



How We Play A/Coach Pitch Baseball

1. Managers will employ a continuous batting order while on offense and allow players to play all positions on the field while on defense
 - a. It is recommended that coaches spread the players throughout the infield and have the players rotate through the 'positions' throughout the game
 - i. Use of the flat saucer cones can help with spacing the players throughout the infield and allow for easier rotation
 - ii. All players can be on the field. Coach pitch is not held to the traditional 9 positions on defense
2. Games scheduled for 2 hours or a maximum of 6 innings
 - a. No new inning should start after 1 hour and 45 minutes of play
 - i. 5:30pm start time, no new inning should start after 7:15pm
 - ii. 3:00pm start time, no new inning should start after 4:45pm
 - b. There is no traditional infield/outfield warm-up
 - c. Pre-game batting practice is not allowed
 - d. It is recommended that teams utilize the first 15 minutes to practice some skills development
 - i. Coaches may choose to schedule separate practice times but must do so through the A/Coach Pitch Level Coordinator to confirm field availability
 1. PLL only has field permits for certain locations and times. The level coordinator will be able to approve a practice request or suggest available times
 2. A/Coach Pitch teams may have to share a field to accommodate practice requests. It is expected that should teams need to share a practice time, they will split the time spent on the infield vs outfield equally
 - e. Scores are not kept and outs are not counted. Half innings end once the entire team has batted
 - f. There are no strikeouts
 - i. If a player is unable to hit a pitched ball after 4-5 swings, coach may utilize the tee to get a ball put in play
3. There is no on-deck batter
 - a. Fenced in areas May Not be used for an on-deck batter
 - b. Players may not leave the field to assume the on-deck position
 - c. The next batter should be ready with helmet on but may not pick up a bat until it is his/her turn to bat
4. All bats must be meet USA Baseball Bat standards and must have a USA Baseball sticker on the handle
 - a. Bat donuts are not permitted
 - b. Bats may not be altered in any way. Products such as, but not limited to,

- choke-knobs, choke-up assists or thumb protectors are considered alterations or modifications to the bat and are not permitted
5. Metal cleats are not allowed
 6. Other than Medical Alert Bracelets, jewelry of any kind is not allowed to be worn by any player during a game or practice
 7. Casts may not be worn during the game by players or coaches
 - a. Players or coaches wearing casts must remain in the dugout during the game
 8. Players must wear helmets when;
 - a. Batting in practice or games
 - b. Practice any form of batting, including, but not limited to, off a tee or soft toss
 - c. Running the base paths in games or practice
 - d. Serving as a base coach
 9. Batting helmets may not be altered in any fashion, including painting, stickers or decals
 10. No head first slides unless diving back to a bag
 11. Player Pitchers and Catchers
 - a. Games 4-10 Player Pitcher incorporation is highly suggested
 - i. There are no Strikeouts in A/Coach Pitch when an opposing Player Pitcher is utilized. If the batter swings and misses 3 times, a coach will assume the pitcher position and continue to pitch for the at-bat
 - ii. There are no walks in A/Coach Pitch. If the pitcher throws 4 non-strikes, the coach will assume the pitcher position and continue to pitch for the at-bat
 - iii. Pitchers may only hit 2 batters. On the third hit batter, that pitcher is no longer permitted to pitch for the remainder of the game
 - iv. Pitchers may only pitch up to 30 pitches per game and may pitch up to twice a week
 1. If a pitcher throws more than 20 pitches, they must be allowed one day of rest before being allowed to pitch again
 - b. Games 4-10 Catcher incorporation is highly suggested
 - i. When assuming the Catcher position, a player must be wearing all of the safety equipment
 1. Helmet
 2. Throat Guard
 3. Chest Protector
 4. Leg/Shin Guards
 5. Catchers mitt
 - a. First baseman's mitt or typical infield/outfield glove may not be worn by a catcher
 6. Male players must wear an athletic protective cup
 - a. Protective cup must be secured in sliding pants or with athletic strap
 - b. Protective cup can not be loosely tucked into pants
 12. There are no steals or advancement due to "errors." The offensive team will move around the base path one base at a time
 - a. There are no doubles or triples

NOTE: Peabody Little League playing rules and regulations may be more strict than Little League International Rules, but never more lax. All league coaches should review and understand the Peabody Little League Bylaws and the Little League International official rule book. In instances of rule questions and applications, please refer to the PLL Bylaws then the Little League International rule book.