

PITCHING RULES - 2019

Majors and Minors Div.

(See page 44 Rule Book)

AGE	PITCH LIMIT
7 - 8	50
9 - 10	75
11 - 12	85

PITCHES THROWN	DAYS REST REQUIRED
0 - 20	0
21 - 35	1
36 - 50	2
51 - 65	3
>65	4

[Begin counting days starting with the NEXT day following that game]

1. Once removed, a pitcher MAY NOT be returned as pitcher in that game.
2. If a pitcher throws 41 or more pitches, he MAY NOT catch in that game.
3. If a player catches in 4 innings (i.e. takes 1 pitch after 3 full innings) he MAY NOT pitch in that game
4. If a player catches in 3 innings (i.e. takes 1 pitch after 2 full innings) he MAY pitch in that game
 - a. If he throws 21 or more pitches, he MAY NOT return as catcher in that game

Note: The “threshold” revert back rule applies to all of the above scenarios (example: Pitcher reaches 35 pitches while pitching to Batter. Batter is put out (or walks, gets a hit etc.) after 3 more pitches. As long as the pitcher is removed before the next batter, his count “reverts back” to 35 and his rest requirement is 1 day.