Shooting to Goal

**Purpose:** Working on shooting to the goal

**Organization**
1. Group #1 passes to group #2, group #2 passes the ball back
2. First player from group #1 runs out and strikes the ball into the goal
3. Player 1 from group #1 joins group #2, first player in group #2 joins group #3
4. The same happens with group #3 and #4
5. Group #3 passes to group #4
6. Group #4 lay the ball off, first player from group #3 runs in and strikes the ball
7. Player from group #3 who strikes the ball, then joins group #4
8. The player who passed the ball from group #4 then joins group #1

**Progression**
1. Change the balls to opposite side so that players are forced to use left foot and right

**Coaching Points**
1. Good passing (weight of pass)
2. Strike the ball with their laces
3. Angle of approach
4. Angle across the goal keeper