



# EDGE11 ACADEMY

## Summer Training Series 2021

### SCHEDULE

| DAYS                       | TIMES                              | LOCATIONS   | NOTE  |
|----------------------------|------------------------------------|---|---|
| SUNDAY AM                  | 10:00 - 11:00 AM                   | Gananda Central School District<br>(Turf Stadium) | *For extreme weather, we will move indoors at Tri-County Sports Complex |
| TUESDAY AM<br>TUESDAY PM   | 10:00 - 11:00 AM<br>6:30 - 7:30 PM | Dryer Road Park<br>Pumpkin Hook Park              | *Goalkeeper Training will be held from 9:30-10:00 AM @ Dryer            |
| THURSDAY AM<br>THURSDAY PM | 10:00 - 11:00 AM<br>6:30 - 7:30 PM | Dryer Road Park<br>Pumpkin Hook Park              | *Goalkeeper Training will be held from 6:00-6:30 PM @ Pumpkin Hook Park |

### ADDITIONAL INFORMATION

- Groups will be separated into appropriate divisions based on gender, birth year, and skill level
- Edge11 Academy will provide all training equipment, including additional soccer balls for player use
- Players are expected to bring all necessary training attire, including shin guards, cleats, water bottles, masks, etc.
- Incoming players are welcome to attend ALL weekly sessions at no additional cost!
- Inquire about our partnered Performance Program with Next Level Strength and Conditioning!
- Reduced Member Cost when registered for our Edge11 Academy Select Program!

