



# EDGE11 ACADEMY COACHING AGREEMENT

## WELCOME TO EDGE11 ACADEMY!

During the coming \_\_\_\_\_ **Plan**, you will learn ways to unlock a new and improved soccer-specific identity on and off the field!

Please read the following. If anything is unclear, please ask. This Agreement is made today between the Coach of the Program ("Coach") and the Client (named below).

The Program in which you are about to enroll will include all of the following:

## DESCRIPTION OF SERVICES

1. Metric Soccer Training: 3-4 phase metric technical/tactical training with \_\_\_\_\_ ( ) \_\_\_\_\_ **-Minute Soccer-Specific Sessions** included in membership tier. Additional Individual, Small-Group, and/or digital sessions added separately and upon Client/Coach availability. The initial training phase is a \_\_\_\_-\_\_\_\_\_ **block**. Adjustments to be made as needed to accelerate Client's developmental schedule and goals.
2. Mindset Accelerator Coaching: A custom mental conditioning program that develops your growth mindset providing you with feelings of confidence, composure, clarity, and commitment to take on the weekly challenges ahead! Custom plan includes \_\_\_\_\_ ( ) \_\_\_\_\_ **Mindset Accelerator Trainings** with attached exercises, templates, and Mindset Reviews with your Coach.
3. Sport Performance Training: A tailored "Football Fitness" Training Program to increase SAQ, balance, coordination, reaction, flexibility/ROM, strength and decrease risk for injury. Custom plan includes \_\_\_\_\_ ( ) \_\_\_\_\_ **-Minute Sport Performance Sessions** included in membership tier.
4. Energy Optimization Coaching: Elite-Athlete nutritional guidance with custom Macronutrient Periodization Planning and fuel boosting techniques, as well as daily routine construction and identity-building exercises. Custom plan includes \_\_\_\_\_ ( ) **Energy Optimization Modules** included in membership tier.
5. Match Analysis: Professional breakdown of all in-match tactical moments including In-Possession (Attacking) Moments, Out-of-Possession (Defensive) Moments, Breakout Defense to Attack Transition One Moments, and Breakdown Attack to Defense Transition Two Moments. Custom plan includes \_\_\_\_\_ ( ) **Professional Match Analyses** with Evaluation Form, Heat-Map, Tactical Breakdown, in-depth Match Notes, and 30-minute Match Review with Coach also included.
6. ManagementU Services: A dedicated athlete-athlete/professional agent-athlete protection, placement, progression, and mentorship program focused on reshaping the landscape of athlete representation, branding, role modeling and career development. Custom plan includes all **Tier** \_\_\_\_\_: \_\_\_\_\_ **Membership** package items and devoted ManagementU Recruit Specialist.
7. Communication & Accountability Support: Availability to communicate via email, text/WhatsApp, Edge11 App, Loom/Zoom video calls, and online social media forums/groups. Responses will not exceed 48-hours.

## CLIENT RESPONSIBILITY

As your Coach, it is my job to help you improve your soccer-specific abilities, expand your knowledge, optimize lifestyle habits, and condition your mindset. To do this you must follow the program I send to you and provide me with the necessary updates at Check-Ins.

Submit your Check-In Form and all of your training, nutrition, mindset logs, and progress photos/videos by the check-in day each week on the agreed-upon day listed below and on Page 7. All submitted information will be discussed at our monthly Edge11 Evolution Meeting or post-training on confirmed dates.

**Preferred Check-In Day:**

**Preferred Check-In Time:**

Do we have your permission to share your developmental photos/videos via social media, YouTube, and our Edge11 Academy website during and after working together? (Check one below)

YES \_\_\_\_\_ YES (with head removed/blurred) \_\_\_\_\_ NO \_\_\_\_\_

## PAYMENTS AND REFUNDS

The Client understands that they are responsible for the agreed-upon rate of services for the length of the contract. After the contract has been fulfilled, the Client will have the option to continue their program based on an agreed-upon rate between Coach and Client.

Actual payment terms vary and will be indicated below. You agree to pay the purchase price and not to cancel this transaction with your bank or credit card company.

The Coach is not responsible for any overdraft charges, over-limit charges, or NSF fees by your bank or credit card company. Fees for services may be prepaid. Missed payments may result in suspension or termination of Services.

If after 2 days from a missed payment you have not made arrangements with the Coach to make up the payment, the Client will be charged a \$25 per day Late Payment Fee until the full payment is made.

If after one week from a missed payment the Client has not made arrangements with the Coach to make up the payment, all services will be canceled and no fees will be refunded. Specific results from the program are based on the use of the services.

All scheduling requests during off training hours (outside the hours of 9:00 AM - 6:00 PM EST) and off training days (Saturdays, Sundays, and holidays), will incur an additional fee of \$25 per 60-minute session.

The Coach makes no representations or warranties as to specific outcomes or results. The Coach cannot guarantee that you will become or remain happy, rich, healthy, or successful as it is based on the individual taking action.

In the event of a Client absence, withdrawal, or non-participation in the program for any reason whatsoever, the Client will remain responsible for the full amount paid with no refund. No refunds, credits, or "Make-Up Dates" will be made beyond the agreed upon program timeframe unless extreme/unforeseen circumstances occur.

If the Client does not communicate their foreseen absence 48-hours prior to the start of their training time, there will be no refunds, reschedules, deferrals of services, holds of services or transfer of services from one person to another.

There are no refunds, deferrals of services, holds of services or transfer of services from one person to another. If at any point the Client needs to break the contract, the Client will have an **Exit Interview Call** with the Coach, and then will be responsible for paying 50% of the remaining balance of the Program Fee as of the date of the Exit Interview.

The Coach reserves the right to cancel the program if at any point she or he feels it is not advantageous for the coaching program to continue. If this happens, the Client is only responsible for the pro-rata share of coaching services received. This Agreement will stay in force and effect until the end of the term indicated above. Failure to pay required fees may result in Coach terminating the Agreement prior to the end of the term and discontinuing your access to Services.

Through Edge11 Academy's Referral Program, the Client may receive a free gift, program credit, a percent-based or cash-based discount offer based on the program selected. The Referral Discount will not be available until the newly referred client(s) register and pay for an Edge11 Academy program.

## **DISCLAIMERS & MEDICAL WAIVER**

The Client understands that the Coach is not to prescribe medication, test levels in the body, provide licensed health care, medical services, or to diagnose, treat or cure any medical disease, condition, or other physical or mental diagnosed ailment of the human body.

Rather, the Coach is a mentor and guide who has been trained and certified in professional soccer coaching/education, fitness coaching, nutrition coaching, mental health education/awareness, and health/wellness techniques to help clients reach their individual short- and long-term goals. The Client is responsible to use the devised plan and implement positive, effective, and sustainable lifestyle changes based on the program provided.

The Client understands that any advice given by the Coach is not meant to take the place of additional advice other trained and certified/licensed professionals but instead to be an alternative or a complementary service/treatment.

If the Client is under the care of a healthcare professional or currently uses prescription medications, the Client should discuss any dietary changes or potential dietary supplements used with their doctor, and should not discontinue any prescription medications without consulting their doctor first.

The Client has chosen to work with the Coach and understands that the information received should not be seen as medical or nursing advice and is not meant to take the place of seeing licensed healthcare professionals for issues that need immediate physical or mental care.

**Agreement and Release of Liability** In consideration of being allowed to participate in the activities, programs, digital and in-person coaching services offered by Edge11 Academy, and to use its programs and training, in addition to the payment of any fee or charge, I do hereby waive, release and forever discharge and hold harmless Edge11 Academy, and its consultants, officers, agents, and employees from any and all responsibility, liability, cost, and expenses, including injuries or damages, resulting from my participation in any activities, or my use of any in-person programs or online coaching services designed by Edge11 Academy,

I do also hereby release Edge11 Academy, and its consultants, officers, agents, and employees from any responsibility or liability for any injury, damage, or disorder (physical, metabolic, or otherwise) to myself, or in any way arising out of or connected with my participation in any activities with Edge11 Academy, I understand and am aware that soccer, strength, flexibility, and aerobic exercise, including the use of equipment are potentially hazardous activities.

I also understand that fitness activities involve a risk of injury and even death and that I am voluntarily participating in these activities and using equipment and machinery with knowledge of the dangers involved. I hereby agree to expressly assume and accept any and all risks of injury or death related to said fitness activities.

In addition, I certify that I, the Client, am 18 years of age or older, or have a Representative/ Guardian that is willing and able to sign on my behalf in place of my “Minor” status. I do hereby further declare myself to be physically sound and suffering from no condition, impairment, disease, infirmity, or other illness that would affect nutrient metabolism or prevent my participation or use of equipment or machinery except as hereinafter stated.

I do hereby acknowledge that Edge11 Academy has recommended to me that I obtain a physician’s approval for my participation in an exercise/fitness activity or in the use of exercise equipment and machinery. I also acknowledge that Edge11 Academy has recommended that I have a yearly or more frequent physical examination and consultation with my physician as to physical activity, exercise, and use of exercise and training equipment so that I might have their recommendations concerning these athletic activities and equipment use.

I acknowledge that I have either had a physical examination and been given my physician’s permission to participate, or that I have decided to participate in an activity and use of equipment, machinery, and programs designed by Edge11 Academy, without the approval of my physician and do hereby assume all responsibility for my participation and activities, and utilization of equipment and machinery in my activities.

Edge11 Academy programming is not meant to treat or manage any health condition. Always consult with your healthcare provider prior to adjusting your current style of eating or beginning any new diet and/or training plan. In addition, I hereby represent and warrant that I am currently covered by an accident and health insurance policy.

## **CONFIDENTIALITY**

The Coach will keep the Client’s information private, and will not share the Client’s information with any third party unless compelled to by law. The Services you purchase may include different components, including e-books, videos, audio tracks, manuals, self-study programs, webinars, coaching, training courses, voice messaging, and/or other products and

services. You agree not to share login information; call-in numbers, passwords, PDF's and protected links with anyone unless noted by the Coach.

## **ARBITRATION, CHOICE OF LAW, AND LIMITED REMEDIES**

In the event that there ever arises a dispute between Coach and Client with respect to the services provided pursuant to this agreement or otherwise pertaining to the relationship between the parties, the parties agree to submit to binding arbitration before the American Arbitration Association (Commercial Arbitration and Mediation Center for the Americas Mediation and Arbitration Rules). Any judgment on the award rendered by the arbitrator(s) may be entered in any court having jurisdiction thereof. Such arbitration shall be conducted by a single arbitrator.

The sole remedy that can be awarded to the Client in the event that an award is granted in arbitration is the refund of the Program Fee.

Without limiting the generality of the foregoing, no award of consequential or other damages, unless specifically set forth herein, may be granted to the Client.

This agreement shall be construed according to the laws of the New York State. In the event that any provision of this Agreement is deemed unenforceable, the remaining portions of the Agreement shall be severed and remain in full force. If the terms of this Agreement are acceptable, please sign the acceptance below.

By doing so, the Client acknowledges that: (1) they have received a copy of this letter agreement; (2) they have had an opportunity to discuss the contents with the Coach and, if desired, to have it reviewed by an attorney; and (3) they understand, accept and agree to abide by the terms hereof.

See Coaching Agreement Terms outlined on Page 7 below.

# TERMS

## Contract Overview

- Program Length: \_\_\_\_\_
- Membership Tier: \_\_\_\_\_
- Start of Program Date: \_\_\_\_\_, \_\_\_\_\_
- End of Program Date: \_\_\_\_\_, \_\_\_\_\_
- Check-In Day & Time: \_\_\_\_\_ @ \_\_\_\_\_

## Contract Payment Terms

- Payment Agreement: \$\_\_\_\_\_ Paid In Full (PIF), or Monthly Installments of \$\_\_\_\_\_ paid on 1st
- Additional Fees: \_\_\_\_\_—\$25/Day Late Payment Fee for any payments made past deadline(s)
- Discount/Promotion: \$\_\_\_\_\_ + PIF Savings (If Applied)
- Payment Schedule: \$\_\_\_\_\_ PIF by \_\_\_\_\_, or \$\_\_\_\_\_ paid on 1<sup>st</sup> monthly from \_\_\_\_\_ - \_\_\_\_\_
- Preferred Payment Method: Venmo (@David-Wright-104), OR check to “Edge11 Academy”

Client Full Name:

Representative Name:

(If signing on behalf of Client)

Client / Representative Signature:

Date:

Coach Name: DAVID W. WRIGHT

Coach Signature:

*David W. Wright*

Date: