



AMADOR YOUTH BASKETBALL 3-4 Boys, 3-4-5 Girls

1. Each game will be composed of four (4) ten-minute quarters.
2. The time for each quarter will be running clock. The clock will only stop for timeouts or at referee discretion.
3. Each team may use 2 timeouts per half, each one minute in length. There will be a 1-minute break between quarters and a 3-minute break for half.
4. There is no overtime period. A game can end at a tie.
5. Every attempt will be made to play all players equally. Every player **MUST** play a minimum of 20 minutes (unless more than 10 players on the team are present). Every player **MUST** sit out a minimum of 10 minutes (unless there are 6 or fewer players present).
6. Each team will be allowed 3 fouls per quarter. After the 3rd foul, 1 point and the ball will be awarded to the team for non-shooting fouls. Shooting fouls will be shot.
Free throw line is 10 feet. If fouls are flagrant, a referee can remove a player.
7. Defense: zone or man defense is allowed. No defense is allowed above the top of the key, in the frontcourt at any time.
8. Mercy Rule: Any player may play the first quarter. If any team is ahead by 10 points, the "best" player **MUST** sit out the 2nd and 4th quarter. Exception- player may play and not shoot the ball if officials and coaches agree.
9. Offense: Teams **MUST** make an attempt at shooting the basketball. No stalling allowed. A **technical foul** will be given to any team the official determines is stalling.
10. There will be no protest or discussion at the game site. The referees will make all decisions regarding the game at game time. Any protest **MUST** be taken up with *Amador Youth Basketball board members*.
11. Practices: Team practices are to be held only on Saturdays scheduled by the league.
No other team practices are allowed.
12. The league board, by majority vote, has the power to remove a coach, or deny attendance at league activities to any parent for the following reasons:
 - Disregard of league rules
 - Poor sportsmanship
 - Displaying lack of respect for players, officials, coaches or parents***Written notification will be given if and when a person is denied admission.***