

- Ask each player and coach if they've had any of the following symptoms. Fever, cough, shortness of breath, sore throat, muscle aches, or any other symptoms of COVID-19.
- Each player and coach will have their temperatures taken upon arrival.
- If a player or coach has any of the symptoms listed above or has a temperature above 100.4 they will be isolated,

masked, and further evaluated by a healthcare professional.

- All assessment results will be logged.

Steps on how to conduct daily symptom assessments:

- Designate area at the facility with plenty of room for physical distancing to perform daily symptom assessments.
- Provide coaches with documentation on how to properly check for symptoms and what questions to ask.
- Provide no contact thermometers for coaches use to take temperatures of all coaches and players;
- Record results into symptom assessment log.