



Return to Play Protocol for York Little League

York Little League (YLL) has aligned our protocol with the guidelines provided by the State of Maine. As more information is made available to us, we will update as needed.

To see the most up-to-date guidelines from the state, please visit:

<https://www.maine.gov/covid19/restartingmaine>

<https://www.maine.gov/decd/checklists/community-sports>

What to Expect:

- Players, coaches and spectators will be required to wear a face mask at all times. This is due to the Governor's executive order and the sports guidelines.
- Coaches will keep track of attendance at each practice and game should contact tracing be necessary
- Players will be required to have a bottle of hand sanitizer in their bags. Coaches will also have a bottle in their equipment bag
 - o Sanitizing will happen when kids get to the field, during practice/game and when getting ready to leave the field
- Each team will have their own supply of baseball/softballs
- Should a coach or child have a mask malfunction while at the field, there will be extras available
- Gear cannot be shared – players will need their own glove, helmet, water bottle and bat (if a child does not have their own bat, they may reach out to the league to get a loaned bat for the season)
 - o Each team will have two sets of catchers gear. If by chance, a team has to use more than two catchers in a game, the gear will be sprayed down with Lysol after use
- When teams are in the dugout, because spacing will be an issue, therefore some kids will be outside the dugout to maintain social distancing.
 - o Two kids will be allowed in the dugout and one in the on-deck area behind the dugout fencing

- Concessions will be limited this season.

- We are trying to get foods that are packaged individually
- Those working concessions will be required to wear gloves
- Looking into getting Venmo set up to limit the transfer of money between individuals
- Port-o-pottys will be available at the fields. They are cleaned weekly.
- Sunflower seeds are not permitted this season.
- Please talk to your child about the importance of not spitting.

Drop-Off & Pick-Up Procedure

We will be staggering the start times for all practices and games, so to allow ample time for teams to exit the field before another arrives.

We ask, if possible, please wait in your car; they will come to you when practice is over. At games, we ask for one member to wait behind for the player and everyone else return to their cars to wait.

Isolating a Player

Should a player fall ill during practice or game, we have designated isolation areas at each field where traffic is minimal. The child, along with a team representative will wait there until a parent, guardian or emergency contact can come to get the player. Locations are:

- Smith: By the shed in right field
- Bog: Underneath the scoreboard
- Beach: Tree in right-center field
- Village: Concession stand by the baseball field

Should a Player or Coach Test Positive....

The YLL Board will collect all information and make the best decision to keep the players, coaches, families and league as safe as possible.

If the individual testing positive has been in contact with their team, the team will have to suspend play and can not resume until all are cleared to return.

To keep transparency, the league will send out an email should anyone test positive and let you know what our plans moving forward will be.

Daily Self-Screening Protocol:

- Stay home if you feel sick
- Reference www.cdc.gov for list of symptoms
 - If a player is not feeling well, including a runny nose, frequent coughing or sneezing, etc., he or she may not participate in Little League that day.
 - In addition, parents/guardians must screen themselves and their participating children in the morning before participating. If a parent/guardian or player

answers yes to any of the following questions, that person may not come to training that day:

1. Do you currently have COVID-19?
2. Has a healthcare provider or health authority advised or instructed you to self-quarantine?
3. Have you been in close contact with a confirmed or suspected case of COVID-19 in the past 14 days?
4. Have you had a fever (temp of 100.4F or higher) or felt feverish in the last 72 hours?
5. Are you experiencing any respiratory symptoms including a runny nose, sore throat, cough, or shortness of breath?
6. Are you experiencing any intestinal symptoms?
7. Are you experiencing any new muscle aches or chills?
8. Have you experienced any new change in your sense of taste or smell?

We are counting on parent help to make this season a great one for the kids! **PLEASE**, if you think your child has been in contact with someone who has COVID or is exhibiting symptoms, do NOT send them to the field.