

**Penns Valley Youth Basketball League**  
**Bylaws**  
**(Revised Fall 2018)**

**ARTICLE I: Name of Organization**

The name of the organization is the "Penns Valley Youth Basketball League" (hereinafter referred to as "PVYBL").

**Article II. Mission Statement**

Our mission is to provide low cost, but high-quality youth basketball programs that build skills, emphasize character and teamwork, and prepare players as a feeder program for the Penns Valley Area School District's basketball programs.

**Article IIa. Focus**

Penns Valley Youth Basketball League (PVYBL) is a non-profit organization focused on providing youth with a strong "Skill Set" as well as a fundamental understanding and enjoyment of basketball. Participation and good sportsmanship will be stressed at all levels, with an emphasis on developing individual skills and general team concepts. PVYBL will utilize the high school coaching staff and positive values to provide high-quality training for coaches in both the recreational (participation levels) and competitive programs. PVYBL believes sports should be fun ("fun" underlined) at all levels of competition and we will continue to work within the community to foster a positive atmosphere for coaches, players, parents and fans supporting the athletes. Please refer to **Appendix I for Players, Ia for Parents, Ib for Coaches, & Appendix Ic for Referees Code of Conduct.**

**ARTICLE III: Membership**

Membership is open to all persons regardless of race, religion, sexual orientation, gender, or national origin who are interested in furthering the purpose of the PVYBL. There shall be two categories of membership: Regular and Voting.

(Note: A "League Year" starts on May 1<sup>st</sup> and ends on April 30<sup>th</sup> of the following year)

**A. Regular Members:**

Regular members are parents, guardians, or adult individuals who support the purpose of the PVYBL. Regular members shall have the right to attend meetings and participate in PVYBL activities.

**B. Voting Members:**

1. Executive Board Members, Chairperson(s) of the Finance and Activity Committee, current PVYBL board approved coaches (see **ARTICLE IX: Coach Selection**), and Penns Valley Varsity Head Basketball Coaches. *Note: Coaches from the prior year season will hold voting rights until the new current year coaches are established by the Board.*
2. Regular members (defined above) who have attended at least two (2) of the (3) most recent PVYBL meetings; or, have attended a majority of the PVYBL meetings offered within the past (2) league years combined, would be eligible to have the rights and responsibilities to vote and hold a PVYBL officer position.

## **ARTICLE IV: Finances**

### **A. Income**

1. Income shall be primarily derived from registration fees and fundraising activities. Donations may also be accepted.

### **B. Expenditures**

1. All expenditures shall be paid by check from the PVYBL checking account or by utilizing the PVYBL debit card. Expenditures paid by check shall require two signatures. Expenditures may be paid by any PVYBL Executive Board member who has completed the bank's authorization form and in accordance with the approval requirements outlined below.
2. Expenditures less than \$300 require a majority approval of the Executive Board Members, and shall be recorded in the minutes by the Secretary. In addition, all expenditures over \$300 must subsequently be approved by the majority of the finance committee upon the approval of the voting membership.
3. The Treasurer shall pay bills as they fall due and, in the event necessary, reimburse members for expenses incurred at member's private expense upon the submission of receipts without a motion at the regular meeting, provided that the project has been previously approved by the PVYBL Board.
4. Emergency expenditures not voted upon by the PVYBL at a regular meeting and totaling not more than \$300 must be approved by a majority of the finance committee between meetings. Such expenditures must be reported at the next regular PVYBL meeting. Consent via email will be acceptable as a vote.
5. Receipts for all expenditures shall be promptly provided to the Treasurer for reconciliation. All receipts shall be kept in the Treasurer records for three (3) years either paper or electronically.

### **C. Annual Accounting Audit**

An annual accounting audit shall be conducted in April and be made available to the PVHS Athletic Director upon request. This will be an internal audit conducted by an auditor or an auditing committee comprised of at least two (2) members of the PVYBL who are not officers. They should also not be related to those officers, and unrelated to each other. The auditor or auditing committee shall be appointed by the Executive Board.

## **ARTICLE V: Meetings**

### **A. Executive Board**

The Executive Board shall be comprised of the officers of the PVYBL, and shall meet as required.

### **B. General Membership**

The general membership shall meet at least (6) times during the "League Year" (defined above) with the "End of the Season" Voting League Meeting to be held in April.

Meetings may be held at a physical location or conducted via online collaboration.

C. Finance and Activity Committee

The Finance and Activity Committee shall be comprised of the officers and two at-large members of the PVYBL who are elected at the same time as the officers. They shall meet as required.

D. Special Meetings

Special meetings of the membership may be called when deemed necessary by the President or by petition of the general membership.

Meetings may be held at a physical location or conducted via online collaboration.

E. Minutes

Minutes and an attendance record of each meeting shall be recorded by the PVYBL Secretary. These minutes shall be distributed to the general membership in a timely manner and will be reviewed at the next PVYBL meeting.

**ARTICLE VI: Elections**

A. Term

An election of officers (Executive Board), the "Chairperson(s) of the Finance and Activity Committee", and the league's Website/IT manager shall be conducted once a year during April's "End of the Season League Meeting" to officially end the "League Year" term.

B. Nominations

Any voting member may be nominated to hold office. Nominations will be accepted from the floor with the consent of the nominee. At least one, but preferably two or more candidates should be nominated for each office. Any regular member may be nominated to serve as Chairperson(s) on the Finance and Activity committee.

C. Voting

Nominations (including self-nominations) will be made prior to the end of the season league meeting via email. In the event of multiple nominees: Ballots will be prepared by the PVYBL Secretary, and presented to the voting membership at the end of the league meeting. At the end of the meeting, ballots will be counted by the Executive Board and the results announced to the membership. The President of the PVYBL will only cast his/her vote in the event of a tie.

D. Vacancies

1. A vacancy in the office of the President shall be filled by the Vice President.
2. Vacancies in any other office shall be filled by appointment of the remaining members of the Executive Board. Appointee shall remain in office until the next regularly scheduled election of officers.

## **ARTICLE VII: Officers and Committee Members**

### **A. Elected Officers**

The (4) elected officers shall be: the President, the Vice President, the Secretary, and the Treasurer. The elected officers comprise the Executive Board.

### **B. Finance and Activity Committee Members**

The Finance and Activity Committee will consist of the (4) elected Board Members and (2) or (3) at-large members elected from the voting membership. The two at-large members will be referred to as the "Chairpersons of the Finance and Activity Committee" and a possible 3<sup>rd</sup> at-large member elected to serve as the PVYBL "Website Manager". (Note: One of the two members of the Finance & Activity Committee could serve as both Chairperson and Website Manager if willing to serve in a dual role capacity.)

### **C. President**

- The President shall preside at all meetings of the PVYBL
- The President serves as overseer of all PVYBL operations, functions and activities.
- Approves PVYBL Calendar of Events, Team Rosters and Season Games
- Arranges a yearly coach's clinic or special training
- Appoints Divisional Head Coaches as the primary point of contact for parents to communicate any issues or concerns to the board
- Communicates on behalf of the PVYBL
- Contacts school district to assist in the process of having the Executive Board Members approved annually as an Activity Sponsor in order to have access to PVASD facilities
- Keeps a record of all Coaching & Volunteer Clearances
- Distributes League Meeting Minutes to the current league year's "Registered Parent" list-serve once they have been approved by the board.
- Assists the league's Website Manager by providing and approving updated information to be posted onto the PVYBL website

### **D. Vice President**

- Performs all of the above duties with the President and fills in for the President if absent for any reason.
- If the President vacates his/her position, the Vice President will assume the office of the President.
- Assists and directly communicates (serving as primary point of contact) with the Chairperson(s) of the Finance and Activity Committee of the following duties:
  1. Organize clothing and uniform orders for distribution
  2. Organize PVYBL Equipment Inventory List to determine purchase needs for the upcoming season
  3. Arrange Picture Day (VJM Studios)
  4. Coordinate Shoot a thon fundraiser
  5. Coordinate Concession Stand

#### E. Secretary

- Shall keep a correct record (including attendance records) of all the meetings of the PVYBL and shall distribute these minutes to the board membership in a timely manner after each meeting.
- Advertise registration dates. (Back to school nights, Valley Vine, Millheim Cable, emails to AYSO Soccer and PVYFL)
- Reserve space for registrations and Back to School Nights
- Once teams are finalized, assist the board in creating practice schedules and notifying coaches days, times and gym locations.
- Assist Website Manager in updating the calendar regarding any changes or cancellations to the practice and/or game schedules to coaches or parents
- Reserve gym space at PVE/I and Centre Hall Monday thru Friday 6-9pm.
- Reserve gym at PVE/I Saturdays from first weekend in December thru first or second weekend in February for scrimmages and games.
- Contact Old Gregg School for use of gym during same weeks we are using PVE/I and Centre Hall.
- Help to coordinate and make arrangements for Special Youth Basketball Programs and Events.
- Serve as Primary contact for the scheduling and facility needs of the "Finance and Activity Committee".

#### F. Treasurer

- Maintain records of all money that comes through the PVYBL. The funds, as well as the books and record keeping materials, belong to the PVYBL and must be available on request.
- Make a budget.
- Responsible for receiving all funds for the PVYBL from program registrations, tournaments, concessions, sponsors and other sources and including payment of all approved expenditures and accounting income.
- Promptly deposit all funds in the PVYBL's checking account.
- Promptly reconcile all bank statements when received.
- Disburse funds, by check or PVYBL debit card only, as authorized by the PVYBL.
- Give regular financial reports, including income and expenditures, to the membership at PVYBL meetings.
- See that an annual internal audit is conducted in April of each year and presented to the PVYBL membership end of the league year meeting. This audit will also be made available to the PVHS Athletic Director upon request.
- Responsible for cash needs at tournaments and concessions.
- Responsible for paying referees each week and tournament fees.
- Maintain a 3-year file of receipts, cancelled checks, bank statements and other required materials.

#### G. Chairperson(s) of the Finance and Activity Committee

- Assist and communicate with the PVYBL Vice President of the following Fundraising Events and other "Annual" league activities:
  1. Contact picture company (VJM Studios) and coordinate the schedule for all team pictures.
  2. Coordinate annual clothing order and uniform distribution
  3. Update PVYBL Equipment Inventory List prior to the start of the season.
  4. Coordinate Shoot a thon fundraiser.
  5. Coordinate End of the Year Concession Stand
  6. Help to organize the possibility of having a "Drink Concession Stand" for Saturday Games
  7. Assist league Secretary with any additional "PVYBL Special Program Events"

#### H. Website/IT Manager

- Assist and communicate with the PVYBL Board to Coordinate the league's yearly online registration process, to update the PVYBL Website, Online Calendar, Special Event Announcements and Bulk Email Blasts to coaches, parents/players and other league members.

### **ARTICLE VIII: Use of PVYBL Funds**

The PVYBL hereby prohibits the use of any PVYBL funds for personal use and prohibits the use of surplus funds for private remuneration to any person in the event of the dissolution of the PVYBL. It is also hereby agreed that, in the case of dissolution, any excess funds, after settlement of all outstanding financial claims, will be donated to the Penns Valley Basketball Athletic Booster Club by the Executive Board.

### **ARTICLE IX: Coach Selection**

- Candidates may be male or female. They should be at least 18 years of age and have board approval. The candidates should have the basic knowledge of the game and follow the PVYBL and PIAA rules.
- All Coaches are to be approved yearly by the board in the fall of each league year. The names of the board approved coaches will be formally listed on a team roster where they will be defined as either the Head Coach or the Assistant Coach once teams have been officially selected for that league year. Team Rosters for each season will be filed in the PVYBL minutes.
- All prospective coaches must obtain the following clearances:
  1. Report of criminal history from the Pennsylvania State Police (PSP); and
  2. Child Abuse History Clearance from the Department of Human Services (Child Abuse).

Additionally, a fingerprint based federal criminal history (FBI) submitted through the Pennsylvania State Police or its authorized agent is required if the volunteer has lived outside the Commonwealth of Pennsylvania in the last 10 years.

Volunteers who are not required to obtain the FBI Clearance because;

1. They are applying for an unpaid position and
2. have been a continuous resident of Pennsylvania for the past 10 years must swear or affirm in writing that they are not disqualified from service based upon a conviction of an offense under PA §6344.

Reference: [keepkidssafe.pa.gov](http://keepkidssafe.pa.gov)

- Coaches will follow the "PVYBL Coaches Guide" (Refer to **Appendix II**).
- Either the Head Coach or the Assistant Coach of any PVYBL Team must have attended the yearly coaches clinic for that season when offered by the PVYBL.
- The Board has the authority to terminate and replace coaches who exhibit inappropriate behaviors as determined by the Board.

## **Article X: PVYBL Overview of Divisions and Rules of Play**

### A. PVYBL Overview of Divisions

Each year, the PVYBL Board will determine what Programs can be provided based upon several factors, including, but not limited to: player registrations, player skill levels, quantity and quality of coaches, facility availability, and finances. All Program options are presented in the table below. Hosted Programs are held in facilities located within Penns Valley and are *governed* by the PVYBL Board. Sponsored Programs are held in facilities located outside of Penns Valley and are *supported* by the PVYBL Board.

**The only Program that is guaranteed to be made available annually is the Hosted Recreational Program.** A determination on the availability of other Programs will be made annually by the PVYBL Board. The PVYBL Board will make this determination as early as possible, but since player registrations and skill levels are critical factors, it may be necessary to make Program-related decisions after the registration period has ended.

## PVYBL Overview of Divisions

Program	Division	Grades	Skill Set	Team Selection	Playing Time	Rules of Play
<b>Recreational (Participation)</b>  <b>Hosted by PVYBL</b>	<b>Junior High (Coed)</b>	2nd Some 3rd	A	- No Cutting - Scrimmage Teams Defined by Coaches and can change weekly	- Equal Where Possible - Minimum Half - Learn all positions	- PVYBL Rules
	<b>Junior Varsity (Boys &amp; Girls)</b>	Some 2nd 3rd 4th Some 5th	B	- Evaluations for Placement - No Cutting - Typical 7-10 players per team - Coaches Select - Board Approves Rosters		
	<b>Varsity (Boys &amp; Girls)</b>	Some 4th 5th 6th	C	- There is an end of season Recreational League Tournament - Board will determine if outside teams are invited to participate in Recreational League based on registration numbers and current league status - Player placement within a division will be based on Coach Evaluations and Board Approval		
<b>Tournament (Competitive)</b>  <b>Sponsored by PVYBL or Hosted by PVYBL</b>	<b>Junior Varsity (Boys &amp; Girls)</b>	3rd 4th	B	- During Season - May be an existing Travel Team - Tryouts w/Cutting - Typical 7-10 players per team plus alternates - Coaches Select - Board Approves Rosters	- Coach's Discretion	- Tournament Rules
	<b>Varsity (Boys &amp; Girls)</b>	Some 4th 5th 6th	C	- These are <b>External Tournament Teams</b> or <b>PVYBL Hosted Tournament Teams</b> (not to be confused with the end of season Recreational League Tournament) - Practice and play cannot conflict with Recreational League play		
<b>Travel (Competitive)</b>  <b>Sponsored by PVYBL</b>	<b>Junior Varsity (Boys &amp; Girls)</b>	3rd 4th	B	- Prior to Season - Tryouts w/Cutting - Typical 7-10 players per team plus alternates - Coaches Select - Board Approves Rosters	- Coach's Discretion	- Travel League Rules
	<b>Varsity (Boys &amp; Girls)</b>	Some 4th 5th 6th	C	- These teams are not limited to the Winter Travel Season but could be formed for other travel seasons thru the year based on approval by the Board - Travel Teams will be taught how to set up and break a press as well as strategies to beat zone defense in order to be competitive at this higher level of competition. - Practice and play cannot conflict with Recreational League play		



## B. Player Placement Guidelines

PVYBL Player Placement Guidelines			
Division	Grade	Skill Level	Additional Details
Jr. High	2nd	A	<p>All Divisions and Teams must follow a systematic A.B.C. learning approach to "Skill Set Obtainment" according to <b>Appendix II: PVYBL Coaches Guide.</b></p> <p><b>"Advanced"</b> players may try out for higher divisions</p> <ul style="list-style-type: none"> <li>• If elected the player <b>MUST</b> finish out the regular season at the higher Division unless approved by the coaches and the Board.</li> <li>• If elected to higher division the player may play tournament play at the lower division with the approval by the coach and the Board.</li> </ul>
	3rd	A + Evaluation	
Jr. Varsity	2nd	B + Evaluation	<p><b>"Recreational League Tournament" (Participation)</b></p> <ul style="list-style-type: none"> <li>• This will be played at year end by all children who participated in the recreational league "only" with an attempt that all players get equal playing time.</li> </ul> <p><b>"Tournament Teams" (Competitive)</b></p> <ul style="list-style-type: none"> <li>• "Play to Win"</li> <li>• Try-outs do not guarantee play time</li> <li>• It is the Board's stance that minimally 5 to 10 players should be elected but not limited to 10.</li> <li>• Ranking the players according to "Skill level" is encouraged to show all player where they stand and set GOALS to achieve to beat out players for play time</li> <li>• Advanced players may move back down but must be selected after the regular season players.</li> </ul>
	3rd	B	
	4th	B	
	5th	B + Evaluation	
Varsity	4th	C + Evaluation	<p><b>"Travel Teams" (Very Competitive)</b></p> <ul style="list-style-type: none"> <li>• Highly skilled players may try out for "Play to win" travel teams</li> <li>• Not all players will start or even play at the coaches discretion</li> <li>• All elected players will practice as part of the TEAM</li> <li>• An advanced player may move up to play "Travel Teams" but must be elected prior to the regular team selection or at tryouts.</li> </ul>
	5th	C	
	6th	C	

C. PVYBL Rules of Play

<b>PVYBL Rules of Play</b>			
	<b>Varsity</b>	<b>Junior Varsity</b>	<b>Junior High</b>
<b>Basketball Size</b>	Girls: 28.5" Boys: 29.5"	Girls & Boys: 28.5"	27.5"
<b>Rim Height</b>	10'	10'	9' Adjustable
<b>Warm Up</b>	5 Minutes Minimum	5 Minutes Minimum	5 Minutes Minimum
<b>Period Length</b>	6 Minute Quarters	8 Minute Quarters (Running Clock)	10 Minute Quarters (Running Clock)  Up to 46 Minutes of Court Time
<b>Period Breaks</b>	1 Minute Between Quarters 4 Minute Half Time	1 Minute Between Quarters 4 Minute Half Time	1 Minute Between Quarters 4 Minute Half Time
<b>Time Outs Per Game</b>	PIAA Rules or 3 Full (60 Sec) / 2 30 Sec	PIAA Rules or 3 Full (60 Sec) / 2 30 Sec	No Timeouts
<b>Clock Stoppages</b>	<ul style="list-style-type: none"> <li>Each Whistle</li> <li>Start on Referee's Hand Drop</li> <li>Follows PIAA Rules</li> </ul>	Running Clock Stops For <ul style="list-style-type: none"> <li>Injuries</li> <li>Referee's request for instruction</li> <li>Reporting of fouls/foul shooting,</li> <li>Substitutions</li> <li>Timeouts</li> <li>Last 2 minutes of each half: Each Whistle</li> </ul>	Running Clock Stops For <ul style="list-style-type: none"> <li>Coach Stoppage</li> <li>Injuries</li> </ul>
<b>Overtime</b>	<ul style="list-style-type: none"> <li>One 3 Minute Period</li> <li>No Second OT Period / Game ends in tie unless tournament then play 3 Minute Periods until winner</li> </ul>	<ul style="list-style-type: none"> <li>One 2 Minute Period</li> <li>No Second OT Period / Game ends in tie unless tournament then play 2 Minute Periods until winner</li> </ul>	<ul style="list-style-type: none"> <li>No Overtime</li> </ul>
<b>Defense</b>	<ul style="list-style-type: none"> <li>Man to Man</li> <li>Pick-up: Half Court</li> <li>Steals: Half Court</li> <li>No Press / No Zone</li> </ul>	<ul style="list-style-type: none"> <li>Man to Man</li> <li>Pick-up: Half Court</li> <li>Steals: 3 Point Line</li> <li>No Press / No Zone</li> </ul>	<ul style="list-style-type: none"> <li>Man to Man</li> <li>Pick-up: 3 Point Line</li> <li>No Steals / No Press / No Zone</li> </ul>
<b>Other Rules / Notes</b>	<p><b>Jr. High Division</b></p> <ul style="list-style-type: none"> <li>- Coaches may vary the total number of periods depending upon the number of players in attendance in order to give equal playing time on the court</li> <li>- We encourage coaches to stop the running clock at any time to give instruction regarding the rules of the game or if there is an injury.</li> </ul> <p><b>Jr. Varsity Division</b></p> <ul style="list-style-type: none"> <li>- Coaches may agree during the course of the season to have the defense pick up their offensive player once they cross the half court line in order to practice staying in front of the ball to promote player control and coordination (footwork), however, no stealing off the dribble until the ball crosses the 3 point line.</li> <li>- Coaches may request to "match-up" players for defensive assignments at half court at the start of a quarter, after a timeout, or when there are multiple substitutions.</li> <li>- This is a learning (participation) division of play; Therefore, every player shall be given the opportunity to play in each quarter and play at least half the minutes of each game as long as the player has not fouled out or violated any player conduct rule.</li> <li>- Players must report to score table before entering the game.</li> </ul>		

## **Article XI: Travel & Non Recreational Tournament Teams**

### **A. Team Selection**

1. Initial Players will be selected during tryouts at the beginning of the season with teams consisting of 5-10 players.
2. Cutting will be permitted down to 10 players.
3. "Alternate Players" over 10 may practice with the TEAM at the discretion of the coach and approval of the Board.

### **B. Playing Time**

1. All Travel players selected will practice and be part of the Travel TEAM.
2. NOT all players will start or even see playing time at this level.

### **C. Rules of Play**

1. All Divisions may have Teams: Youth Junior High, JV, or Varsity.
2. Travel Team Players cannot play Recreational League or Recreational Tournaments without participating in a Recreational Division nor without Prior approval of the coaches and authorization from the Board.

## **Article XII: Outside Recreational Teams**

Teams outside of the Penns Valley Area School District may participate in our Recreational Division Leagues and Tournament. Players, Coaches, Parents & Visitors must comply with all PVYBL rules, bylaws, and codes of conduct.

## **Article XIII: Code of Conduct**

All Players, Parents, Coaches, and non-PIAA Referees will be **required** to sign the appropriate "Code of Conduct" (**Appendix I, Ia, Ib, or Ic**) prior to the start of the season.

## **Article XIV: Registration and Season Information**

### **A. Registration**

Registration can run from mid-September thru first week of November. All registrations will be conducted online.

### **B. Season Schedule**

Practices start first week of November. Observation of a player's skill level will be determined during the 1<sup>st</sup> two weeks of our practice season. The PVYBL Website will provide information on all season correspondence, coach assignments, practice time, game time, rules & bylaws.

The board reserves the right to make changes to schedule if necessary, before and during the season.

"No School, No Practice" applies for school closures due to weather or schedule as well as player absences from school due to illness. There are a few teacher in-service days that we are permitted to use facilities. Coaches will be informed of those dates.

## **ARTICLE XV: Amendments and Revisions**

These bylaws shall be reviewed on an annual basis and may be amended or revised by a 2/3 majority of the voting members present at a regular or special membership meeting. Any future amendments to or changes in these policies require action at two (2) consecutive meetings of the PVYBL:

- A. The first meeting is for discussion only.
- B. The second meeting is for resolution and vote.

Bylaws revised Fall 2018 - *JFW*

# Appendix I: Player Code of Conduct

## Player Code of Conduct – Penns Valley Youth Basketball

Penns Valley Youth Basketball program is committed to providing the youth with the “Skill Set” and the fundamental understanding and enjoyment of basketball. Participation and good sportsmanship will be stressed at all levels, with primary concern for developing individual skills and general team concepts.

The Penns Valley Youth Basketball program believes sports should be FUN at all levels of competition and we shall continue to work within the community to foster a positive atmosphere for coaches, parents and fans supporting the athletes. We ask that players at Penns Valley Youth Basketball events help us by reflecting these character traits at games or practices.

When playing for the Penns Valley Youth Basketball program, I therefore agree:

- I will play for the **“Love of the Game”** and be a positive role model for my team and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game or practice with respect regardless of race, creed, sex, religion, age or ability. I will be gracious losing or winning.
- I will not engage in any kind of unsportsmanlike conduct with any official, coach, player, parent or spectators including, but not limited to, physically and/or verbally harassing, taunting, booing and otherwise in any way degrading or insulting; refusing to shake hands; using profanity or crude language and/or gestures; and other inappropriate behavior.
- I will learn to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will not use Social Media to degrade the Penns Valley Youth Basketball program to include but not limited to coaches, other players, board members, referees and members of other teams.
- I understand the health of me and my team is most important, and I agree not to attend practice or games if I am ill or may have a condition which could be contagious.
- I understand that if I’m injured, I along with my parent/guardian will work with the coaching staff to understand my expectations to be approved eligible for the next scheduled game or practice to protect myself from further injury.
- I will be on time and attend all practice and games that I can and will notify my coach if I cannot.
- I understand if I’m uncomfortable or a situation while under the supervision of a Penns Valley Youth Basketball program scheduled game or practice, I need to report the concern to the coaching staff along with the attendance of a parent/guardian. If it is pertaining to a member of the coaching staff, then please report the concern to the Penns Valley Youth Basketball program member along with your parent/guardian.
- I will do my best in school and understand that school will always come before sports.

I also agree that if I fail to abide by the aforementioned rules and guidelines I will be subject to action, in accordance with the Penns Valley Youth Basketball By-laws, that could include, but is not limited to the following:

- Verbal warning by referees, coaching staff and/or member of league organization
- Written warning, issued by league organization board
- Player game suspension with written documentation of incident, issued by league organization board
- Player season suspension with written documentation of incident, issued by league organization board

Player Name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian #1

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian #2

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Appendix Ia: Parent Code of Conduct

## Parent Code of Conduct – Penns Valley Youth Basketball

Penns Valley Youth Basketball program is committed to providing the youth with the “Skill Set” and the fundamental understanding and enjoyment of basketball. Participation and good sportsmanship will be stressed at all levels, with primary concern for developing individual skills and general team concepts.

The Penns Valley Youth Basketball program seeks to instill positive character-building traits in our communities’ youth through the demonstration of good sportsmanship, respect for others, responsibility, fairness, caring and good citizenship. We ask that parents and their guests attending Penns Valley Youth Basketball events to help us by reflecting these character traits at games or practices.

When attending Penns Valley Youth Basketball events, I therefore agree:

- I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game or practice with respect regardless of race, creed, sex, religion, age or ability.
- I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, parent or spectators including, but not limited to, physically and/or verbally harassing, taunting, booing and otherwise in any way degrading or insulting; refusing to shake hands; using profane or crude language and/or gestures; and other inappropriate behavior.
- I (and my guests) will remember that children participate in sports to have fun and develop friendships and that the game is for the youth, not adults.
- I (and my guests) will not encourage any behaviors or practices that would endanger the health and wellbeing of the athletes.
- I (and my guests) will teach my child to play by the spirit of the rules and to resolve conflicts without resorting to hostility or violence.
- I (and my guests) will accept and respect all decisions of game officials as being fair and judged to the best of their ability, regardless of whether I agree with same.
- I (and my guests) will take the time to speak in a civil manner with coaches, referees or the league organization members at agreed upon time and place to discuss concerns outside of a game or practice.
- I (and my guests) will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.
- I (and my guests) will not use Social Media to degrade the Penns Valley Youth Basketball program to include but not limited to coaches, players, board members, referees and members of other teams.
- I (and my guests) will report any concerns to the coaching staff or directly to one of the members on the board within 24-48 hrs. so the issue can be documented and evaluated.

I also agree that if I fail to abide by the aforementioned rules and guidelines I will be subject to action, in accordance with the Penns Valley Youth Basketball By-laws, that could include, but is not limited to the following:

- Verbal warning by referees, coaching staff and/or member of league organization
- Written warning, issued by league organization board
- Parental game suspension with written documentation of incident, issued by league organization board
- Parental season suspension with written documentation of incident, issued by league organization board

Player’s Name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian #1

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian #2

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Appendix Ib: Coach Code of Conduct

## Coach Code of Conduct – Penns Valley Youth Basketball

Penns Valley Youth Basketball program is committed to providing the youth with the “Skill Set” and the fundamental understanding and enjoyment of basketball. Participation and good sportsmanship will be stressed at all levels, with primary concern for developing individual skills and general team concepts.

The Penns Valley Youth Basketball program seeks to instill positive character-building traits in our communities’ youth through the demonstration of good sportsmanship, respect for others, responsibility, fairness, caring and good citizenship. We ask that coaches at Penns Valley Youth Basketball events help us by reflecting these character traits at games or practices.

When coaching for Penns Valley Youth Basketball program, I therefore agree:

- I will be a positive role model for my team and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game or practice with respect regardless of race, creed, sex, religion, age or ability.
- I will not engage in any kind of unsportsmanlike conduct with any official, coach, player, parent or spectators including, but not limited to, physically and/or verbally harassing, taunting, booing and otherwise in any way degrading or insulting; refusing to shake hands; using profane or crude language and/or gestures; and other inappropriate behavior.
- I will not encourage any behaviors or practices that would endanger the health and wellbeing of athletes.
- I will teach my team to play by the spirit of the rules and to resolve conflicts without hostility or violence.
- I will teach my team that trying and doing one’s best is more important than winning, so that my team will never feel defeated by the outcome of the game or his/her performance.
- I will accept and respect all decisions of game officials as being fair and judged to the best of their ability, regardless of whether I agree with the same.
- I will take the time to speak in a civil manner with coaches, referees or the league organization members at agreed upon time and place to discuss concerns outside of game or practice.
- I will place the emotional and physical well-being of my players ahead of a personal desire to win.
- I will not use Social Media to degrade the Penns Valley Youth Basketball program to include but not limited to coaches, players, board members, referees and members of other teams.
- I will inform the organization’s board promptly of any issues observed with players, parents, coaches or referees so the board can look into the concern or assist in the resolution. The board will track all reports to assist from season to season concerns or trends.

I also agree that if I fail to abide by the aforementioned rules and guidelines I will be subject to action, in accordance with the Penns Valley Youth Basketball By-laws, that could include, but is not limited to the following:

- Verbal warning by referee, coaches coordinator and/or member of league organization
- Written warning, issued by league organization board
- Coaching game suspension with written documentation of incident, issued by league organization board
- Coaching season suspension with written documentation of incident, issued by league organization board

Coach Name: \_\_\_\_\_ Date: \_\_\_\_\_

Coach Position Accepted: Head Coach / Assistant Coach (Please Circle One)

Coach Division: Boys / Girls / Coed (Please Circle One)

Coaching Level: Junior High / Junior Varsity / Varsity / or Travel Team (Please Circle One)

# Appendix Ic: Referee Code of Conduct

## Referee Code of Conduct – Penns Valley Youth Basketball

Penns Valley Youth Basketball program is committed to providing the youth with the “Skill Set” and the fundamental understanding and enjoyment of basketball. Participation and good sportsmanship will be stressed at all levels, with primary concern for developing individual skills and general team concepts.

The Penns Valley Youth Basketball program seeks to instill positive character-building traits in our communities’ youth through the demonstration of good sportsmanship, respect for others, responsibility, fairness, caring and good citizenship. We ask that referees at Penns Valley Youth Basketball events help us by reflecting these character traits at games or practices.

When refereeing for Penns Valley Youth Basketball program, I therefore agree:

- I will take on the responsibility for all PIAA rules and for the safety of the players and coaches during a match.
- I will learn and understand the rules of the game and division to which they are assigned so I’m able to enforce them fairly to the best of my ability.
- I will utilize the Referee Coordinator for our organization for mentoring, questions and guidance throughout the season to assist me in my duties.
- I will be a positive role model and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, other officials and spectators at every game with respect regardless of race, creed, sex, religion, age or ability.
- I will attend provided trainings to assist in my knowledge and expectations for managing games.
- I will control and manage disputes with players, coaches, other officials, parents and spectators effectively by being courteous, considerate, calmly and respectfully.
- I will take on the responsibility to review and understand the player, parent and coaches code of conduct to assist me manage the game duties.
- I will not use Social Media to degrade the Penns Valley Youth Basketball program to include but not limited to coaches, players, board members, referees and members of other teams.
- I will inform the organization’s board promptly of any issues observed with players, parents, spectators, coaches or other referees so the board can look into the concern or assist in the resolution. The board will track all reports to assist from season to season concerns or trends.

I also agree that if I fail to abide by the aforementioned rules and guidelines I will be subject to action, in accordance with the Penns Valley Youth Basketball By-laws, that could include, but is not limited to the following:

- Verbal warning by the referee coordinator and/or member of league organization
- Written warning, issued by league organization board
- Referee game suspension with written documentation of incident, issued by league organization board
- Referee season suspension with written documentation of incident, issued by league organization board

Referee Name: \_\_\_\_\_ Date: \_\_\_\_\_

I am PIAA certified: YES or NO

Completed by Referee Coordinator: \_\_\_\_\_ Date: \_\_\_\_\_

Division able to referee: (Check all that apply)

Regular Season: Youth \_\_\_\_\_ Junior Varsity \_\_\_\_\_ Varsity \_\_\_\_\_



## Appendix II: PVYBL Coaches Guide

### PVYBL Coaches Guide (2015-16 Edition)

The Penns Valley Youth Basketball League will offer a systematic ABC learning approach to “Skill Set Obtainment” for the following (3) Player Divisions:

- Youth Junior High (Beginner Skills) = Skill Set A
- Youth JV (Intermediate Skills) = Skill Set B
- Youth Varsity/Travel Team (Advanced Skills) = Skill Set C

This systematic ABC approach to learning specific “Skill Sets” was designed to keep the proverbial horse in front of the cart. The kids will learn how to crawl (Skill Set A) before they walk (Skill Set B) and walk before they run (Skill Set C).

#### I. The Youth Junior High Program Division will focus on teaching the fundamentals of “Skill Set A”

##### A) Catch/Pass:

- 1) Learn how to throw a 10-12 foot pass (Bounce, Chest, “Over the Top” /Outlet Pass) with proper hand placement on the ball
- 2) Learn how to decide which type of pass to throw when being defended
- 3) Learn how to catch the ball in the “triple threat position” vs. being stationary or backing away from the pass
- 4) Learn how to catch a rebound and keep the ball over head
- 5) Learn how to rebound/catch and correctly pivot away from trouble without a “travel/walking violation”
- 6) Learn how to do a proper V-cut or “roll out” in order to get open to catch the ball
- 7) Learn how to set up and execute “all” the positions of a simple inbound play in order to understand the importance of timing and “creating space” versus everyone clumping towards the ball out on the court. (Example: If a Grenade were to hit, we would need some survivors to remain on the court)

##### B) Dribble and Ball Handling:

- 1) Each player will be able to lead their teammates through a routine of several ball handling drills in order to build up to the “100 Dribble Drill”.
- 2) Players will be able to dribble down and back the distance of the basketball court with their “non-dominant hand” consistently with minimal turn-overs or dribbling violations and if a violation occurs they can tell you the violation that occurred.
- 3) The player will be able to quickly stop and dribble backwards using the non-dominant hand.
- 4) Players will learn how to execute (3) dribble techniques to get past a defender: “hesitate and go” (properly lowering and raising their body), a “pull back” and a “cross-over” and accelerate.
- 5) The Player is able to dribble in between cones demonstrating a cross-over dribble **consistently** using the correct hand to transition and protect the ball using the cone as a defender. The player also is able to maintain a low athletic stance during the drill.

##### C) Shooting Skills (With the ability to modify the height of the rim):

- 1) Player will learn how to set and shoot the ball with correct hand position, elbows in and finish with a high follow through (Example: “Set between the nose and the ear, your shot will have nothing to fear” “No air between the Hair” and hold the follow thru.... (1) Mississippi.
- 2) The player will learn how to “set the ball” from a dribble with (1) hand (including the non-dominant hand) to develop hand control and strength for shooting.

- 3) Player will learn a Jump Stop Layup from both the right and left side of the Basket utilizing the appropriate dribble hand (consistently) and is able to consistently shoot the ball within the square of the backboard using proper shooting technique.
- 4) When players are able to achieve shooting goal #2 with some consistency, begin to shoot a 6 foot jump shot with an emphasis on utilizing their wrist snap with a follow through (having the ball come off of their fingertips to create spin) and using their legs **to gain distance and power** in order to eventually work up to shooting within 1-2 feet of the foul shot line.

**D) Defense and Footwork:**

- 1) Demonstrate an athletic stance at all times (staying low) butt down and hands up.
- 2) Player will learn how to stay in front of the ball in order to be in a position of always protecting the basket (butt always to the basket when on defense constantly adjusting and pointing to where the ball is on the court).
- 3) Player will learn how to correctly pivot backwards with a “Drop Step” when “their man” changes dribble direction.
- 4) Player will begin to learn how to play man to man defense, and where their hands should be when away from the person with the ball (one hand pointed to the ball and the other arm directed toward their man)
- 5) Player will begin to understand when they are in a position of “**Help Defense**” (2 passes away from the ball) and “drops” to protect the basket.
- 6) Learn how to box out with consistency as soon as the shot goes up

**E) Sportsmanship and Rules & Regulations:**

- 1) The players will learn good sportsmanship and how to be a member of a team focusing on hustling, effort, listening skills, and helping each other.
- 2) The player will learn the rules of the game: What is a dribbling violation, “walk”, definition of an offensive and defensive foul, how to set up for a foul shot, jump ball or an out of bounds throw in, etc.
- 3) Players will learn how to play **all offensive Positions** at this level of play regardless of their size: Point Guard, Guard, Forward and Center
- 4) Players will show respect for their teammates, coaches and referees.

**\*\*\*Note: A player is ready to learn “Skill Set B” when they are able to demonstrate all of the above skills with consistency and having the strength to shoot at a standard height rim. A list of these skills can also be found on the 2<sup>nd</sup> & 3<sup>rd</sup> Grade Observation Sheet.**

**II. The Youth JV Program Division will focus on using the fundamentals of “Skill Set A” to begin learning “Skill Set B” as follows:**

**A) Fundamentals:**

- 1) Players will continue to practice and build upon the fundamentals of “Skill Set A” in order to gain further control, coordination (foot-work), and consistency. Shooting form and technique will also be taught using a standard height rim.

**B) Catching & Passing with proper footwork:**

- 1) Learn that you only pass when your teammate’s “numbers are facing you”
- 2) Learn how to Catch the ball, “rip through” into a triple threat position
- 3) Learn how to Catch the ball, “rip through” into a triple threat position and fake
- 4) Learn how to Catch the ball, “rip through” into a triple threat position, fake and step thru with the proper foot in order to drive past the defender from either side.

- 5) Learn how to Post at the Block
- 6) Learn how to Post and Catch (“Chin it”) and peak
- 7) Learn how to Post, catch, “chin-it”, peak then drop step and shoot
- 8) Able to Rebound (catch) keeping the ball over head for an “Over the Top” /outlet pass while pivoting away from trouble using the correct pivot foot.
- 9) Begin 2 on 3 drills to gain court awareness as to the open person on the court
- 10) Teach our players how to get open for a pass: V-cuts, “Back Door”, “roll out”  
(**Never Replace** if you don’t get open on a move: Example—Avoid doing V-cut followed by another V-Cut i.e. replacing back to the same position on the court as this slows down both ball and player movement on the court and increases the chance of the ball being stolen)
- 11) Able to run a simple inbound play knowing and understand every position for the play and the importance of spacing/timing.

**C) Dribbling and Ball Handling Skills:**

- 1) Players will be able to perform the 100 Dribble Drill with a goal of under (1) minute by the end of the season.
- 2) Player is able to dribble in between cones demonstrating a cross-over dribble **consistently** using the correct hand to transition and protect the ball using the cone as a defender. The player also is able to maintain a low athletic stance during the drill.
- 3) All Players will learn how to bring the ball past ½ court with emphasis on using the non-dominant hand as soon as the ball has been inbounded and for as long as possible.
- 4) Players will consistently execute (4) dribble techniques to get past a defender: “hesitate and go” (properly lowering and raising their body), a “pull-back, “cross-over” and a “spin move”.

**D) Shooting:**

- 1) Player can consistently set and shoot the ball with correct hand position, elbows in and finish with a high follow through (Example: “Set between the nose and the ear, your shot will have nothing to fear” “No air between the Hair” and hold the follow thru.... (1) Mississippi.
- 2) Learn the “Mikan Drill” for right and left handed layup progression
- 3) Player will learn how to shoot a left & right handed layup developing proper foot work coordination and shooting form from each side of the basket.
- 4) The player will be able to shoot a true foul shot utilizing proper shooting technique and begin to consistently hit the rim or backboard set at the standard regulation height.
- 5) The Player will be taught how to shoot a jump shot inside and near the perimeter of the key utilizing proper shooting technique.
- 6) Players will be instructed to follow their shots.

**E) Defense and Footwork:**

- 1) Consistently demonstrates an athletic stance (staying low) butt down and hands up.
- 2) Understands the importance of spacing on the court.
- 3) Continue to develop man to man defense skills and footwork to stay in a position to defend without fouling (butt always to the basket when on defense constantly adjusting and pointing to where the ball is on the court).
- 4) Player consistently has their hands up on defense. When away from the person with the ball (one hand pointed to the ball and the other arm directed towards their man).
- 5) Player understands when they are in a position of “**Help Defense**” (2 passes away from the ball and adjusts their body in a position to steal the ball or defend an open lay-up).
- 6) Becomes more consistent in boxing out as soon as the shoot goes up.
- 7) Learns how to Rebound and begin to catch the ball at the highest point of their jump.

- 8) Monster Drill: Box Out Drill, yet offensively teaches the players to Jump and Catch overhead, and go right back up for the shot.
- 9) Learn how to use and set a screen (pick) and roll.

**F) Sportsmanship and Rules & Regulations:**

1. The player will continue to learn good sportsmanship and how to be a member of a team focusing on hustling, effort, listening skills, and helping each other.
2. Player will learn how to stay under control using proper foot work and coordination to reduce tendency to foul
3. Has a fair to good understanding of the rules and regulations of the game
4. Show proper respect your teammates, coaches and referees.

**\*\*Note: A player is ready to learn "Skill Set C" when they can demonstrate having been taught all of the above skills and shows consistency. A list of these skills can also be found on the "4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> Grade Observation Sheet".**

**III. The Youth Varsity and/or Varsity Travel Team Program "Skill Set C":**

**A) Fundamentals:**

- 1) The Player will continue to practice and improve upon all of the fundamentals taught in "Skill Set B" and begin to evolve into "Skill Set C" in order to prepare for the next level of play in Penns Valley's Basketball Program.

**B) Catching/Passing with proper footwork:**

- 1) Consistently passes the ball to their teammate when their "numbers are facing you"
- 2) Player naturally "goes to the pass" to catch the ball
- 3) Player can consistently catch the ball and "rip through" into a triple threat position
- 4) Player can catch the ball, "rip through" into a triple threat position, fake and step thru to go in for a layup from either side of the defense.
- 5) Player can consistently post at the Block, Catch ("Chin it") and Peak
- 6) Player can post at the Block, Catch ("Chin it") Peak then drop step and shoot and/or perform a 2 handed power dribble and shoot
- 7) Player is able to Rebound (catch) keeping the ball over their head for an outlet pass while pivoting away from trouble using the correct pivot foot/drop step.
- 8) Has court awareness to quickly identify the open person on the court to throw a proper outlet pass (to the sideline)
- 9) Player can consistently get open on offense with a v cut, backdoor or roll out without "replacing"....Never Replace (see above)!
- 10) Able to run a simple inbound understanding the importance of spacing and timing for all of the positions

**C) Dribbling and Ball Handling Skills:**

- 1) Players will be able to perform the 100 Dribble Drill with a goal of under 50 seconds.
- 2) All Players will learn how to bring the ball past ½ court with emphasis on using the non-dominant hand (I.E. Able to handle the ball just as effectively with the non-dominant vs dominant hand)
- 3) Players will consistently execute (6) dribble techniques to get past a defender: "hesitate and go" (properly lowering and raising their body), a "pull-back", "cross-over" and a "spin move", between the legs and behind the back.

**D) Shooting:**

- 1) The Player can shoot a layup correctly with both the left & the right hand.
- 2) The player can shoot a true foul shot with proper technique gaining consistency in making their free throws.
- 3) The Player can shoot a jump shot consistently outside the key using proper shooting technique (keeping their elbows in and having a proper follow thru).
- 4) Players will evolve into shooting 3 point shots

**E) Defense and Footwork:**

- 1) Naturally stays low on the court demonstrating a consistent athletic stance position
- 2) Demonstrates man to man defensive skills the footwork skills to stay in a position to defend without needing to foul.
- 3) Hands are always up on defense and player is aware of where the ball is on the court at all times.
- 4) Player will learn how to properly "Tap" to avoid reaching violation
- 5) Player will learn how to "Deny" in order to force your player to the outside or corners
- 6) Begin to defend within the passing lane when (1) pass away.
- 7) Player can quickly adjust to a position of "**Help Defense**" (2 passes away from the ball).
- 8) Player is consistent at boxing out as soon as the shoot goes up.
- 9) Player consistently rebounds by catching the ball above their head and at the highest point of their jump.
- 10) Player is able to correctly pivot away from trouble after a rebound to get off an "Over the Top"/Outlet pass quickly to the sideline's outlet guard.
- 11) Player is able to quickly reverse the ball on offense to the opposite side of the court.
- 12) Player can properly set or use a screen (pick) and roll.

**G) Sportsmanship and Rules & Regulations:**

- 1) A "Team Player" showing hustle, effort, ability to listen, to follow directions, and help their teammates both on and off the court.
- 2) A Player who can stay under control using proper foot work and coordination to reduce unnecessary fouls during game situations.
- 3) Understands all the basic rules and regulations of the game
- 4) Shows respect to their teammates, coaches and referees at all times.

# Appendix III: 2015-16 PVYBL Observation Skill Sheets

## 2<sup>nd</sup> & 3<sup>rd</sup> Grade Observation Skill Sheet: Please Circle: Boy or Girl

Name of Player:	Grade:
2nd & 3rd Grade Observation Skills: Place a Mark (X) only when the Answer is a " <b>Consistent Yes</b> " for each Skill	<b>Yes Consistent with Skill</b>
<b>Shooting:</b>	
Proper shooting form: Correct Hand Position on the ball, elbow stays in, with a high follow through after releasing the ball	
Can Shoot a Layup without modifying the height of the basket	
Jump Stop Layup from right side of the Basket and dribbles in with right hand without cueing	
Jump Stop Layup from left side of the Basket and dribbles in with left hand without cueing	
Can Shoot a 6-8 foot shot without modifying the height of the basket	
<b>Catching &amp; Passing:</b>	
Can Throw a 10-12 foot Bounce, Chest, and "Over the Top" (Outlet Pass) with proper technique	
Goes to the Pass (Doesn't Back Away when catching the ball)	
Can catch a ball and go into a triple threat position	
Can rebound (while keeping the ball over their head) and <b>pivot correctly</b> toward the sideline for an "Over the Top" pass	
<b>Ball Handling:</b>	
Knows how to practice the 100 Dribble Drill	
Dribbles the length of the court (down & back) with their non-dominant hand at an efficient pace without turn-over/violation	
Can do a jump stop and pivot to Left and Right without a travel violation	
Able to quickly stop and dribble backwards using the non-dominant hand	
Can efficiently dribble in between cones, transferring the ball to the correct (outside) hand while maintaining a low athletic position	
Can do at least 2 out of 3 Dribble Skills: "Hesitate & Go", "Pull Back", "Cross Over & Accelerate"	
<b>Defense/Footwork:</b>	
Able to maintain a low athletic stance position while playing Man to Man Defense (butt down, hands up)	
Can drop step with the correct foot in order to stay in front of their person	
Understands "Help Defense" (2 passes away) by dropping & pointing to the ball and their person during the shell drill	
Knows when to turn and run to get ahead of the offense (Always protects the basket 1st, man 2nd)	
Can do a proper V-Cut or "Roll Out" in order to get open	
Boxes Out when the ball is Shot	
<b>Maturity/Sportsmanship:</b>	
Hustles	
Team Player (Example: Attempts to throw the ball to teammates when they are open)	
Has the Attention Span to Listen to their Coach	
Can Follow 2 step command Directions (Example: Dribble down with your right hand and back with your left hand)	
Court Awareness: Can see when someone is open while dribbling the ball down the court	
<b>Total Number Yes Responses:</b>	

# 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> Grade Observation Skill Sheet: Please Circle: Boy or Girl

Name of Player:	Grade:
4th, 5th, and 6th Grade Observation Skills: Place a Mark (X) only when the Answer is a " <b>Consistent Yes</b> " for each Skill	<b>Yes Consistent with Skill</b>
<b>Shooting:</b>	
Proper shooting form: Correct Hand Position on the ball, elbow stays in, with a high follow through after releasing the ball	
Can Shoot a Jump Stop Layup without modifying the height of the basket and dribbles in with the correct hand	
Can Shoot a 6-8 foot shot without modifying the height of the basket	
Can Shoot a standard Foul Shot	
Right Handed Layup with correct footwork and Right Handed Shot	
Left Handed Layup with correct footwork and Left Handed Shot	
<b>Catching &amp; Passing:</b>	
Can Throw a 12 foot Bounce, Chest, and "Overhead the Top" (Outlet Pass) with good technique	
Goes to the Pass (Doesn't Back Away)	
Can catch a ball and go into a triple threat position	
Can catch a ball and "rip through" into a triple threat position	
Can catch a ball over their head during a rebound	
Can rebound and <b>pivot correctly</b> toward sideline while keeping the ball over their head for an "Over the Top" (Outlet Pass)	
Can Post at the Block	
Can Post at the Block, catch, "Chin it" and Peak	
<b>Ball Handling:</b>	
Can do the 100 Dribble Drill under a minute	
Dribbles the length of the court (down & back) with <b>non-dominant hand</b> at an efficient pace without turn-over/violation	
Able to quickly stop & dribble backwards using the non-dominant hand	
Can do a jump stop and pivot towards correct sideline (Away from Trouble) without a travel violation	
Dribbles in between cones, transferring the ball with the correct hand while maintaining a low athletic position & no turnovers	
Can do at least 2 out of 3 Dribble Skills: "Hesitate & Go", "Pull Back", "Cross Over & Accelerate"	
Can do a "Spin Move"	
<b>Defense/Footwork:</b>	
Able to maintain a low athletic stance position playing Man to Man Defense (hands up)	
Can drop step with the correct foot in order to stay in front of their person	
Consistently adjusts to "Help Defense" when 2 passes away by dropping & pointing to the ball and their person during shell drill	
Knows when to turn and run to get ahead of the offense (Always protects the basket 1st, man 2nd)	
Able to use a "V-Cut" and "Roll Out" in order to get open	
Consistently Boxes Out when the ball is Shot	
<b>Maturity/Sportsmanship:</b>	
Hustles	
Team Player (Example: Attempts to throw the ball to teammates when they are open)	
Attention Span to Listen to a Coach's Instructions	
Can Follow 2 step command Directions (Example: Dribble down with your right hand and back with your left hand)	
Court Awareness: (Avoids Clumping to the ball and can recognize when someone is open while dribbling the ball)	
Please note that the first (3) skills in each category are from "Skill Set A", the remaining skills tend to represent "Skill Set B"	
<b>Total Number Yes Responses:</b>	