



The Champaign Park District has issued the following guidelines for athletic field usage during “Phase IV” of the Restore Illinois Plan. In Phase IV, youth sports activities are now permitting competitive games for outdoor sports.

### Teams/Renters

- Be vigilant in preventing the spread of the virus by practicing good hygiene, as recommended by the IDPH and CDC
- Ensure no one participates if they are experiencing any symptoms or exposure risks, per IDPH and CDC (See symptoms listed below)
- Face coverings should be worn at all times when 6’ of social distancing cannot be maintained—unless on the field during a game
- Group sizes should be limited to 50 participants or fewer, and **30-ft of distancing must be maintained between groups**
- Coaches and participants are encouraged to follow all CDC recommended guidelines and wash hands before arrival and to bring and use their own hand sanitizer
- Minimize sharing of high-touch equipment between non-household individuals when possible
- **Sanitize shared equipment with commercially premixed disinfectants** prior to practice/games and during use (e.g., between drills/innings) and encourage frequent hand sanitizing
- Place personal items 6’ from other player’s items to avoid any contact
- We encourage staggered activity start and end times to minimize contact between teams or groups
- No team/group meetings and no “high fives”, fist bumps, or handshakes
- Suspend any form of group snacks (no seeds, no gum chewing, no spitting)
- No drinking fountains available (encourage water to be supplied by individual participant)
- Encourage participants to take trash out of the park with them
- Please discourage participants and families from congregating before, during, and after practice
- **Review COVID-19 Symptoms** (listed below) **and complete a wellness screening with all participants attending practice or games** (see example below)

### Spectators

- Please discourage spectators at this time
- If spectators are present for games, they **MUST** sign the Spectator Log which can be found with the Site Supervisor at the facility
- Spectators are *encouraged* to wear masks at all time, but **required** to wear masks when 6ft social distancing cannot be maintained
- Bleacher seating will be unavailable, spectators are encouraged to provide their own seating
- Spectators are encouraged to sit in the marked “Home” & “Away” seating area of each field
- No more than 50 people in the designated “Home” & “Away” sections
- Site Supervisors have the right to ask spectators to move to another area or leave the premises when maximum numbers have been exceeded or Safety policies are not being practiced

## **COVID-19 Symptoms**

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

## **Wellness Screening Questions:**

Y or N: Have you felt feverish?

Y or N: Do you have a cough?

Y or N: Do you have a sore throat?

Y or N: Have you been experiencing difficulty breathing or a shortness of breath?

Y or N: Do you have muscle aches?

Y or N: Have you had a new or unusual headache (e.g., not related to caffeine, diet, or hunger, not related to history of migraines, clusters, or tension, not typical to the individual)?

Y or N: Have you noticed a new loss of taste or loss of smell?

Y or N: Have you been experiencing chills or rigors (rigors: a sudden feeling of cold with shivering accompanied by a rise in temperature)?

Y or N: Do you have any gastrointestinal concerns (e.g., abdominal, pain, vomiting, diarrhea)?

Y or N: Is anyone in your household displaying any symptoms of COVID-19?

Y or N: To the best of your knowledge, have you or anyone in your household come into close contact with anyone who has tested positive for COVID-19 (close contacts include household contacts, intimate contacts, or contacts within 6-ft for 15 minutes or longer (10 minutes or longer for ambulatory care services) unless wearing N95 mask during period of contact)?

**On behalf of my organization, I have read, understand, and agree to have my organization and its participants comply with the regulations in this addendum. Failure to comply with these regulations may result in having field permit revoked for the duration of the season without refund. We are working through this together and appreciate your assistance so that everyone can stay safe and have fun.**

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Justice Miller

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Team Representative

Sports Manager  
justice.miller@champaignparks.org  
(401) 835-4732