

## **Coaching Education Offerings and Recommended Progressions**

NCYSA believes that continuing coaching education is a key component of a successful coach. Keeping current with the best practices in soccer coaching methods is an important element to enhance the players training and game experiences. NC Youth Soccer Coaching Education Program responsibility is to deliver US Soccer and USYSA coaching curriculum within NCYSA's framework to anyone wishing to learn more about coaching soccer. The courses are designed to address technical and tactical aspects of coaching. Successful coaches that attend will be equipped to compose a proper training session that is age appropriate. Through these courses (F and above) the coaches will be evaluated on their understanding of coaching through pre-course online modules and readings, combined with on-site lectures, discussions, and field sessions.

Another goal of the NC Youth Soccer Coaching Education Program is to prepare our coaches who wish to pursue advanced national licenses with the knowledge and skills necessary to be successful. Our focus is to ensure that those that wish to move up the coaching education ladder will have the tools to meet that goal. The following list comprises NCYSA's coaching course offerings:

**Youth I** – for coaches working with U6 – U8 players at the Recreation Level

**Youth II** – for coaches working with U10 – U12 players at the Recreation Level

**F Certificate** – for coaches working with U8 – U14 players at the Recreation & Challenge Levels; all coaches who wish to pursue the “E” License need to attend this course.

**E License** – for coaches working with U9 – U12 players at the Challenge & Classic Levels; need to have completed the “F” certificate before you can attend this course.

**D License** – for coaches working with U12 players or older at the Challenge & Classic Levels; prerequisite is the “E” License. No exceptions.

Other NC Youth Soccer Coaching Education offerings:

**Goalkeeper Certificate** – recommended for all coaches.

**TOPSoccer Certificate** – recommended for all coaches that will be working with the TOPSoccer athlete.

**National Youth License** – designed to provide club directors of coaching, youth coaches, and soccer administrators with the knowledge to successfully structure soccer environments for children ages 4-12.

**C, B & A License** – [US Soccer Coaching Education](#)

The following is the NC Youth Soccer Coaching Education recommended progressions for North Carolina's various levels:

