



## **Alpharetta Ambush Soccer Club Rules**

### **U8 Jr. Academy and Rec**

- Roster Size, Field Size, Goal Size – determined by the Club within governing body specifications.
- Players on field: 5 v 5 including the goalkeepers.
- The U8 age group divided into separate leagues for boys and girls but may be Coed.
- Ball Size: 4
- Coaches and players cards are not required.
- Game Duration: 4 quarters, 12 minutes each. Quarter breaks 2 minutes. Half time 5 minutes.
- Substitution: At any stoppage, referees' discretion.
- Coaches may not enter the field of play unless beckoned on by the referee to tend to injured players. Exception: U8 Jr. Academy do allow coaches on the playing surface for tactical and teaching reasons.
- All players must play 50% of each half/game.
- Intentional heading is not allowed. Violation results in indirect free kick.
- No scorekeeping.
- No offside.
- No slide-tackling.
- All free kicks are direct.
- Penalty kicks are utilized for fouls inside the penalty area.
- Throw-ins will be utilized to restart play when the ball goes over touchlines.
- Goal Kicks: placed on ground no more than approximately 3 yards from the goal. Opponents must be at midfield at time of kick. Defending players may pass the midfield line once the ball has been touched by the player taking the goal kick.
- When the goalkeeper has the ball in hand, the opponents must retreat behind the midfield line. Failure to do this will result in a direct free kick.
- Corner kicks will be utilized.
- One referee will officiate the games.

- Build out line – When the GK has the ball in hand or a goal kick, opponents must back up behind the halfway line and stay there until the ball is put in play. Failure to do so will result in an indirect kick at the spot where the opponent pressured or got involved in the play.