



**2019**  
**Preseason Soccer Camp**  
**Aug 19-21 6-7pm**  
**\$20**

Please join us for the 8<sup>th</sup> annual pre-season soccer camp. The camp is a great way to prepare for the upcoming recreation season. Activities are designed for all skill levels and set in a positive, competitive & fun environment. All activities are directed by current Crush coaches and players.

**REGISTER ONLINE AT [OPELIKACRUSH.COM](http://OPELIKACRUSH.COM)**

**Monday August 19**

**Equipment pick up: Field #1 5:45-7:00**

Camp Check in will begin at 5:45 Campers will be given a camp T-Shirt at this time. There will be no contact from the recreation department or coach prior to this date. Following T-Shirt pick up Campers will be directed to their training session.

Parent participation is expected! We have found over the years the more parent participation the more engaged the youngest Campers remain. Parents please come dressed to participate.

**All Sessions will be on Field 1**

3&4-Year-old 6:00-6:45

5-10-Year-old 6:00=7:15

Each player should come to each session with

- Soccer ball
- Shin Guards – Worn inside sock!
- Water - Bottle labeled with name
- Dressed appropriately for the weather.
- Camp T-Shirt (provided at first session)

The focus of the Camp is to develop basic coordination and technical skills. The majority of each session all Campers will have a ball at their feet. All sessions will be directed by state licensed coaches with assistance from Club and High School Players.