



The Storm Watch

VOLUME 11 ISSUE 3

OCTOBER 06, 2014

Inside this issue

Soggy Start (cont.)2
 Fall Fun Day2
 3v3 & Toys for Tots Challenge ...3
 Meet the Board Member3
 2nd Annual Space Coast Cup ...4
 Meet the Coach4
 TOPSoccer/Buddy Walk5
 Winter Programs5

Board of Directors

- President: Jeff Leonard
- VP Mike McGonagle
- Treasurer: Brian Lundy
- Secretary: Kevin Murtha
- Directors:
 - Lisa Cerrato
 - Jeff Etrick
 - Ann Fuller
 - Toby Gutierrez
 - Rob Irons
 - Kevin Koegel
 - Mark Miller
 - Gran Roe
 - Steve Snow
 - Lew Storum
 - Nick Walker

Staff

- Director of Coaching: Scott Armstrong
- Director of Academy: Rob Dinnie
- Administrator: Marisa Whisel

Fall Season Off to a Soggy Start: What to Do?

Who can remember the last time we lost this many days to inclement weather and poor field conditions? We would probably have to go back to 2004 when at least we could blame it on a string of hurricanes. An unexpectedly soggy September resulted in numerous field closures throughout the central Florida region impacting countless games and even more practice sessions. We appreciate everyone's patience and flexibility. This is just the nature of, well, nature.



UI2 Academy girls managed to get in a game against Tavares in the pouring rain. (Jordan Spira in net)

So what can you do when the fields are inaccessible? Some of our coaches took advantage of providing classroom instruction on strategy or vied for time at the new indoor facility in West Melbourne.

Junior NPL Director of Coaching, Dean Flexton, provided some suggestions for activities players can do at home (space permitting) when unable to gather for a team practice.

1. **Juggle** a lot during these days off: both feet as well as all other relevant body parts. Players can test themselves by setting incremental goals or creating difficult tasks....headers only, include shoulders, different patterns, etc. (cont. page 2)

U14 Girls Earn Silver at ADIDAS Fall Classic

Coach Alyssa Esposito's U14 Girls slogged it out in the rain and muck over on the west coast of Florida the weekend of September 20th-21st at the ADIDAS Cup Fall Classic. The ladies placed second with three wins and a loss.

According to team manager, Susan Keldsen, they faced serious opposition and trying field conditions. "There was some great competition and in some areas on our last day, the water was ankle deep. But thank goodness we finally had some sun!"

The girls shredded tournament hosts West Florida Flames 7-0, and then lost to Maitland Zooms 1-4 on Saturday. Sunday, they blanked their opponents, beating Oldsmar SC 4-0 and Winter Haven Kicks 2-0.



Soggy Start: What to Do? (cont. from page 1)

2. Find a wall and practicing improving first touches. Play the ball against the wall with a fast pace. Control the return using both feet, not just the preferred foot.

3. Practice their ball manipulation in a relatively small space mastering tricks and maneuvers.



4. Work on core strength by constantly improving their push-ups, sit-ups, the plank, side plank, etc.

5. Pursue general fitness goals with running, repeated sprints, gym workouts, etc.

Using a little creativity, players can work on their own and continue to improve even without the benefit of team practice. Just don't sacrifice grandma's antique lamp in the process!

Here's hoping for a drier October and plenty of time to reschedule games before the season ends in November.

Trivia Question:

Who are the most capped players in the history of English football and U.S. national soccer?

(answer on page 4)

We're under a month away to our annual Fall festival celebrating another successful season of youth soccer. [Carol-Ann Zaroogian](#) always does such a phenomenal job coordinating the event for us. We know everyone will have a fabulous time and seriously hope the weather cooperates for a change!

The event doesn't happen magically though. Space Coast United and Carol-Ann need a great deal of help to ensure a fantastic event. Please visit [Volunteer Spot](#) to see how you can help make this Fall Fun Day the best yet.

This is also a great event to promote and sell products and services at our Vendor Showcase. Registration is open and the cost for a table is a very modest \$30. You can register on-line at the [Registration tab](#) on the club website.

We will also have a donation area for Goodwill. Just look for the Goodwill Flags when you arrive to drop off your donations.

**Viera Regional Park
Saturday,
November 1st
1:30—4:30 p.m.**

Fall Fun Day: Nov 1



**Have a product or service you'd like to promote?
Just \$30 for a table!**

**Vendor Booth Registration Open Now at
<http://bit.ly/1cpQEVm>**

Toys for Tots Challenge at Space Coast 3v3 Challenge

The 14th annual [Space Coast 3 v 3 Challenge](#), a one-day tournament, will be held **Saturday, December 6, 2014** at Viera Regional Park. It affords players an excellent opportunity to get some off-season touches on the ball or to prepare for the Disney 3v3 Soccer Championships as the top 4 teams in each Division qualify. This tournament is for ages U6 and above, and each team is guaranteed a minimum of four games. Early bird registration is just \$175 per team.



A U7 Space Coast 3 v 3 team is all smiles!

Our club utilizes almost every square inch of field space we have. If you have never participated or attended, you should come check it out. This is truly an amazing action-packed day of soccer fun and competition!

We will need volunteers to assist with team check-in, field set up, clean up, field marshals, etc. Sign up is now open at [Volunteer Spot](#).

We will again be an official [Toys for Tots](#) drop off point on the day of the tournament. We challenge all participating teams to donate at least one toy to support Toys for Tots. Anyone is welcome to stop by the tournament and drop off a donation. The toys will be distributed to children right here in our own community.

Meet the Board Member: Gran Roe

The Roe family joined the club in 2001, when our only fields were at Wickham Park. His oldest daughter, Annie, who is enjoying her senior year at Viera High, started playing when she was five. At that time, we didn't have the Minikickers program. Gran coached her for the next four years and Annie played until her junior year of high school. His younger daughter, Mollie, a freshman at Viera High, started when she was four in Minikickers. Gran was her coach for five years. Mollie has progressed through the club's program and is now playing on the U15 Girls Travel/NPL team.

After years of coaching and rooting on his daughters from the sidelines, Gran decided he "wanted to join the Board to help continue the growth of the club and to make it one of the best in the state." His primary role on the board is as the volunteer coordinator. As there are lots of ways parents can contribute to making our club great, with almost 14 years of experience as a parent, coach and now board member, Gran is well positioned to help anyone find ways to improve our club. "No amount of help someone can offer is too small," according to Roe. "And when you find a way to give even a little bit of your time or your talent to help an organization committed to developing your child, you'll be surprised by what you get back. Maybe it's the admiration of your son or daughter, maybe it's a connection you create with them because you're both part of the same club or maybe it's just the great feeling you get from knowing you've helped someone out or made something better."

Gran earned a Computer Science degree from the University of Central Florida and is currently an Engineering Manager at Harris Corporation where he has worked for almost 25 years. His wife, Cheryl, recently won the Parent of the Year award from FYSA. In addition to watching their daughters play soccer, they enjoy golf and traveling.



"No amount of help someone can offer is too small...you'll be surprised by what you get back."

Space Coast Cup Returning to Viera Regional Park in January

The 2nd Annual Space Coast Cup Tournament will be held over the Martin Luther King, Jr. holiday weekend, January 17-18, 2015 at Viera Regional Park. We're looking forward to an even bigger event than our inaugural tournament this past January.

The tournament is open to Boys and Girls U9-U19 Recreational, Academy, and Competitive teams. Group stage games will be played on Saturday and Sunday morning with the Finals taking place Sunday afternoon. [Registration](#) is open now and closes at midnight on January 05, 2015.



The Inaugural Space Coast Cup in 2014 saw some bitterly cold weather!

2015
SpaceCoast
CUP
JANUARY 17 - 18 VIERA, FL

For the event to be a successful one, we will need help. Volunteer opportunities are already up at [Volunteer Spot](#). It's a great way to contribute service hours to the club and enjoy watching great soccer without having to endure the brutal summer heat and humidity.

Trivia Answer:

If you said Cobi Jones and Peter Shilton, take a look at the question again.

The correct answer is

*Fara Williams
(England 130)*

*Kristine Lilly
(U.S.A. 352)*



Meet the Coach: Ryan Moon

Coach Moon is the head coach of our U17 Select Boys team. He is also the Florida Tech Men's Assistant Coach. The Panthers are enjoying an 8-1-2 record, including pre-season friendlies, and appear to be in good hands with Ryan on Coach Chan's staff. Ryan played for the Panthers, graduating from Florida Tech with a degree in Business Administration.

Ryan has USSF B and C and FA Level 2 coaching licenses. Team Manager, Pete Larson, told us, "Moonie relates to the boys very well, and they like him a lot. He works them hard and keeps them on their toes, but they really appreciate it. We are all looking forward to the season!"

Did you know? Coach Moon is married to Teresa Brantley, coach of our Space Coast U14 NPL Girls.

TOPSoccer Participating in 2014 Buddy Walk

Our TOPSoccer buddies, past and present, are encouraged to join program coordinator, Jennifer Neighbor, in Cocoa Village on **Saturday, October 25th** for the 2014 Brevard Buddy Walk. This event is sponsored by [Families Exploring Down Syndrome of Brevard](#) and is open to the public.

We will have soccer balls with us at Cocoa Village Riverfront Park. After the walk, we hope to engage kids in soccer, introduce them to the TOPSoccer concept, and increase registration in our award winning program. Increased enrollment means we will need more buddies. Teens should make sure they have submitted their [application](#) sooner rather than later!

So what do TOPSoccer Buddies do?

Buddies come dressed to work out and wear sneakers or cleats as they will be running around. They should arrive at least 15 minutes before a session to help set up the obstacle courses and plan to stay a few minutes after the session to help clean up. They greet their player and parents as soon as they see them. Buddies stay with their player at all times until the parent takes the player home. Buddies are responsible for their player's safety and keep them away from the street, waterways, or any other potential danger. Their job is to help the player focused on the task given, and if unsuccessful engage the player in a new task as the same task might not work for all players at the same time. TOPSoccer coaches are always available to help the buddies.

But most of all, Buddies can have a great deal of fun and learn a lot about themselves in the process.

**BREVARD BUDDY WALK
2014**



**NATIONAL DOWN SYNDROME SOCIETY
BUDDY WALK**

SATURDAY, OCTOBER 25TH
9:00 A.M. - 1:00 P.M.
Cocoa Village Riverfront Park



Sponsored by Families Exploring Down Syndrome of Brevard, Inc.

Register online today by visiting our website at www.fedsobrevard.org

Winter Programming is Coming!

We know it may be hard to believe given the cancellations and postponements this fall, but we do have a winter break between seasons looming on the horizon.

WINTER STRIKING & FINISHING CAMP

December 20th, 21st, and 22nd

9:00a.m.—12:00 p.m.

Crescino Fields, Indian Harbour Beach

Ages 7 & UP \$69

Mini-Camp 4-6 YRS \$50

4V4 STREET SOCCER

January 24th and 31st, February 7th, 14th, and 21st

Viera Regional Park

9:00AM-10:00AM



Because of the consistent weather disruptions to the fall season, we are offering 4 V 4 street soccer free of cost to current members. We just ask they wear their hoop shirt when they come to play.

New members will pay \$10 per session or \$45 for the season. Registration will be open on the club website soon!



P.O. Box 410301
Melbourne, FL 32941

Phone: 321-541-0445

Email: info@spacecoastsoccer.org

Website: www.spacecoastsoccer.org



follow us on

twitter



Established in 1984, Space Coast United Soccer Club is a non-profit run by volunteers dedicated to families who wish to enjoy the sport of soccer and to provide opportunities to play at all levels from ages three to eighteen with the highest quality of programs available in the State of Florida. Our efforts and energies are directed to the following objectives:

- We strive to develop players at all levels of play – recreational and competitive – by building and improving their skills, confidence, fitness, initiative and a sense of teamwork.
- We are committed to developing coaches and referees to the highest level through a quality instructional, licensing and mentoring program.
- We aim to ensure all of our players' personal goals are met whether they be enjoying recreational soccer, playing on an elite or premier competitive team, playing on your high school team, playing in college, or on a U.S. National team someday.
- We promote and encourage high standards of sportsmanship and fair play and strive to ensure all players are doing it "For the love of the Game!"

Our Programs

Micro/Mini-Kickers
Ages 3-5

Youth Development and Academy
Ages 4-11

Competitive: Select/NPL
Ages 9-19

Recreational
Ages 13-18

Goalkeeper Academy
Ages 9-19

TOPSoccer
Ages 4-19

Youth Soccer Websites

[Florida Youth Soccer Association](#)

[National Premier Leagues](#)

[US Youth Soccer](#)

[Brevard Youth Soccer League](#)

[Greater Central Florida Youth Soccer League](#)



Thank you Dr. Dominguez
for your support!
(and for getting a couple of our U14 Boys
fit and back on the pitch.)