**To keep everyone as safe as possible during the COVID-19 pandemic we ask that all players and spectators adhere to the following rules and guidelines for our fields:**

* Players are required to wear masks to and from the field, and whenever not playing.  When participating in soccer activities on the field, players are *not* required to wear masks unless they choose to.
* Players and coaches will spread out and social distance on the sideline.  We define social distancing to be a minimum of 6 feet from all other persons.  Players and coaches may bring chairs to be set up on the sideline in a manner in which social distancing is achieved.
* Parents/Spectators/Coaches are required to wear at all times, and also practicing social distancing. If any spectator is not wearing a mask the game will be stopped.  All parents/spectators must remain 6ft feet from the sidelines/goal lines at all times.
* Spectators should limit the retrieval of soccer balls should they go out of play, and let the players retrieve the ball.
* Everyone should bring hand sanitizer to the field to be used frequently during the course of soccer activities.
* All visiting teams will be required to keep an attendance of their players and coaches to be used for tracing purposes if needed.
* If there is a game taking place when your team arrives at the field site, we ask that players and parents either stay in their cars or find a designated area in which they can socially distance, away from all individuals associated with the game that is finishing up.
* No post game huddles/meeting. No high fives, or handshakes, etc.
* If you or your child is not feeling well, please do not come to the field

**For the safety of all the Plainville Soccer Club will be doing the following:**

* Coaches and players (assisted by parents/guardians) must self-assess their condition and attest when arriving at the location that they are not experiencing any symptoms.
* Coaches will be taking every players temperature when they arrive on the field.
* Game balls will be sanitized before, at halftime, at end of every game.
* No benches are to be used.
* Teams and referees are not to engage in traditional sportsmanship gestures, such as post-match handshakes
* Coaches to wear masks at all times.
* No sharing of equipment.
* Social distancing will be enforced whenever players are playing. Intermingling will be kept at a minimum whenever possible.
* If a team member or coach contracts COVID-19, all training sessions will be canceled for that team and any additional team associated with that coach for 14 days.
* If a player or coach is sent home with symptoms, they can return when they have no fever, symptoms have improved, and they receive two negative test results in a row, at least 24 hours apart.

Any additional requirements or changes will be communicated as necessary.

If you have any questions or concerns regarding Covid-19 guidelines please contact Covid-19 Director Lisa Rinaldini, [Larinaldini@aol.com](mailto:Larinaldini@aol.com).