

PARKLAND REDHAWKS LACROSSE RETURN TO PLAY PROTOCOL

Parents are REQUIRED to monitor their child for symptoms prior to attending any Redhawks Lacrosse event or activity. Those symptoms should include fever at or above 99.5°F, cough, shortness of breath, chills, muscle pain, new loss of taste or smell. Parents are encouraged to keep a record of their child's temperature and overall health to monitor trends in their child's well-being.

All players should arrive at Redhawks Lacrosse event or activity 15 minutes prior to start time and leave facility immediately following the event or activity.

Equipment bags are restricted from practice, please leave bags in the cars.

All players must bring their own water. Plan for a large reusable water bottle clearly identified with your child's name.

Players are required to prioritize safety and limit unnecessary contact. There will be no handshakes, fist bumps, high fives or hugs.

Balls may not be touched by any player with their hands at any time. Your stick is the only way you are allowed to pick up the ball. All players must maintain social distancing while ball hunting.

All players are encouraged to use the restroom at home. On site facilities are not guaranteed, but when available masks are required for entry, players will use the restroom one at a time and must wash hands before resuming play and all parents and spectators should bring them with them.

If a player tests positive for COVID, comes in contact with someone who might have COVID, or comes in contact with someone who tests positive for COVID, CDC guidelines should be followed before return to play.

Parents/Chaperones/Drivers are not allowed to enter the field space and are required to practice social distancing. Do not walk or sit on the playing fields. All spectators are encouraged to wear masks.

If a player on a team, or a member of their IMMEDIATE HOUSEHOLD takes a COVID test and are waiting on the results then no one from that IMMEDIATE HOUSEHOLD, including the player, may attend any league activities until they receive the results of the COVID test. If the test results are positive please follow the applicable protocol below.

If a player on a team tests positive for COVID, that family MUST immediately notify their coach(who in turn is required to notify the league). That player, everyone in the player's

IMMEDIATE HOUSEHOLD AND that player's ENTIRE team(including coaches) may NOT attend any league activities until: (1) one full week has passed since they discovered the positive test results AND (2) the player that tested positive has obtained a negative test result, there has been a resolution of any fever without the use of fever-reducing medications and there has been an improvement in symptoms (e.g., cough, shortness of breath).

If an IMMEDIATE HOUSEHOLD member of a player tests positive for COVID, that family MUST immediately notify their coach(who in turn is required to notify the league). That individual player AND everyone in the player's IMMEDIATE HOUSEHOLD(including coaches, if any) may NOT attend any league activities until: (1) one full week has passed since they discovered the positive test results AND (2) the immediate household member has obtained a negative test result, there has been a resolution of any fever without the use of fever-reducing medications and there has been an improvement in symptoms (e.g., cough, shortness of breath).

If a family discovers that a player or IMMEDIATE HOUSEHOLD member has had direct or close contact with someone that has recently tested positive for COVID(friend, co-worker, neighbor, etc...) during the course of the season that family MUST immediately notify their coach(who in turn is required to notify the league). That player AND everyone in their IMMEDIATE HOUSEHOLD may NOT attend any league activities until: (1) 10 days has passed since they discovered the positive test results OR (2) the individual player obtains a negative test result.

Finally, playing is a privilege. No individual will be above the guidelines established for the safety and well being of all. If any player fails to adhere to any of these guidelines, that player will be asked to leave.

Thank you,
Redhawks Lacrosse