## COVID-19 Preparedness Plan for South Beaches Little League

SBLL is committed to providing a safe and healthy environment for all our players, coaches, and spectators. To ensure we have a safe and healthy environment, we have developed the following COVID-19 Preparedness Plan in response to the COVID-19 pandemic. Our goal is to mitigate the potential for transmission of COVID-19 at our fields, and that requires full cooperation from EVERYONE. Only through this cooperative effort can we establish and maintain the safety and health of our players and spectators.

## **Disclaimer**

No one is required to play. That decision and any associated risk/liability is solely on the parent and guardian for that child. While the SBLL Board of Directors will implement these safety guidelines to the best of our ability it is in no way, shape, or form a guarantee your child or a member of your family will not catch COVID-19.

Note: The Guidelines outlined by SBLL in this document may change at any time based on changes of guidelines from Federal, State, and Local governments and health officials.

## Those Exhibiting Signs and Symptoms of COVID-19

The first line of defense against this disease is YOU. We ask that ALL parents, players, and spectators to self-monitor for signs and symptoms of COVID-19. If you or your family have been in contact with someone who has tested positive for COVID-19 to quarantine for 14 days.

Please contact your Team Manager and/or a League Official so that we can determine if anybody else has been exposed. The League also strongly requests voluntary notification of ANY positive testing so that we can more effectively respond to and minimize the impact on other players and families.

If anybody in your family show any of the following symptoms, please stay home:

#### Some COVID-19 symptoms:

\* Cough \* Fever

\* Vomiting or Diarrhea

\* Chills

\* Tiredness

\* Difficulty breathing or shortness of breath

\* New loss of taste or smell

\* Headache

\* Muscle Pain

\* Sore Throat

Resource: https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html

Obviously, some of those symptoms could be the result of something other than COVID-19. However, what we are asking is that you err on the side of caution. If you or your child are sick in any manner or if they are "not feeling right", then stay home. Don't take the slightest risk of passing COVID-19 along, even if you are fairly sure it is not COVID-19. Some people may regard this as a private matter. They could not be more wrong. It is your absolute duty to notify your Team Manager or a League Official if there is the slightest suspicion of COVID-19 or exposure to it. Please consider this from other parents' point of view. If somebody else had COVID-19, you would want to know so that you can protect your own family. You owe that to everybody else.

### **General Procedures**

- Sanitizer Stations will be set up at the Concession Stand for games.
- Parents should still provide their players with their own sanitizers and/or antibacterial wipes as well
- All dugouts and bat racks will be provided with sanitizer before each game.
- Practices and games will be scheduled at least 30 minutes apart on the same field. This is to allow one group to leave prior to the arrival of the next group.
- Practice and Game time limits will be strictly enforced to allow for these safety procedures.
- All players MUST use their own equipment. Sharing of helmets, bats, or gloves are strictly prohibited. Shared catcher's equipment must be sanitized before and after each game and during the game if multiple players play this position.
- Players will spread out their equipment utilizing the space both inside and outside of the dugout. This is to make adequate room in the dugout to adhere to social distancing guidelines.
- If your player or a close family member is sick or experiencing any COVID-19 symptoms stay home and see a medical professional. Be courteous of the other parents and families and use common sense!
- Any player or coach that appears to be sick will be sent home.
- If your player or close family member has a chronic disease or is immunecompromised SBLL Board of Directors does NOT recommend that the player resume play this season. At a minimum you should consult your family doctor prior to resuming play.

## **Game Procedures**

- Game attendees should be limited to players, coaches, umpires, league officials, and immediate family members living in the same house ONLY.
- Each family should be spaced at least 6 feet apart from other families per CDC Social Distancing Guidelines.
- We encourage players to social distance while in the dugout. We may end up using the stands for overflow if needed.
- Umpires calling balls and strikes can do so from behind the catcher or from behind the mound.

- There will be no team coolers or snacks. Players MUST bring their own drinks and/or snacks. No distributing of snacks to players after the game.
- Sunflower seeds or other items that require spitting are strictly prohibited. Any player
  or coach who do so will be asked to leave.
- Players and coaches are encouraged to wear masks, but will NOT be required to do so.
- Instead of handshakes at the end of the game, teams will line up outside their respective dugouts and either wave or tip their cap.

Violations of any of these procedures from players, coaches, or spectators will cause ejection from the game site.

# Please limit your interactions while at the field! Thank you for your cooperation!