



Fall Softball Programs

Fall programs run from early September – late October. Fall program age groupings are based on grade level through Grade 6 and USA Softball age designation rules will apply for Grades 7 and older.

Grades K-2: Sandlot

Program description: Softball Sandlot is a fun, mixed age program meant to provide our younger and more inexperienced players with an opportunity to advance their skills during the fall. There are fun skills-and-drills activities as well as coach pitch scrimmages amongst the players.

Sessions: One weekday evening for 75-90 minutes.

Equipment Needed: A glove, bat, and helmet are needed. Balls will be provided. If the child doesn't have a helmet or bat, these can be loaned to you for the season.

Grades 3-4: Minors Softball

Program description: Minors Softball teams play in the recreational Metrowest Girls Softball League and introduces player pitching and catching, stolen bases, and three outs/inning. Emphasis is on fundamentals and increasing situational awareness. Coaches pitch when a batter has 3 balls. An 11" soft safety softball is used at this level.

Sessions: 1 game per week on Saturdays at 4:00 PM in Ashland or neighboring towns.

Equipment Needed: A glove, bat, and helmet (with facemask) are needed. Bats and helmets will be provided for those who don't have them. Fielding masks are required for pitchers and encouraged for all other positions.

Grades 5-6: Majors Softball

Program description: Majors Softball "Softball teams play in the recreational Metrowest Girls Softball League. This league is full player pitch using a 12" hard softball. At this level, most of the players have developed an understanding of the game and have several seasons of experience. Emphasis is on skill development/improvement, situational awareness, communication, and understanding the game.

Sessions: 1 game per week on Sundays at 1:00 PM in Ashland or neighboring towns.

Equipment Needed: A glove, bat, and helmet (with facemask) are needed. Bats and helmets will be provided for those who don't have them. Fielding masks are required for pitchers and encouraged for all other positions.

Grades 7-9: 14U Softball

Program description: 14U division of the Twin Valley Girls Softball League. Players who are age eligible for the 14U division for the following calendar year, based on USA Softball age designation rules (calendar based).

Sessions: 1 game on Sundays at 4:00 PM in Ashland or neighboring towns.