



CHEER NIGHT OUT

FREE Introduction to Cheerleading

For girls entering grades **K to 8th**

June 2 from 6 to 9 pm, OKCC Gym

Drop your daughter off for a fun night of cheerleading!

No experience necessary!

Girls will lightly stretch; learn sideline cheers, motions, jumps, team building, and more.

Girls should bring a light (peanut-free) snack, water bottle and beach towel.

Girls must wear sneakers along with shorts, t-shirt and hair in a pony tail.

Register by 5/26 to reserve your spot.

There are a limited number of spots available so do not hesitate to sign-up.

To register, please email Allison Richmond Beschner at richmondallison@aol.com.

Registration is required in order to participate.

This event will be run by Pop Warner (YCADA and Rutgers) certified coaches and sponsored by Montgomery Youth Football and Cheer.

