



2025 EASTERN REGION CHEER AND DANCE CHAMPIONSHIPS
ORDER OF PERFORMANCE, SATURDAY OCTOBER 25, 2025
TRENTON NJ CURE INSURANCE ARENA



Schedule subject to change, stay up-to-date at www.easternregionpopwarner.com

	SQUAD NAME	LEAGUE	DIVISION	SIZE	CATEGORY	CHECK-IN	WARM-UP	PERFORM
	OPENING CEREMONY							
								8:00 AM
1	CLS MUSTANGS	LIBERTY	MM	POM	DNC	7:10 AM	7:35 AM	8:10 AM
2	SOUTHWEST COLTS	WESTERN NY	PW	POM	DNC	7:13 AM	7:38 AM	8:13 AM
3	NORTHEAST BULLDOGS	WESTERN NY	BAN	POM	DNC	7:16 AM	7:41 AM	8:16 AM
4	ROCHESTER RAMS	WESTERN NY	MM	POM	DNC	7:19 AM	7:44 AM	8:19 AM
5	CLS MUSTANGS	LIBERTY	JV	POM	DNC	7:22 AM	7:47 AM	8:22 AM
6 X	IRVINGTON GOLDEN KNIGHTS	NEWARK	JV	POM	DNC	7:28 AM	7:53 AM	8:28 AM
7	SOUTHWEST COLTS	WESTERN NY	JPW	POM	DNC	7:31 AM	7:56 AM	8:31 AM
	BREAK	BREAK						
8	ROCHESTER RAMS	WESTERN NY	TM	HH	DNC	7:44 AM	8:09 AM	8:44 AM
9	ROCHESTER RAMS	WESTERN NY	JPW	HH	DNC	7:47 AM	8:12 AM	8:47 AM
10 X	SOUTHWEST COLTS	WESTERN NY	JPW	HH	DNC	7:53 AM	8:18 AM	8:53 AM
11	ROCHESTER RAMS	WESTERN NY	PW	HH	DNC	7:56 AM	8:21 AM	8:56 AM
12	ROCHESTER RAMS	WESTERN NY	MM	HH	DNC	7:59 AM	8:24 AM	8:59 AM
13 X	SOUTHWEST COLTS	WESTERN NY	VR	HH	DNC	8:05 AM	8:30 AM	9:05 AM
14	SOUTHWEST COLTS	WESTERN NY	PW	HH	DNC	8:08 AM	8:33 AM	9:08 AM
15	ROCHESTER RAMS	WESTERN NY	JV	HH	DNC	8:11 AM	8:36 AM	9:11 AM
16	ROCHESTER RAMS	WESTERN NY	VR	HH	DNC	8:14 AM	8:39 AM	9:14 AM
	BREAK	BREAK						
17	ROCHESTER RAMS	WESTERN NY	JPW	THEME	DNC	8:30 AM	8:55 AM	9:30 AM
18	ROCHESTER RAMS	WESTERN NY	PW	THEME	DNC	8:36 AM	9:01 AM	9:36 AM
19	ROCHESTER RAMS	WESTERN NY	JV	THEME	DNC	8:42 AM	9:07 AM	9:42 AM
20	IRVINGTON GOLDEN KNIGHTS	NEWARK	PW	THEME	DNC	8:48 AM	9:13 AM	9:48 AM
21 X	ROCHESTER RAMS	WESTERN NY	VR	THEME	DNC	8:57 AM	9:22 AM	9:57 AM
22	JACKIE ROBINSON THE BLUE PRINT	NEWARK	JV	THEME	DNC	9:03 AM	9:28 AM	10:03 AM
23	SOUTHWEST COLTS	WESTERN NY	VR	THEME	DNC	9:09 AM	9:34 AM	10:09 AM
24	EAST GREENBUSH CHALLENGERS	CAPITAL	CHALL	NA	EXHIB	9:12 AM	9:37 AM	10:12 AM
25 X	MARSH CREEK CHALLENGERS	BUX-MONT	CHALL	NA	EXHIB	9:18 AM	9:43 AM	10:18 AM
	AWARDS CEREMONY	AWARDS						



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26	TROY PATRIOTS RED RUBYS	CAPITAL	JV	SM	SC-1	10:21 AM	10:46 AM	11:21 AM
27	BAYSHORE BUCCANEERS	NEW JERSEY SHORE	JV	MD	SC-1	10:24 AM	10:49 AM	11:24 AM
28	NEW HARTFORD SPARTANS	TRI-VALLEY	JV	LG	SC-2	10:30 AM	10:55 AM	11:30 AM
29	SOUTH GLENS FALLS BULLDOGS	CAPITAL	JV	SM	SC-1	10:33 AM	10:58 AM	11:33 AM
30	SCHENECTADY BELMONT PATRIOTS	CAPITAL	JV	MD	SC-1	10:36 AM	11:01 AM	11:36 AM
31	AUBURN SPARTANS	CENTRAL NY	JV	LG	SC-2	10:39 AM	11:04 AM	11:39 AM
32	LITTLE FALLS MOUNTIES	TRI-VALLEY	JV	SM	SC-1	10:42 AM	11:07 AM	11:42 AM
33	FRANKFORT JR KNIGHTS	TRI-VALLEY	JV	MD	SC-1	10:45 AM	11:10 AM	11:45 AM
34	SMYRNA CLAYTON EAGLES	HENLOPEN	JV	LG	SC-2	10:48 AM	11:13 AM	11:48 AM
35	SHERBURNE TIMBERWOLVES	TRI-VALLEY	JV	SM	SC-1	10:51 AM	11:16 AM	11:51 AM
36	SOUTH TROYTROJANS	CAPITAL	JV	MD	SC-1	10:54 AM	11:19 AM	11:54 AM
37	EDISON JETS	CENTRAL JERSEY	JV	LG	SC-2	10:57 AM	11:22 AM	11:57 AM
38	THORNDEN PARK BULLDOGS	CENTRAL NY	JV	SM	SC-1	11:00 AM	11:25 AM	12:00 PM
39	CANASTOTA RAIDERS	TRI-VALLEY	JV	MD	SC-1	11:03 AM	11:28 AM	12:03 PM
40	WATCHUNG HILLS WOLVERINES	CENTRAL JERSEY	JV	LG	SC-2	11:06 AM	11:31 AM	12:06 PM
41	CLAY PANTHERS	CENTRAL NY	JV	SM	SC-1	11:09 AM	11:34 AM	12:09 PM
42	WHITESTOWN WARRIORS	TRI-VALLEY	JV	MD	SC-1	11:12 AM	11:37 AM	12:12 PM
43	SOUDERTON BRAVES	BUX-MONT	JV	LG	SC-3	11:15 AM	11:40 AM	12:15 PM
44	LOWER PERK LONGHORNS	BUX-MONT	JV	SM	SC-1	11:18 AM	11:43 AM	12:18 PM
45	MARCY DEERFIELD THUNDER	TRI-VALLEY	JV	MD	SC-1	11:21 AM	11:46 AM	12:21 PM
	BREAK	BREAK						
46	BRIDGEWATER RARITAN PANTHERS	CENTRAL JERSEY	JV	LG	SC-3	11:34 AM	11:59 AM	12:34 PM
47	INDIAN RIVER WOLVES	GR WATERTOWN	JV	SM	SC-1	11:37 AM	12:02 PM	12:37 PM
48	GREENE COUNTY PANTHERS	CAPITAL	JV	MD	SC-1	11:40 AM	12:05 PM	12:40 PM
49	BERLIN SEAHAWKS	HENLOPEN	JV	LG	SC-3	11:43 AM	12:08 PM	12:43 PM
50	CLS MUSTANGS	LIBERTY	JV	SM	SC-1	11:46 AM	12:11 PM	12:46 PM
51	ALLENTOWN MINI VIKES	BUX-MONT	JV	MD	SC-1	11:49 AM	12:14 PM	12:49 PM
52	ROME COLTS	TRI-VALLEY	VR	SM	SC-1	11:52 AM	12:17 PM	12:52 PM
53	NORTHWEST RAIDERS RADIANT THUNDER	LIBERTY	JV	SM	SC-1	11:55 AM	12:20 PM	12:55 PM
54	ENON JR EAGLES	BUX-MONT	JV	MD	SC-1	11:58 AM	12:23 PM	12:58 PM
55	COHOES TIGERS	CAPITAL	VR	SM	SC-1	12:01 PM	12:26 PM	1:01 PM
56	WOODBIDGE BRONCOS	CENTRAL JERSEY	JV	MD	SC-1	12:04 PM	12:29 PM	1:04 PM
57	KUYAHOORA COUGARS	TRI-VALLEY	VR	SM	SC-2	12:07 PM	12:32 PM	1:07 PM
58	NORTH UTICA RAIDERS	TRI-VALLEY	JV	LG	SC-1	12:10 PM	12:35 PM	1:10 PM
59	UNION RAMS	NORTH JERSEY	JV	MD	SC-1	12:13 PM	12:38 PM	1:13 PM
60	WHITESTOWN WARRIORS	TRI-VALLEY	VR	SM	SC-1	12:16 PM	12:41 PM	1:16 PM
61	FARMINGDALE HOWELL LIONS	NEW JERSEY SHORE	JV	MD	SC-2	12:19 PM	12:44 PM	1:19 PM
62	KIRK PARK COLTS	CENTRAL NY	VR	SM	SC-1	12:22 PM	12:47 PM	1:22 PM
63	ABINGTON RAIDERS	BUX-MONT	JV	LG	SC-1	12:25 PM	12:50 PM	1:25 PM
64	HILLSBOROUGH DUKES	CENTRAL JERSEY	JV	MD	SC-1	12:28 PM	12:53 PM	1:28 PM
65	NORTHWEST RAIDERS CODE BLUE	LIBERTY	VR	SM	SC-1	12:31 PM	12:56 PM	1:31 PM
	BREAK	BREAK						
66	EAST GREENBUSH DEVILS HAILSTORM	CAPITAL	JV	MD	SC-2	12:44 PM	1:09 PM	1:44 PM
67	LOWER BUCKS OUTLAWS	BUX-MONT	JV	LG	SC-1	12:47 PM	1:12 PM	1:47 PM
68	WEST WINDSOR PLAINSBORO WILDCATS	CENTRAL JERSEY	JV	MD	SC-1	12:50 PM	1:15 PM	1:50 PM
69 X	PARKSIDE SAINTS SAINTS DAWG HOUSE	LIBERTY	JV	MD	SC-2	12:56 PM	1:21 PM	1:56 PM



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70	IRVINGTON GOLDEN KNIGHTS	NEWARK	JV	LG	SC-1	12:59 PM	1:24 PM	1:59 PM
71	SOUTH EAST STALLIONS	NEWARK	JV	MD	SC-1	1:02 PM	1:27 PM	2:02 PM
72	ADIRONDACK WILDCATS	GR WATERTOWN	VR	SM	SC-2	1:05 PM	1:30 PM	2:05 PM
73	UTICA BULLDOGS	TRI-VALLEY	JV	SM	SC-2	1:08 PM	1:33 PM	2:08 PM
74	WAYNE WILDCATS	BUX-MONT	JV	MD	SC-2	1:11 PM	1:36 PM	2:11 PM
75	NORTH ROCKLAND RAIDERS EXPLOSION	ROCKLAND	JV	LG	SC-2	1:14 PM	1:39 PM	2:14 PM
76	DROP	DROP	JV	MD	SC-1	1:17 PM	1:42 PM	2:17 PM
77	WARMINSTER PIONEERS	BUX-MONT	JV	SM	SC-2	1:20 PM	1:45 PM	2:20 PM
78	QUAKERTOWN PANTHERS	BUX-MONT	JV	MD	SC-2	1:23 PM	1:48 PM	2:23 PM
79	HIGHTSTOWN RAMS	CENTRAL JERSEY	VR	MD	SC-3	1:26 PM	1:51 PM	2:26 PM
80	SOUTH JEFFERSON SPARTANS	GR WATERTOWN	JV	SM	SC-2	1:29 PM	1:54 PM	2:29 PM
81	KENSINGTON RAVENS ROYAL DIVAS	LIBERTY	BAN	SM	SC-1	1:32 PM	1:57 PM	2:32 PM
82	COLONIE WOLF PACK	CAPITAL	JV	MD	SC-3	1:35 PM	2:00 PM	2:35 PM
83	SOMERVILLE BRANCHBURG UNITED JR. PIONEERS	CENTRAL JERSEY	JV	MD	SC-2	1:38 PM	2:03 PM	2:38 PM
84	SOUTH BRUNSWICK VIKINGS JV GOLDEN VIXENS	CENTRAL JERSEY	JV	SM	SC-2	1:41 PM	2:06 PM	2:41 PM
85	MONROE WOLVERINES ICONS	CENTRAL JERSEY	JV	LG	SC-4	1:44 PM	2:09 PM	2:44 PM
	BREAK	BREAK						
86	DOWNINGTOWN YOUNG WHIPPETS	BUX-MONT	JV	MD	SC-3	1:57 PM	2:22 PM	2:57 PM
87	EAST ORANGE LADY RAMS	NORTH JERSEY	JV	MD	SC-2	2:00 PM	2:25 PM	3:00 PM
88	QUAKERTOWN PANTHERS	BUX-MONT	JV	MD	SC-3	2:03 PM	2:28 PM	3:03 PM
89	HARRINGTON LITTLE SPARTANS	HENLOPEN	JV	MD	SC-2	2:06 PM	2:31 PM	3:06 PM
90	MARSH CREEK EAGLES	BUX-MONT	JV	MD	SC-4	2:09 PM	2:34 PM	3:09 PM
91	SMYRNA CLAYTON EAGLES	HENLOPEN	VR	MD	SC-2	2:12 PM	2:37 PM	3:12 PM
92	FLEMINGTON FALCONS	CENTRAL JERSEY	JV	MD	SC-3	2:15 PM	2:40 PM	3:15 PM
93	BALLSTON SPA SCOTTIES-GLOW	CAPITAL	JV	MD	SC-2	2:18 PM	2:43 PM	3:18 PM
94	4 TROY WOODBRIDGE WARRIORS	HENLOPEN	VR	MD	SC-1	2:21 PM	2:46 PM	3:21 PM
95	SCHENECTADY BELMONT PATRIOTS	CAPITAL	VR	MD	SC-2	2:24 PM	2:49 PM	3:24 PM
96	UPTOWN WARRIORS BATTLESQUAD	LIBERTY	JV	MD	SC-3	2:27 PM	2:52 PM	3:27 PM
97	MARCY DEERFIELD THUNDER	TRI-VALLEY	VR	MD	SC-2	2:30 PM	2:55 PM	3:30 PM
	BREAK	BREAK						
98	LANSDALE CANNONEERS	BUX-MONT	VR	MD	SC-1	2:43 PM	3:08 PM	3:43 PM
99 X	A&M REDBIRDS	CENTRAL JERSEY	JV	MD	SC-3	2:49 PM	3:14 PM	3:49 PM
100 X	DELRAN BEARS	BURLINGTON	VR	MD	SC-1	2:55 PM	3:20 PM	3:55 PM
101	HILLSBOROUGH DUKES	CENTRAL JERSEY	VR	MD	SC-3	2:58 PM	3:23 PM	3:58 PM
102	NORTHAMPTON INDIANS	BUX-MONT	VR	LG	SC-2	3:01 PM	3:26 PM	4:01 PM
103 X	CANASTOTA RAIDERS	TRI-VALLEY	BAN	SM	SC-2	3:07 PM	3:32 PM	4:07 PM
104	RIVERSIDE BULLDOGS	BURLINGTON	VR	MD	SC-2	3:10 PM	3:35 PM	4:10 PM
105	DELRAN BEARS	BURLINGTON	BAN	SM	SC-2	3:13 PM	3:38 PM	4:13 PM
106	TOMS RIVER ANGELS	NEW JERSEY SHORE	VR	SM	SC-3	3:16 PM	3:41 PM	4:16 PM
107	HILLSIDE JR. COMETS	NORTH JERSEY	JV	SM	SC-1	3:22 PM	3:47 PM	4:22 PM
108	BALLSTON SPA SCOTTIES-ROULETTE	CAPITAL	VR	MD	SC-2	3:25 PM	3:50 PM	4:25 PM
109	JACKIE ROBINSON THE BLUE PRINT	NEWARK	JV	SM	SC-1	3:28 PM	3:53 PM	4:28 PM
110 X	UPTOWN WARRIORS WARZONE	LIBERTY	VR	LG	SC-2	3:34 PM	3:59 PM	4:34 PM
111	NEW CITY RAMS	ROCKLAND	JV	MD	SC-2	3:37 PM	4:02 PM	4:37 PM
112	CENTRAL WARD LADY COUGARS	NEWARK	JV	SM	SC-1	3:40 PM	4:05 PM	4:40 PM
113	CARTHAGE COMETS VARSITY	GR WATERTOWN	VR	MD	SC-2	3:43 PM	4:08 PM	4:43 PM



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114	UTICA BULLDOGS	TRI-VALLEY	JV	NA	PERF	3:46 PM	4:11 PM	4:46 PM
115	HERKIMER HORNETS	TRI-VALLEY	VR	NA	PERF	3:49 PM	4:14 PM	4:49 PM
116	HERKIMER HORNETS	TRI-VALLEY	JV	NA	PERF	3:52 PM	4:17 PM	4:52 PM
117	SMYRNA CLAYTON EAGLES	HENLOPEN	VR	NA	PERF	3:55 PM	4:20 PM	4:55 PM
118	DOWNINGTOWN YOUNG WHIPPETS	BUX-MONT	JV	NA	PERF	3:58 PM	4:23 PM	4:58 PM
119	HIGHTSTOWN RAMS	CENTRAL JERSEY	VR	NA	PERF	4:01 PM	4:26 PM	5:01 PM
120	MARSH CREEK EAGLES	BUX-MONT	JV	NA	PERF	4:04 PM	4:29 PM	5:04 PM
121	BALLSTON SPA SCOTTIES-ROULETTE	CAPITAL	VR	NA	PERF	4:07 PM	4:32 PM	5:07 PM
122	WATCHUNG HILLS WOLVERINES	CENTRAL JERSEY	JV	NA	PERF	4:10 PM	4:35 PM	5:10 PM
123 X	BALLSTON SPA SCOTTIES-GLOW	CAPITAL	JV	NA	PERF	4:16 PM	4:41 PM	5:16 PM
124 X	FLEMINGTON FALCONS	CENTRAL JERSEY	JV	NA	PERF	4:22 PM	4:47 PM	5:22 PM
	AWARDS CEREMONY	AWARDS						