

**IMPORTANT DATES** *Note: Times and locations for certain events shall be provided at a later date*

## **JUNE**

JUNE 30<sup>th</sup> Final Equipment Issue, Uniform Sizing, & Paperwork Turn in – 5:30pm to 8:00pm at Potter JHS

## **JULY**

JULY 11<sup>th</sup> FPW Board Meeting – FPUD 6:30 to 8:30 (Open to Public at 7:45pm)

JULY 16<sup>th</sup> \*Conference Wide Coach Clinic – La Costa, Time TBA

JULY 22<sup>nd</sup> \*Mandatory Business Manager Training – San Marcos, Time TBA

JULY 22<sup>nd</sup> \*Cheer Coaches Clinic – Ramona Time TBA

JULY 23<sup>rd</sup> Free Physicals – Dr. Miller's office, 521 E. Elder St. Ste. 105, 8:00am to 10:00am

\*Coaches or Business Managers who wish to attend clinics listed above, please email info@fallbrookpopwarner.net

## **AUGUST**

AUGUST 1<sup>st</sup> 5:00PM Parent Orientation – Potter Jr. High School (Practice for all participants to commence at 5:30pm)

AUGUST 1<sup>st</sup> 5:30PM - Practices Begin – Potter Jr. High School

AUGUST 5<sup>th</sup> to 7<sup>th</sup> JAMZ Camp for Cheer - Vista, Time TBA

**AUGUST 13<sup>th</sup> MANDATORY PLAYER CERTIFICATION. – Mandatory for ALL PLAYERS**

*Player Certification to take place in Oceanside (morning event – exact time will be provided by your coach or team parent)*

AUGUST 14<sup>th</sup> Team Photos/Family Fun Day Carnival, Live Oak Park, 8:00am to 5:00pm

AUGUST 16<sup>th</sup> FPW Board Meeting – FPUD 6:30pm to 8:30pm

AUGUST 27<sup>th</sup> Opening Day (First Game of the Season) – Time and Location TBA

## **SUMMARY OF UPCOMING EVENTS AND REQUIREMENTS**

### **JUNE 30<sup>TH</sup> 5:30PM TO 8:00PM**

#### **FINAL UNIFORM SIZING, EQUIPMENT ISSUE, & PAPERWORK TURN IN, – POTTER JHS:**

If you still have not picked up your player's equipment or had them fitted for his or her uniform, this will be your final opportunity to do so. Due to ongoing supply and demand issues, uniforms that are ordered after June 30<sup>th</sup> may NOT arrive in time for your player or cheerleaders first game. This will also be the last event for paperwork. \*Please note: We are offering a Free Physical Day on July 23<sup>rd</sup> (See details below) for those who have no other way to get their medical release form signed off.

### **AUGUST 1<sup>ST</sup>, 5:00PM**

#### **MANDATORY PARENT ORIENTATION, PLAYER/CHEERLEADER TEAM MEET & GREET – POTTER JHS:**

On the first day of practice (Monday 8/1/22) all parents are being asked to arrive at 5:00pm (30 minutes before practice begins) to attend the league orientation which will go over important details regarding the season. Upon arrival, your player will be directed to his or her team so, they can meet with their coach and staff. Meanwhile all parents are being asked to report to the blacktop area behind the gymnasium. Practice will commence immediately after the orientation at 5:30pm.

### **AUGUST PRE-SEASON PRACTICE GUIDELINES & SCHEDULE (BEFORE OPENING DAY):**

Each player must meet the National Pop Warner organization's "Practice & Conditioning Requirements" before they can participate in a scrimmage or regular season game. Therefore, during the 1<sup>st</sup> 4 weeks of August, practices shall occur 5 evenings per week (Monday thru Friday) so that each participant can achieve the required 10 hours of practice time. The 10 hours are typically divided into 5 – 2 ½ hour practice sessions per week (2 Hours of practice, divided up by three, 10-minute water breaks during each session.) **PLEASE NOTE:** Participants are expected to attend ALL practices during the month of August. Kids who are absent or late, will need to make up practice time in order to "catch up" to the rest of the team in terms of development and understanding. Missing practice time during August can not only make things difficult for the child, it also places an unnecessary burden on the coaching staff and takes away valuable training time from the team.

**AUGUST 13<sup>th</sup>, (Morning)**

**MANDATORY PLAYER CERTIFICATION:**

All participants, including players, cheerleaders, coaches, and volunteers, MUST attend the West Coast Conference (WCC) "Mandatory Certification" event. The purpose of this get-together is so WCC (Our local Pop Warner regional governing body) can verify and certify all participants and volunteers. The mandatory certification event takes place during the morning of **SATURDAY, AUGUST 13<sup>th</sup> in OCEANSIDE**. Your coach or team manager will provide the exact time & meeting place, as the date gets closer. Please be advised that All participants MUST attend the certification event if they wish to continue participating in the program. If you have a valid excuse for not being able to make certification day, i.e., you or your player is ill or experiencing a family emergency, it is your responsibility to contact your team parent and/or head coach ASAP.

**AUGUST 14<sup>th</sup>, 8:00am to 5:00pm**

**TEAM PHOTOS & FAMILY FUN DAY CARNIVAL**

FPW will be hosting team photos for all football players and cheerleaders on **SUNDAY, AUGUST 14<sup>th</sup> at Live Oak Park**. Team and Individual photos will begin at 8:00am and continue through the morning. Once your child has finished getting his or her photo taken, all kids and family members are asked to attend the Pop Warner Family Fun Day Carnival which will be taking place adjacent to where the photo shoot will be. The FFD Carnival will be a league wide event for all Fallbrook Pop Warner participants, their families, and friends to attend. We will have games, contests, prizes, and a BBQ. Meanwhile, each team will have the opportunity to host their own booth, game, and/or contest. Your team parent will be providing you with specific details on Family Fun Day during the first few days of practice.

**AUGUST 27<sup>th</sup>**

**OPENING DAY – FIRST REGULAR SEASON GAME:**

The regular season consists of 8 games and 1 to 4 post season games, depending on the division. Once your player/cheerleader has been assigned to a team, you will be provided with a detailed schedule during the initial weeks of practice which will outline game dates, times, and locations. PLEASE NOTE: The initial schedule will only list the first 3 to 4 games. The reason for this is so that teams can be matched with like teams that have similar win/loss records. Cheer Squad game schedules shall also be provided during the 1<sup>st</sup> or 2<sup>nd</sup> week of practice.

**AUGUST 29<sup>th</sup> 5:30pm**

**REGULAR SEASON PRACTICE BEGINS:**

After the first game of the season, practices shall be reduced to three days a week (not to exceed 6 total hours per week.) Regular practices shall consist of 3 – 2 ½ hour sessions, every week for the duration of the season. Your coach will notify you which days of the week your team’s regular season practices will take place on.

**GAME LOCATIONS:**

Fallbrook Pop Warner is part of the "West Coast Conference" or "WCC" region of the country. Our conference spans from Murietta to South San Diego County. And though the scheduling commissioner does his best to keep teams within a reasonable distance from each other, there are always 1 or 2 "far-away" games that take place. Below is the list of cities and regions that are included in the WCC region:

CARLSBAD	CORONADO	ESCONDIDO
FALLBROOK	LA COSTA	LAKESIDE
MURRIETA VALLEY	OCEANSIDE	POINT LOMA
POWAY	RAMONA	RANCHO BERNARDO
*RANCHO HILLS	SAN MARCOS	SANTEE
SCRIPPS RANCH	TEMECULA	TORREY PINES
VALLEY CENTER	VISTA	

\*Rancho Hills Pop Warner is made up of multiple leagues from East San Diego County

Most of the addresses and directions to away game playing fields can be found on our website under "Field Locations"

### **QUESTIONS, CONCERNS, COMPLAINTS:**

At one time or another all of us have witnessed or even been a part of a scenario that involves a concern or complaint being filed with the administrators of a youth sports organization. And though all of us on the FPW Board of Directors work extremely hard to ensure all aspects of our organization run smoothly, it is nearly impossible to guarantee there won't be an issue or two that arises during the season. That said, we ask everyone to please adhere to the following rules and chain of command if you have an issue or concern to bring forward:

- 1.) Use the "24-hour Rule". We've all heard the term "Sleep on it". Most conflicts and misunderstandings can be resolved or even averted by simply allowing yourself to cool off and let some time pass before taking things to the next level.
- 2.) Respect the position. Many of us forget that Fallbrook Pop Warner is a 100% volunteer run organization. And those who volunteer typically sacrifice time, energy and even money, to help keep your child's football/cheer league operating in a safe and productive manner. That said, if you have an issue with a particular volunteer or coach, please do your best to try and work things out directly with the party in question, before going into complaint mode. Remember, nearly all our volunteers are parents just like you, who also have children in the program.
- 3.) Step up. If you see a problem or disagree with a certain procedure being taught, try being a part of the solution. We can never get enough people to help as volunteers in our association. And there are numerous levels of commitment. We always need qualified board members and coaches. And if you can't make that type of commitment, most head coaches (Cheer and football) are happy to have part time assistants to help out on the practice field. If you would like to volunteer, please reach out to our volunteer coordinator officer who will walk you through the quick and easy certification process.
- 4.) If you feel you have exhausted every effort to resolve an issue or conflict with the opposing party, please follow the below chain of command when filing an official complaint:
  - 1.) Your Team Parent/Manager
  - 2.) Your Team's Head Coach
  - 3.) FPW Association Representative (Coach or Player's Agent)
  - 4.) FPW Association President
  - 5.) WCC Conference Representative
  - 6.) WCC Conference Commissioner

Please note that complaints filed directly to WCC Conference that have been addressed by the proper chain of command, will be rejected, and bounced back to the league's President.