### Shenandoah Valley United (SVU)

# Fall 2019 Challenge Program Overview



### **Fall 2019 Challenge Calendar**

- Tue, Aug 20 / Wed, Aug 21 **Classroom Sessions for Players & Coaches** Horizon's Edge (u7u8 5pm, u9u10 6pm) (attend at your regular training day/time)
- Wed, Aug 28 Coach Education Session Smithland (u7u8 5pm, u9u10 6pm) (players needed we'll send out a sign-up sheet)
- Tue, Sep 3 / Wed, Sep 4 Training Week 1
- Sat, Sep 7 **Match Day 1** Smithland (Sat Match Schedules TBD)
- Sat, Oct 5 u9u10 Scrimmage Fest in Lynchburg (optional)
- Sat, Nov 2 Final Match Day Smithland
- Sat, Nov 9 Make-Up Match Date Smithland

### Fall 2019 Training Schedule (as you registered)

- Coed u7u8 Tue Smithland 5-6pm
- Coed u7u8 Wed Smithland 5-6pm
- Boys u9u10 Tue Smithland 6-7pm
- Boys u9u10 Wed Smithland 6-7pm
- Girls u9u10 Tue Smithland 6-7pm
- Optional Goalkeeper Training Thu, Sep 12-Oct 17 (6 dates) Smithland (u7u8 5-6pm, u9u10 6-7pm)
- Optional Striker Training Thu, Sep 12-Oct 17 (6 dates) Smithland (u7u8 5-6pm, u9u10 6-7pm)
- Register for Striker/Goalkeeper Training

#### Fall 2019 Match Schedule (tentative – will depend on final Rec registration ending Aug 23)

- Coed u7u8 12-1:30pm (includes 30min pre-match, 1hr match)
- Coed u9u10 1:30-3:00pm (includes 30min pre-match, 1hr match)
- Girls u9u10 TBD based on final numbers

#### **Equipment Needed** (for Training & Matches)

- Rec Uniform (White Jersey, Blue Jersey, Blue Shorts, Blue Socks)
- Shin Guards, Water Bottle
- Properly-Inflated Soccer Ball (u7u8 Size 3, u9u10 Size 4)

### **Challenge Coaching Model**

- 2 Volunteer Parent Coaches (with soccer playing/coaching experience) per team
- 1 SVU Staff Coach per team for Trainings and Matches
- Parent Coaches need to volunteer via their Blue Sombrero Account, and then complete the Challenge Coach Application (see link below)

## **Challenge Program Coaching Application**

https://forms.gle/ZTQiqNgmt6rE1hQ7A