

**New England Pop Warner
2025 Cheer & Dance Championships
Region Finals**

Day 1: Saturday, November 15, 2025

Day 2: Sunday, November 16, 2025

Mass Mutual Center

1277 Main Street

Springfield, MA 01103

TICKETS

\$25 per person General Admission Pre-purchased

\$30 per person Cash only at the door

Box Office will open at 7am – General Seating

Arena Box Office is located on Bruce Landon Way

Parking garage is on Bruce Landon Way across from the main entrance

CERTIFIED ROSTER INFORMATION

Teams winning or qualifying to compete in the New England Region Cheer & Dance Championships held on Saturday 11/15 and Sunday 11/16 must be prepared to have their Roster Books certified by a member of the Region Compliance team. If your team has won or qualified, then your book **MUST** be handed in immediately following each award ceremony. All teams with automatic advancement will turn their books in at registration. **BOOKS WILL BE CERTIFIED AND RETURNED AS SOON AS POSSIBLE.**

MUSIC

Music must be submitted before November 1, 2025.

Music must be submitted in MP3 format.

Music must be labeled in the following order:

Team Name

Age Division (TM, MM, JPW, PW, JV, V, Bantam, Challenger)

Declared Roster Size (S, M, L)

Dance Category (Theme, Pom, Hip Hop)

Include Contact Name, Email, Cell Number

Music must be uploaded using the appropriate email address below:

Npwwday1@gmail.com For all Saturday Teams

Npwwday2@gmail.com For all Sunday Teams

Send only one file per team, per routine. If you are performing a second routine, then send in a separate email properly labeled.

Each town may have multiple teams competing. Every team is required to send in a separate email.

EACH COACH SHOULD BRING A HARD COPY OF THEIR MUSIC!

Although the music license is not required in the team book, it must be produced on demand!

GENERAL INFORMATION

Teams along with all rostered coaching staff will enter via the Main Entrance. Arrival time is at the discretion of the team's coaching staff.

BUS DROP OFF AND PICKUP: Buses will drop off and pick up all participants at the Main Street entrance. The buses will be directed to parking.

Coaches must remain with their team upon entering the Mass Mutual Center and are responsible for their teams until they exit the arena and athletes are reunited with their caregivers.

All teams will stop at the Registration table immediately upon arrival.

Teams must check in together once all athletes have arrived.

Only rostered personnel will be allowed with the team. Proper ID must be presented.

Each team is permitted one bag PER TEAM!

Coach passes will be issued directly from your roster. Anyone not listed as a coach on your roster must purchase a ticket at the box office.

Absentee Forms must be submitted at the registration table.

Outside Food and Drink are not permitted to be brought into the Mass Mutual Center. Only participants with a noted medical reason will be granted an exemption to this rule and must be preauthorized prior to 11/5.

Each team will be escorted to a seating area designated solely for participants. Only rostered personnel may gain entrance to the area.

A volunteer will notify your team when you can proceed to the Warmup area.

Report to the warmup area when it is your scheduled time. It is the responsibility of the coaching staff to stretch and warm up the team. Once directed to the mats, your team will have 5 minutes on the stretching mat and 5 minutes on the warmup mat. When your time is up, please exit the mats quickly. You will have a few minutes to regroup and speak with your team as they wait for their turn to perform.

Once in line, we ask that the team remain quiet and respect the teams that are performing ahead of them.

Designate ONE person to start and stop the music. Music must be submitted following the procedures listed above. Music person must be on the team roster. They will be directed to the DJ's music table where they will start and stop your music. It is strongly advised that a hard copy of your music is available.

Performing Teams will be called to the mat. Teams will take the floor in a spirited fashion and proceed to their starting formation. As per PW rules, teams may use a short count to set.

*Example: 5 6 7 8 Team. This will not count against your time. Teams will self-start.

Competition Mat is 54 x 42 with 9 panels. The center will be clearly marked with an X. Lines are vertical facing the judges. Teams will enter from the back.

Coaches will be directed to the coaches' viewing area to watch their team perform. Any coaches in ripped jeans/ crop tops will not be permitted in the coaches' viewing area.

Please ensure that your athletes know that there will be spotters on the floor during the routine.

Once a team has completed their performance, we ask that they exit quickly. Volunteers will direct them back to their seats.

There will be dedicated concessions for cheerleaders and coaches only. No parents are allowed in the cheerleader area. It is suggested that each cheerleader bring money to purchase drinks and snacks.

Award winners will be announced at the end of each Morning and Afternoon Session. Please select 1 coach and 2 athletes only to accept the award. We will be announcing 1st and 2nd place only. As per PW rules, all winners will represent New England at the National Championships. The teams that qualify will also be announced as Qualifying Teams.

Once your team has qualified, **Roster Books MUST be turned in immediately.**

Score Sheet distribution is tbd.

At the conclusion of the award ceremony, athletes and coaching staff will make their way to the main lobby to meet parents. Teams traveling by bus should proceed to the Main Street entrance to meet the buses.