2019 GROUP CATCHER'S LESSONS!!!







- ▶ Players 9 17 yrs. old //// BOYS & GIRLS 1-2 yr. experience
- BASEBALL groups and SOFTBALL groups
- Location: Sluggersville, 9490 Bluegrass Road, Philadelphia, PA 19114
- Groups are <u>limited to 4 players only</u> focus on Catching, Quickness and Strength

Individualized Teaching

- > Balanced / Athletic Stances Signs, No Runners On, Runners On
- Receiving quiet yet assertive designed to promote proper muscle memory
- Blocking developing quickness & technique
- Throwing footwork, transfer & arm stroke
- Retrieving loose ball bunts, passed balls, etc.
- Force Plays, Tag Plays, Double Plays

FORM YOUR OWN GROUPS

Cost is \$25/player/hour

SPECIAL: \$20/player/hour for January & February

Call or Email to schedule

215-518-5728 or Rksk5760@comcast.net

Ron Kaplan - College & High School Catching/Hitting Coach