



Summer Softball Programs

Summer programs run from mid June - late July. Summer program age groupings for competitive travel teams are based on USA Softball age designation rules (calendar based vs grade level based). A player's softball age for the calendar year is based on her age on January 1 of that year.

Grades rising K-2: Summer Sandlot

Program description: Softball Sandlot is a fun, mixed age program meant to provide our younger and more inexperienced players with an opportunity to advance their skills during the fall. There are fun skills-and-drills activities as well as coach pitch scrimmages amongst the players.

Sessions: 1 or 2 weeknight sessions each week, pending availability of coaches.

Equipment Needed: A glove, bat, and helmet are needed. Balls will be provided. If the child doesn't have a helmet or bat, these can be loaned to you for the season.

8U Travel softball (USA Softball ages 7-8)

Program description: The 8U softball team will play in the Twin Valley Girls Softball league. This is a good introduction to competitive softball. A 10" soft safety softball is used and games are played on a standard softball diamond infield.

Sessions: 1 game each week, typically on Thursday nights plus 1 practice per week.

Equipment Needed: A glove, bat, and helmet are needed. Balls will be provided. If the child doesn't have a helmet or bat, these can be loaned to you for the season.

10U Travel softball (USA Softball ages 9-10)

Program description: The 10U softball team will play in the competitive Twin Valley Girls Softball league. A hard 11" softball is used. If registration numbers permit, an A level and B level team will be created.

Sessions: Two games per week on Monday and Wednesday nights in Ashland or nearby towns. Typically, one practice each week.

Equipment Needed: A glove, bat, and helmet (with facemask) are needed. Bats and helmets will be provided for those who don't have them. Fielding masks are required for pitchers and encouraged for all other positions.

12U Travel softball (USA Softball ages 11-12)

Program description: The 12U softball team will play in the competitive Twin Valley Girls Softball league. A hard 12" softball is used. If registration numbers permit, an A level and B level team will be created.

Sessions: Two games per week on Tuesday and Thursday nights in Ashland or nearby towns. Typically, one practice each week.

Equipment Needed: A glove, bat, and helmet (with facemask) are needed. Bats and helmets will be provided for those who don't have them. Fielding masks are required for pitchers and encouraged for all other positions.

14U Travel softball (USA Softball ages 13-14)

Program description: The 14U softball team will play in the competitive Twin Valley Girls Softball league. A hard 12" softball is used. If registration numbers permit, an A level and B level team will be created.

Sessions: Two games per week on Monday and Wednesday nights in Ashland or nearby towns. Typically, one practice each week.

Equipment Needed: A glove, bat, and helmet (with facemask) are needed. Bats and helmets will be provided for those who don't have them. Fielding masks are required for pitchers and encouraged for all other positions.