

## 8-U (Passers) & 10-U (Wings) SMALL-SIDED (7v7) BUILD-OUT AREA PLAYING RULES



The Build-Out Areas are located between the Offside Line (**Build-Out Line**) and the Goal Line bounded by the two Touchlines.

The Offside Lines (**Build-Out Lines**) are located equidistant between the Halfway Line and the top of the Penalty Area.

The opposing team must move outside the Build-Out Area:

- A. On all goal kicks;
- B. On any defensive free kick (DFK or IFK) taken from anywhere within the Build-Out Area (and players must also remain at least 8-yards from the ball);
- C. Whenever the goalkeepers gain possession of the ball with their hands during play.

The opposing team's players must remain outside the Build-Out Area until the ball is put back into play on all restarts taken within the Build-Out Area by the defending team.

The ball is in play:

- A. On goal kicks when the ball is kicked and clearly moves
- B. On all free kicks (DFK or IFK) taken from anywhere within the Build-Out Area when the ball is kicked and clearly moves.
- C. On goalkeeper possession when:
  - 1) The ball is placed on the ground **and** kicked; or
  - 2) The goalkeeper releases the ball by rolling it into play; or
  - 3) The goalkeeper releases the ball by throwing it into play
- D. **After releasing the ball into play, the goalkeeper within their own Penalty Area:**
  - 1) **In 10U / Wings may not touch the ball again with their hand(s) until it has been touched or played by another player.**
  - 2) **In 8U / Passers is allowed to touch the ball again with their hand(s) at any time.**

Goalkeepers are not allowed to punt or drop-kick the ball.

An Indirect Free Kick (IFK) is awarded to the opposing team at the spot of this infraction.

At any time, the defending team may put the ball back into play before their opponents have moved outside the Build-Out Area, but by doing so they accept the positioning of their opponents and the consequences of how play resumes.

Opponents who enter the Build-out Area before the ball is put back into play are guilty of encroachment. Play should be stopped and restarted with an Indirect Free Kick (IFK) at the spot of the encroachment.

In a 10-U (Wings) game attacking players are in an offside position only when they are in their opponent's Build-Out Area.

The area of the field between the two Offside Lines (**Build-Out Lines**) is an offside free zone, i.e., no offside offense can occur between the two Offside Lines (**Build-Out Lines**).

In an 8-U (Passers) game there is no offside.