



AYSO REGION 106

REGIONAL GUIDELINES

2025-2026



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I. Purpose

AYSO Region 106 is governed by AYSO National Regulations. Regional operations are described in the AYSO Standard Regional Policies & Protocols (P&P), The Region 106 Addendum to the P&P, and the best practices described in Chapter 8 of the AYSO Reference Book. These Guidelines are intended to augment the P&P with details specific to Region 106. To the extent that these Guidelines conflict with or are in contradiction to any of the above documents, the above documents shall prevail over these Guidelines.

All the documents referenced above shall be made available to participating members of Region 106 through the Region website: www.aysol106.org.

II. Management of the Region

A. Regional Board

1. AYSO Region 106 is managed by the Regional Board. The seven mandatory board positions specified in the P&P (Regional Commissioner, Regional Treasurer, Regional Risk Manager/Safety Director, Regional Coach Administrator, Regional Referee Administrator, Regional Registrar) are referred to as Managing Board Members. All other positions, specified in the Region 106 Addendum to the P&P, are referred to as Board Members.
2. Unless specified as a non-voting position, all board members have equal voting rights.
3. A quorum of at least four of the Managing Board Members is necessary to hold an official board meeting, or for a vote to be binding.
4. Managing board members are expected to attend all monthly board meetings. Other board members are encouraged to attend all meetings, but are expected to attend at least those meeting with agenda items pertaining to their role.
5. See Appendix B for a description of board positions.

B. Registration Fees & Refunds

1. For the fall core program and the spring rec program, the registration fee for each player participant shall be fixed annually by the regional board. The fee for season shall be available on www.aysol106.org. Such fee may be waived in whole or in part with respect to any participant at the discretion of the Regional Commissioner if in its judgment the requirement of such fee would create a hardship for such participant or his or her family.
2. Any such fee shall be refunded in the case of any participant who withdraws under the conditions specified in Appendix C: Player Drop Form.
3. Any funds collected through fund raising for a team are property of the team and are not subject to a refund.
4. Exceptions to this policy will be at the sole discretion of the Regional Commissioner.
5. Scholarships: AYSO Region 106 is a non-profit organization and as such, it is important that fees be collected for every player participating in the Region. There are instances in which a player's financial situation may prevent an individual from participating. In these instances, players may apply for a full or partial scholarship. Player scholarships will be available on a



limited basis. Applicants will be required to fill out a Region 106 Scholarship application and show proof of financial need as designated on the Scholarship Application. The decision to approve the application will be made by the Regional Commissioner in conjunction with the Regional Registrar, Regional Treasurer and Assistant Regional Commissioner. The names of individuals receiving scholarships will not be divulged. Families participating in the Player Scholarship Program will be required to work a minimum of 20 hours of volunteer work per child receiving a scholarship.

C. Length of Season and Cancellation of Games

The season shall be of such duration as determined by the regional board and as set forth in the Regional Calendar, available on www.ayso106.org. Inclement weather, poor field conditions, or other unplanned situations may necessitate from time to time the canceling of games. Any such cancellation will be made at the discretion of the RC or the safety director as early as practicable before game time. Once the game begins, only the referee in charge may suspend or cancel the game for just cause.

D. Protests

No protest of games shall be permitted. However, coaches are encouraged to file with the referee administrator a written report within 48 hours after a game of any misapplication of the basic rules by a referee, excluding judgment calls, and, if, after investigation by the referee administrator found that a rule was misapplied, such referee shall be so informed in order to ensure that no further misapplication occurs.

E. Conduct During Games

1. The highest standards of conduct and good sportsmanship must be maintained at all times. Abusive or foul language is forbidden.
2. All participants must wear the official uniform provided at all times and dress in them in a neat, clean manner. The use of shin guards is required at all practices and games.
3. Coaches are expected to be positive and set the best possible example for the participants. Excessive coaching from the sidelines shall not be permitted, and the function of the coach should be to provide encouragement and a positive direction.
4. The coach may enter the field of play only with the consent of the referee and may coach only within 10 yards in each direction from the half-way line of the field, and in no event in either of the penalty areas or from behind the goals.
 - a) Exception: In division U05/U06, one coach from each team will be allowed on the field of play. Coaches and spectators are not allowed to coach from behind the end line and/or goal.
5. Spectators at games must remain behind the spectator control line (three yards from the sideline) and between the penalty areas and their vocal efforts should be limited to positive compliments to the participants. Under no circumstances should they attempt to coach or address remarks derogatory to players or the referee.
6. The use of alcohol or tobacco products in the vicinity of the playing field during practices or games is strictly forbidden.



7. At the end of the game, the players on each team shall line up and shake hands with the players of the opposing team and thank the referee and linesmen.
8. Discipline shall be up to the referee at each game, and the referee shall have the power and authority to discipline and eject players and dismiss coaches (including spectators, in the case of outside interference) from the playing area if their conduct violates these Guidelines or otherwise interferes with the course of play. No appeal of disciplinary action taken by a referee shall be allowed.
9. A player who is sent off “red card” or cautioned “yellow card” may be subject to additional disciplinary action (e.g. parent conferences, game suspensions, expulsions) upon thorough review of the incident following the procedures outlined in the AYSO Dispute Resolution process.
10. A coach who is sent off or cautioned may be subject to additional disciplinary action (e.g. parent conferences, game suspensions, expulsions) upon thorough review of the incident following the procedures outlined in the AYSO Dispute Resolution process.
11. Coaches that manage more than one team, must serve his/her suspension with the team for which he/she was originally disciplined. Coaches who are suspended during the last match of the season will serve their suspension at their next scheduled AYSO match.

F. Parental Participation

Each parent who has a player in the region shall be strongly encouraged to volunteer his or her services in some way. The region shall not reduce or eliminate the player fee based upon voluntary work done by a participant's parents or guardians and shall not charge an additional fee to those parents of players who do not volunteer their services.

G. Facilities

It shall be the responsibility of the both Teams for the first game each day to set up the goal posts and nets and the both Teams for the last game of each day to take down the goal posts and nets. Each field shall be lined under the direction of the RC and/or the Director of Fields, and each group of fields shall be provided with a first aid kit. No trash should be left at the facility. Parking shall be limited to those areas designated at the fields.

H. Sponsors

The region encourages local businesses and individuals to support its program. Suitable recognition shall be given to them. Contributions must be made to the region rather than to a particular team. All such contributions are considered charitable contributions and are deductible for U.S. tax purposes, subject to the applicable limitations in the Internal Revenue Code.

I. Equipment

The region shall supply each player with a shirt with the original AYSO logo properly affixed thereto and, if possible, a pair of socks, and shorts. The complete uniform (shirt, shorts, and socks) provided by Region 106 is defined as the official uniform. Each player is expected to provide his/her own appropriate footwear and shin guards.



No alterations in design are to be made to the player's uniform. No names, logos, stencils, embroidery will be allowed. Players will not be allowed to play in an altered uniform. The cost to remove or replace altered uniforms will be the responsibility of the players' parents/guardians.

III. Fall Core Program

A. Divisions

The Boys and Girls program shall be divided into the following divisions:

- Under 19 years of age (U19)
- Under 16 years of age (U16)
- Under 14 years of age (U14)
- Under 12 years of age (U12)
- Under 10 years of age (U10)
- Under 8 years of age (U08)
- Under 6 years of age (U05/U06)
- Under 5 years of age (U05)

The effective date of age determination shall be calendar year or the registrant's age as of December 31 in the same year as the end of AYSO competition and end of Membership Year in accordance with US Soccer Player Development Initiatives mandates.

B. Volunteer Roles & Requirements

1. Region 106 recognizes the following volunteer roles: coach, assistant coach, team parent/manager, referee, board member, and other (any volunteer role involving interaction with the children of the Region). Any member of the Region who interacts with children of the Region (aside from their own children) must be designated as at least one of these roles. A volunteer may hold multiple roles.
2. REQUIREMENTS OF ALL VOLUNTEERS: All of the above volunteer roles must satisfy the following requirements:
 - a) Must be a registered and accepted volunteer for the current season.
 - b) Must have completed current Safe Haven training.
 - c) Must have completed current concussion training.
3. REQUIREMENTS FOR COACHES AND ASSISTANT COACHES: In addition to the requirements for all volunteers, coaches and assistant coaches must have completed age-appropriate coach training.
4. REQUIREMENTS FOR REFEREES: In addition to the requirements for all volunteers, referees must have completed Regional Referee training (or higher).
5. ADDITIONAL VOLUNTEERS: The use of additional volunteers to help the coach or assistant coach during practices or games is permissible, subject to the following conditions:



- a) Volunteer must satisfy the requirements of “ALL VOLUNTEERS” listed above. If the volunteer does not already have a recognized role, they should register as “other” volunteer.
 - b) Additional volunteers may not run a practice or game; only volunteers with age-appropriate coach training may do that. Otherwise, the additional volunteer may only help in practices or games when the coach or assistant coach is present.
 - c) Additional volunteers may not coach during a game (i.e. give instructions).
 - d) Any volunteer acting in a “trainer” capacity (e.g. goalkeeper trainer) must have completed age-appropriate coach training.
6. No volunteers or any other adults may participate in scrimmages with the children.
 7. All volunteers associated with a team must be listed on the team roster. At all team events (practices, games, parties, etc.) the coach, assistant coach, and/or team parent must have a copy of the team roster – including team volunteers - available for inspection by a board member upon request. This roster will serve as evidence that team volunteers have satisfied the requirements of this section.

C. Selection of Coaches

1. Coaching is a privilege. To be considered as a head coach, candidates meet all the coach requirements specified in section III.B
2. Coach selection decisions are made by the coach selection committee. The coach selection committee consists of the Regional Commissioner, CVPA, Coach Administrator, Girls’ Commissioner, and Boys’ Commissioner, U8 and Below Girls’ Coordinator (U8 and below only), U8 and Below Boys’ Coordinator (U8 and below only) and the Referee Administrator. At least half the committee must be present during the selection process.
3. In the event that there are more eligible coaches than teams in a division, the committee will select based on which candidates, in the judgment of the committee, best embody and employ the AYSO Philosophies of Everyone Plays, Good Sportsmanship, Positive Coaching, and Player Development.
4. The coach selection committee shall present the list of candidate coaches to the board for review and comment prior to coach selection meeting; however, the coach selection committee is empowered to make the final decision.
5. The above procedures do not preclude an individual from coaching more than one team during the regular season. However, this should only be done when there are not enough qualified candidates to support the coaching needs of one of the divisions in which the individual wishes to coach.

D. Selection of Assistant Coaches

1. Coaches may select their assistant coach; however, assistant coaches must satisfy the requirements specified above and must be approved by the coach selection committee.

E. Player Selection

1. Divisions U19, U16, U14, U12 and U10 teams will be chosen via an open draft using the



following procedures:

- Players will be posted along with their performance rating. Players moving up a division will have their performance rating dropped one (1) point.
- Coaches will draw numbers determining the order of the draft and team number for scheduling purposes
- Starting with position one (1) Coach will pick one (1) player. Each coach will draft players in the order team numbers. The Coach with the highest team number will pick two (2) players. The draft will continue back down (Reverse Order) the line of coaches until the coach of team number one (1) chooses two (2) players and the process continues. The draft is concluded when all the players have been chosen or each team has the maximum number of players allowed.
- A coach's child will be protected until he or she is amongst the highest rated players posted and had not been passed over by said coach. Example: If a coaches child is rated 5.0 and the parent/coach by-passes him or her for a player of equal or lesser rating, said player is no longer protected. A Coach must have the first opportunity to pick his child.
- Players clipped together will be marked accordingly. The highest rated player will go first and the remaining player will be the first player distributed to that team when the distribution reaches the rating level of the remaining player. Coach's children cannot be clipped with other players

2. U08 Teams will be chosen using via blind draft using the following procedures:

- Players will be posted along with their performance rating
- The Registrar will use **SportsConnect** to design teams using the following criteria:
- Players will be organized in two groups. First year division players and second year division players. Each group will be sorted first by rating and next by years of experience.
- Starting with team number one (1) second year division players will be distributed according to their rating first and those of equal rating will be assigned based on the player's years of experience.
- The players will be in team number order, the highest team number receiving two (2) players and the order of distribution reversing. When the distribution reaches team number one (1) two (2) players will be assigned and the order will reverse. This process continues until all second-year division players have been distributed.
- After the first group of players is distributed, the second group consisting of first year division players will be distributed.
- After the **SportsConnect** system assigns the teams the Registrar will insure that each team has been assigned a Coaches child. If a team does not have a Coach's child assigned to it, a Coach's child will be moved from a team with more than one Coach's child and swapped with a player of like rating and experience.
- Players clipped together will be marked accordingly. These players will be moved in the same manner as the Coach's child.

3. U05/U06 teams will be chosen using via blind draft using the following procedures:

- The Registrar will randomly assign players.
- Any changes to teams selected in conjunction of the above procedures will be accomplished



prior to final assignment of teams. In divisions that involve children of the board members responsible for adjusting teams, the board member(s) will excuse themselves from the balancing process.

4. Once teams are formed, no transfer of any player from one team to another may be made without the approval of the coaches of both teams involved, the RC and the parent or guardian of the player.

F. Rating of Players

1. Region 106 rates players on a scale of one (1) to ten (10), ten (10) being highest. Players may be rated as a whole number or, when necessary, a percentage ending in .50. The sole purpose of rating players is to provide as accurate a means as possible of balancing future teams. It is important that coaches be aware of the abilities of as many divisional players as possible, in order to accurately rate players
2. Each player moving up a division will have their performance rating reduced by one (1) point. This is done in order to help balance the teams.
3. In the event a players rating is highly inaccurate, the Regional Commissioner, Assistant Regional Commissioner, Coach Administrator, Boy's Commissioner & Girl's Commissioner will have final authority to change any ratings.
4. There will be a mandatory rating night that all head coaches must attend (or send a delegate qualified and knowledgeable enough to rate players). Failure to attend will result in disciplinary action, including possibly negatively impacting future coach selection decisions.

G. Team Referee Responsibilities

It is imperative that AYSO Region 106 have enough referee volunteers to provide multiple officials for each game.

1. Team Referee Requirement

Each team is required to provide three Referees. The team's referees must consist of volunteers associated with the team. Associated volunteers are family members directly related to the players and/or coaches of the team.

Referees are required to complete, at a minimum, the Regional Referee Class, sign up for games at least one week in advance and to be at the selected game at least 15 minutes prior to the start of the match.

2. Referee Scheduling

Referees are to sign up using the scheduling systems/processes provided by The Region.

Referees are to attempt to officiate games outside of the flight or division in which they coach and or in which their children participate. For example, a Referee Associated with a U10 Boys team, should attempt to officiate outside of the U10 Boys Division, or outside of their teams flight in the instance there are two flights within the U10 Boys Division,



3. Referee Point System

Teams will be awarded Referee Points each time one of their associated Referees or Assistant Referees officiates a game and properly fills out the game card.

Referee points shall be accumulated throughout the year in the following manner:

Center Referee:

- Under 8 – Under 14 - 2 Points earned for each match officiated
- Under 16 & Under 19 - 3 Points earned for each match officiated

Assistant Referee (Linesperson):

- Under 8 – Under 14 - 1 Points earned for each match officiated
- Under 16 & Under 19 - 2 Points earned for each match officiated

Points will only be assigned to only to Teams for which the referees are associated. Referees who do not have a player playing within the region may designate up to two teams at the beginning of the season that their points may go to.

Referees are not allowed to sign up to referee matches in which a team they represent is participating. Referee points will not be awarded to referees who sign up for matches involving a team which they represent.

In the event a scheduled referee fails to show up to officiate a match and there are no other non-affiliated referees available, upon agreement of the two coaches, a certified referee representing a team participating in the match may officiate, as either a center or assistant referee. In this situation, the affiliated, certified referee will be eligible to receive referee points. The referee must wear official referee gear while officiating the match.

A team will be allowed to earn no more than seven (7) referee points per week. However, refereeing beyond the maximum points allowed is encouraged.

Earned points will be tracked and posted each week.

Notes:

For Referee Point Requirements associated with competition please see section 6. Competition
For Referee Point Requirements associated with Player's Cup Participation please see Article 8. Player's Cup.

H. Competition (10U and up only)

1. Four (4) teams per division shall constitute the minimum required for Regional league competition.
2. Regional league champions shall be determined on the basis of one of the following:



- a) Single season – overall record
 - b) Split Season - two (2) halves with the winner of each half, if different team, playing one (1) game to determine regional champions. (if two teams eligible for area playoff both first place teams will attend)
 - c) Split League Interlocking - Two (2) winners, one from each league, will play one (1) game playoff to determine Regional Champions. (if two teams are eligible for area playoff both first place teams will attend)
3. The above will be determined by the Regional Commissioner prior to the start of the season.
 4. Standings will be determined based on the following point system:
 5. Win = two (2) points Tie = one (1) point Loss = zero (0) point
 6. Teams failing to earn a minimum of sixteen (16) Referee Points for the season will have one (1) point deducted from their team standings for each point they are short.
 7. In the event two or more teams in the same league finish the season with an identical record (same number of points) the following tiebreakers will be implemented:
 - a) Player's Cup Eligibility
 - b) Regular season head to head play. (the outcome involving the tied teams)
 - c) Regular season goal differential (goals scored less goals allowed – with a maximum of three (3) per game.)
 - d) Sportsmanship points (Total sportsmanship points for the season, minus 2 points per yellow card, minus 5 points per red card).
 - e) Post season playoff game(s) between the tied teams. The game duration and play format shall be the same as in regular season play, except that if regular time ends in a tie, kicks from the penalty mark will be used to determine the winner.
 8. The Regional Commissioner, or delegate, shall schedule the dates and times of any post-season playoff games.
 9. If three or more teams are still tied after the review of all tiebreakers, playoff game(s) will be held utilizing the 10 point system.
 - Win = six (6) points
 - Tie = three (3) points
 - Loss = zero (0) points
 - Goals = one (1) point for each goal (3 maximum)
 - Shutout = one (1) point
 10. In the unlikely event of a further tie, use post season head to head play, goal differential and lowest goals scored.

I. Area Playoffs

1. Area may accept one or more teams in each division for Area Playoffs.
2. It is a privilege to represent Region 106 at Area Playoffs. Therefore, any team or sideline with a pattern of bad behavior or bad sportsmanship will not be considered for Area Playoffs.



3. For players to be eligible for Area Playoffs, their families must have satisfied their parent participation hours. Only teams able field the minimum number of players for their division shall be considered for Area Playoffs.
4. If the winner of Players Cup & regular season champion are different, and they both have sufficient eligible players, then they will play each other in a playoff game. The winner of that game will be first in line for Area Playoffs. The other will be second in line.
5. Otherwise, teams will be selected based on regular season standings.

J. Practice

1. All players are required to wear shin guards and cleats or proper footwear in order to participate in a practice session.
2. Practice space is limited; therefore coaches must be considerate of other teams needs. Teams may practice at any permitted field with the following restrictions:
 - a) No practice prior to 5:00 PM
 - b) Divisions U19 & U16 must practice no earlier than 6:30 PM
3. In the event it becomes necessary, practice space will be assigned by the Director of Fields and/or the Assistant Regional Commissioner.
4. If you are asked to move by a park or school official, move without complaint.
5. PRACTICE SPACE IS **NOT** TO BE RESERVED MORE THAN 15 MINUTES PRIOR TO THE START OF PRACTICE.

K. Players Cup

1. **PURPOSE:** Players Cup is post-season tournament that is a reward to all fall season teams in divisions U10-U14 that helped the region by contributing twenty-five referee points or more throughout the regular season. (For additional information on referee points, see Section E above).
2. **MINIMUM DIVISION SIZE:** A minimum of three teams must qualify within a division in order for that division to hold a Players Cup Tournament. For divisions with fewer than three qualifying teams, the Regional Commissioner will determine an appropriate alternative reward for the qualifying teams.
3. **AWARDS:** Each player participating in the Players Cup Tournament will receive a medal. The types of medals distributed (Champion, Runner-up, Third Place, Fourth Place, Participant, etc.) will vary division to division depending on the number of teams competing, and will be determined by the Awards and Recognition Coordinator.
4. **FORMAT:** The format of the tournament will depend on the number of teams in each division and will be announced prior to the tournament.
5. **POINT SYSTEM:** The point system used for pool play is at the discretion of the tournament director, and will be announced prior to the tournament. For consistency, the suggested point system for pool play is as follows:



- Win = six (6) points
 - Tie = three (3) points
 - Loss = zero (0) points
 - One (1) point will be awarded for each goal scored. (up to a maximum of three (3) per game)
 - One (1) point will be awarded for a shutout (a 0-0 tie shall be considered a shut-out for each team)
 - Two (2) points per game will be deducted for a red card received by a player or the dismissal of a coach from the match.
6. REFEREE ASSIGNMENTS: Teams participating in Players Cup are required to referee tournament games. The tournament staff will create and announce referee assignments prior to the tournament. Every effort will be made to avoid schedule conflicts between referee assignments and team games.
7. RULES: Unless otherwise stated in the tournament description, all regular season division rules (e.g. substitutions, number of players, game durations) apply to tournament games.

L. 8U Friendship Cup

Similar to the Players Cup, the U8 Friendship Cup is a reward for teams who have helped the region by contributing twenty-five referee points or more throughout the fall season. The U8 Friendship Cup works just like the Players Cup (see above section), with the exception that standings are not kept (thus there is no point system).

M. 5U thru 6U Friendship Tournament

After completion of the fall season, the Region will host a Friendship Tournament for U05 and U06 teams. Each player participating in the Tournament will receive a medal. All U05 and U06 teams are eligible to participate.

N. Parental Participation

1. AYSO Region 106 is a volunteer organization. Each Coach, Referee, Team Parent & Board Member gives their time to ensure the Region has a solid foundation. In order to ensure the Region is able to provide the very best youth sports environment and keep registration costs at a minimum, each player's family is encouraged to participate in the functioning of the region by completing a minimum of three hours parental participation per season per registered player in the family.
2. Parent Participation opportunities will be made available throughout the season and will be assigned on a first come first serve basis.
3. Parent Participation opportunities and fulfillment will be tracked throughout the season.
4. The following volunteer roles are considered to have satisfied the parent participation requirement for all children in the family: coach, assistant coach, referee, team parent, board member. For the purpose of parent participation hours, each team is allowed only one coach, assistant coach, and team parent. To qualify for this credit, the volunteer must have completed all the requirements specified in section B.2, and must be added to the team roster by the



registrar.

5. Players of families who fail to fulfill the parent participant requirements will not be eligible for the following secondary season programs; All-Stars, Area Playoffs & Spring Select.
6. Families unable to fulfill their Parent Participation Requirement due to league or organization restrictions will be exempt from penalty upon review by CVPA and Regional Commissioner.

IV. All-Star Program

Region 106 participates in the All-Star program within divisions U14, U12 and U10. Each division will provide one team for participation in Area, Section and Tri-Section All-Star playoffs.

A. Selection of Players

1. “All-Star” caliber players are those players who have shown an exceptional ability for the game, have provided positive leadership amongst their peers and consistently displayed a good attitude towards coaches, referees, team-mates and opponents.
2. All-Star players are selected from those players that participated in the preceding core program fall season in Region 106. Players will be selected in the following manner:
3. In Divisions U14, the top ten (10) rated players in the division will automatically be selected as All- Star players. The All-Star Coach will then be able to choose up to the next five (5) All-Star players. If one of the top ten (10) players is unable or chooses not to participate in the All-Star program, the All-Star coach may choose any other divisional player to fill the vacated spot. Each team must carry the maximum number of players allowed, for their division, by Area Z. Final Rosters are due 10 days prior to the Area All-Star Tournament.
4. In Division U12, the top eight (8) rated players in the division will automatically be selected as All- Star players. The All-Star Coach will then be able to choose up to the next four (4) All-Star players. If one of the top eight (8) players is unable or chooses not to participate in the All-Star program, the All-Star coach may choose any other divisional player to fill the vacated spot. Each team must carry the maximum number of players allowed, for their division, by Area Z. Final Rosters are due 10 days prior to the Area All-Star Tournament.
5. In Division U10, the top six (6) rated players in the division will automatically be selected as All- Star players. The All-Star Coach will then be able to choose up to the next four (4) All-Star players. If one of the top six (6) players is unable or chooses not to participate in the All-Star program, the All- Star coach may choose any other divisional player to fill the vacated spot. Each team must carry the maximum number of players allowed, for their division, by Area Z. Final Rosters are due 10 days prior to the Area All-Star Tournament.
6. In the event that there are more than ten (10) players in Division U14, more than (8) players in Division U12, or more than six (6) players in Division U10 that fall in the top ratings band, the All- Star Coach will be allowed to choose which players within the last of the top rating bands will fill out the first ten (U14), or eight (U12), or six (U10) All Star Spots.



- a) Example: If U12 Boys has two players rated 9.5, three players rated 9 and five players rated 8.5, the players rated 9.5 & 9 must be asked. At a minimum, three of the players in the 8.5 rating band must be invited to play All-Stars.
7. The All-Star Team shall be selected and notified at least two weeks prior to the last game of the season.

B. Selection of Coaches

1. It is a privilege to coach an AYSO team and an honor to be selected as an All-Star Coach.
2. All-Star Coaches will be selected by a committee consisting of the Regional Commissioner, CVPA, Boys' Commissioner, Girls' Commissioner, Spring Select Coordinator, Coach Administrator and Referee Administrator. A minimum of five committee members must be present during the selection process. Coaches will be selected based on the following criteria:
 - An All-Star coach must have completed the basic requirements of a regular season coach, as specified in Section III.B.
 - An All-Star coach must have coached a team in Region 106 during the preceding fall season.
 - Coaches with higher coach certifications, and coaches who coached in the same division during the regular season will be given priority.
3. A candidate for All-Star Coach will be deemed ineligible if they are ejected from more than one game during the regular season, consistently cannot control their sideline, consistently displays poor sportsmanship towards players and or referees, or otherwise fails to live up to the AYSO Philosophies.
4. The All-Star Coaches will be selected and notified by the Coach Administrator at least two weeks prior to the last game of the regular fall season.

C. Practice

1. All-Star practice will be considered secondary to regular season team practice.

D. Expectations of the Coaches

1. All Star coaches are expected to represent AYSO Region 106 in the best light at all AYSO functions.
2. Coaches refusing to follow the All-Star and AYSO guidelines may be removed from this coaching assignment. Removal may affect future coaching requests.

V. Spring Select Program (8U to 14U)

A. Selection of Players

1. Spring Select players are selected from those players who participated in the preceding core fall season in Region 106.
2. On Ratings night during fall season each coach will provide a list of players that have expressed an interest in participating in the Spring Select Season.
3. In those divisions that are able to support more than one team, multiple Spring Select teams will



be allowed. The number of Spring Select teams for each division should be based on 25% of the Fall Season team count for that division

4. If more than one team is created from a given division a player draft will be held. The following draft procedures will be utilized:
 - a) Each Spring Select Coach will be able to protect up to six (6) players off of his/her regular season team. If the coach chooses an assistant coach from another team he/she may protect the assistant coach's child. However, if an assistant coach's child from another regular season team is protected, the Spring Select coach may only protect five (5) players from his/her regular season team. All Spring Select Assistant Coaches must meet the Spring Select Coach requirements and must be approved by the Spring Select Coach Selection Committee prior to the draft.
 - b) Each Coach will attend a draft meeting and the remainder of their Spring Select team will be selected via an open draft. The Coach with the larger number of protected players will not have an opportunity to draft additional players until all teams have an equal number of players. At that point the draft will begin in the same manner that Division U14 & U12 regular season draft.
5. After the draft is complete, the selected coach will fill his/her roster using the following priority system:
 - a) The coach will call all of the players on the list of players he/she drafted until the roster is complete (NO EXCEPTIONS).
 - b) The minimum number of players on the Spring Select roster is equal to one less than the Area Z maximum in divisions U8-U14.
 - c) If after calling all the players on their drafted list a coach cannot complete their roster, the coach may consider player not drafted by other coaches or drafted but not utilized by other spring coaches.
 - d) Coaches calling players on another teams draft list must have the permission of the other coach and the spring coordinator.
6. Any player may decline an offer from a coach to participate. Once a player declines, that player may not then accept an offer from another coach and may not participate in any Area Spring Select games and the Area Spring Select Tournament. Players can be utilized by any Spring Select team for up to two (2) tournaments, excluding the home hosted tournament.
 - a) The Coach must provide a list of the players who declined to the Spring Coordinator and the Boys/Girls Commissioners
7. NOTE: After drafting teams, the coaches may only hold the players they have drafted until the initial Spring Select Rosters are completed.

B. Selection of Coaches

1. It is a privilege to coach an A.Y.S.O. team and an honor to be selected as a Spring Select Coach.
2. Spring Select Coaches will be selected by a committee consisting of the Regional Commissioner, CVPA, Boys' Commissioner, Under 8 & Below Boys' Coordinator (Under 8



only), Girls' Commissioner, Under 8 & Below Girls' Coordinator (Under 8 only), Spring Select Coordinator, Regional Referee Administrator and the Coach Administrator. A minimum of five committee members must be present during the selection process. Coaches will be selected based on the following criteria:

- A Spring Select coach must have completed the basic requirements of a regular season coach, as specified in Section III.B.
 - A Spring Select coach must have coached a team in Region 106 during the preceding fall season.
 - Coaches with higher coach certifications, and coaches who coached in the same division during the regular season will be given priority.
3. A candidate for Spring Select Coach will be deemed ineligible if they are ejected from more than one game during the regular season, consistently cannot control their sideline, consistently displays poor sportsmanship towards players and or referees, or otherwise fails to live up to the AYSO Philosophies.
 4. The Spring Select Coaches will be selected and notified by the Coach Administrator at least two weeks prior to the last game of the regular fall season.

C. Practice

1. Spring Select practice will be considered secondary to regular season & All-Star team practices.

D. Expectations of the Coaches

1. All Spring Select coaches are expected to represent AYSO Region 106 in the best light at all AYSO functions.
2. Coaches who do not follow the Spring Select and AYSO guidelines may be removed from this coaching assignment. Removal may affect future coaching requests

VI. Upper Division Spring Season – (16U/19U)

The Spring Season for Upper Division teams (16U/19U) is a primary program under the jurisdiction of AYSO Section 11

A. Player Eligibility/Selection of Players

- 1: It is a privilege to play Upper Division Spring Season. Therefore, any player with a pattern of bad behavior or bad sportsmanship will not be considered for Spring Select.
- 2: Players must have registered in the AYSO National Office Player Database.
- 3: Players may be simultaneously enrolled and participate on an AYSO EXTRA, AYSO United or other club teams
- 4: Younger players may “play up” but older players are not allowed to “play down.”
- 5: Enrollment for these divisions can be opened for players who did not play in the preceding Fall season. Region 106 has adopted to allow a Spring team in the upper divisions so long as **85%** of the players on the team participated in the preceding Fall season and completed volunteer hours, in accordance to Region 106 guidelines.



B. Coach Eligibility

1: It is a privilege to coach an A.Y.S.O. team and an honor to be selected as an Upper Division Spring Season Coach.

2. Upper Division Spring Season Coaches will be selected by a committee consisting of the Regional Commissioner, CVPA, Boys' Commissioner, Under 8 & Below Boys' Coordinator (Under 8 only), Girls' Commissioner, Under 8 & Below Girls' Coordinator (Under 8 only), Spring Select Coordinator, Regional Referee Administrator and the Coach Administrator. A minimum of five committee members must be present during the selection process. Coaches will be selected based on the following criteria:

- An Upper Division Spring Season Coach must have completed the basic requirements of a regular season coach, as specified in Section III.B.
- An Upper Division Spring Season Coach must have coached a team in Region 106 during the preceding fall season.
- Coaches with higher coach certifications, and coaches who coached in the same division during the regular season will be given priority.

3. A candidate for Upper Division Spring Season Coach will be deemed ineligible if they are ejected from more than one game during the regular season, consistently cannot control their sideline, consistently displays poor sportsmanship towards players and or referees, or otherwise fails to live up to the AYSO Philosophies.

4. The Upper Division Spring Season Coach will be selected and notified by the Coach Administrator at least two weeks prior to the last game of the regular fall season

C. Coach Expectations

1. All Upper Division Spring Season Coaches are expected to represent AYSO Region 106 in the best light at all AYSO functions.

2. Coaches who do not follow the Upper Division Spring Season and AYSO guidelines may be removed from this coaching assignment. Removal may affect future coaching requests.

3. Coaches will need to ensure there is sufficient referee support for their Regional home game responsibilities.

4: Coaches must have their Coach ID visible at all times to confirm their volunteer status. Coaches must also have with them any player IDs, team roster, medical release forms and any other documents or items designated by the Section guidelines.

VII. Spring Rec Program

A. General Rules, Divisions, and Formats

1. The Spring Rec program generally follows the same rules and guidelines as the Fall Core Program. However, the Spring Rec Planning Committee - consisting of the Regional Commissioner, Spring Rec Coordinator, Registrar, and Coach Administrator - shall have the



authority to tailor the league format, game rules, and player selection approach (examples: number of players per team, age groups, method of selection) to accommodate the typically smaller number of players.

2. All modification to the normal core rules shall be made available to participating members at www.ayso106.org.
3. Spring Rec has no standings and no post-season.

VIII. Extra Program

AYSO Region 106 participates in the AYSO EXTRA program, and complies with the AYSO EXTRA Rules & Regulations, and the Section Rules & Regulations regarding EXTRA. In addition, the below procedures apply to Region 106.

A. Coach Selection

1. Qualifications
 - a) Coach candidates must meet the requirements set out in the AYSO EXTRA Rules & Regulations, and in Section III. B above.
 - b) Coach candidates must have all required certifications at the time they submit their application.
 - c) In addition, a coach candidate must be a certified referee.
2. Coach candidates must attend an EXTRA Coach interest meeting.
 - a) This meeting shall be posted on www.ayso106.org
 - b) An email shall be sent out informing prospective coaches of the meeting
 - c) If interested, candidates will fill out an EXTRA Coach application at this meeting
3. Coaches will be selected by a committee comprised of the Regional Commissioner, EXTRA Coordinator, CVPA, Spring Coordinator, Coach Administrator, and Referee Administrator. At least four of the committee members must be present during the selection process.

B. Assistant Coach Selection

1. Assistant coaches have the same qualification requirements as head coaches (see Section A above).
2. The head coach selects an assistant coach. The selection must then be approved by the EXTRA Coordinator and two other members of the EXTRA coach selection committee.

IX. Special Topics

A. Designated Funds

1. The Regional Board of AYSO Region 106 hereby establishes a "Fields and Long-Term Investment" fund (as allowed in Article 8.4). The purpose of the fund is to supply money for non-routine expenditures that would serve the long-term interests of the Region. Expenditures could include, but would not be limited to:



- Acquisition of long-term agreements for the use of practice and game field space
 - Non-routine equipment replacement
 - Public Relations and Community outreach, including donations and special events, to improve the Region's relationship with our community partners
 - Establish an annual Region 106 College Scholarship, based on college scholarship guidelines.
 - Funding or subsidizing of Regional team trips to Area/Section/National games
 - Other expenditures that have long-term benefit to the Region. Expenditures should be no less than \$1000.
2. Individual expenditures will be proposed to the Regional Board or a committee created by the board for that purpose. All expenditures and/or contractual agreements must be approved by a 2/3 majority of the Regional Board.
 3. At the time of adoption of this section, the "Fields and Long-Term Investment" fund shall supersede the "Lighting" fund. All money previously in the "Lighting" fund shall be transferred to the "Fields and Long-Term Investment" fund.



Appendix A: List of Regional Board Members

The best way to get a hold of a board member is via email. Please put AYSO 106 in the subject line of your email.

We are looking for qualified, energetic candidates to fill our vacant Board positions.

If you are interested, please send an email to Jeremy Jones, Regional Commissioner, at

rc@ayso106.org.

Board Position	Name	Email
Regional Commissioner	Jeremy Jones	rc@ayso106.org
Regional Registrar	Melissa Watson	registrar@ayso106.org
Regional Treasurer	Sandra Heib	treasurer@ayso106.org
Child & Volunteer Protection Advocate	Kari Hamachi	cvpa@ayso106.org
Safety Director	Jeff DeSeriore	safety@ayso106.org
Referee Administrator	Luis Bejar	ra@ayso106.org
Coach Administrator	Ken Seeley	coach@ayso106.org
Assistant Regional Commissioner	Kari Hamachi	assistantrc@ayso106.org
Boys' Commissioner	Salvador Anaya	boyscommissioner@ayso106.org
Girls' Commissioner	Jesse Alvarado	girlscommissioner@ayso106.org
Regional Secretary	Melissa Watson	secretary@ayso106.org
Regional Team Parent	Melissa Watson (acting)	teamparent@ayso106.org
Director of Fields		fields@ayso106.org
Equipment Director	Chris Heib	communication@ayso106.org
Sponsorship Chairperson	Mike Kebelbeck	sponsorship@ayso106.org
Spring Coordinator		spring@ayso106.org
Communications Coordinator		communication@ayso106.org
Webmaster	Lexie Butner	webmaster@ayso106.org
Social Media	Jeanette Lopez	socialmedia@ayso106.org
Playground Coordinator	Anthony Tanaka	playground@ayso106.org
EXTRA Coordinator	Jesus Chavez	extra@ayso106.org
Regional Statistician	Rob Pettit	stats@ayso106.org



Awards & Recognition Coordinator	Alejandro Rodarte	trophiesandmedals@ayso106.org
Uniform Coordinator	Luis Juarez	uniforms@ayso106.org
Parent Participation Coordinator	Vacant	participate@ayso106.org



Appendix B: Regional Board Position Descriptions

Descriptions of the seven managing board positions can be found in the National governing documents.

Assistant Regional Commissioner

The Assistant RC shall assist the RC in fulfilling his/her duties and, in his/her absence, shall perform the duties of the RC. The Assistant Regional Commissioner shall also conduct Team balancing, Regional and Secondary Program Drafts, oversee ratings of players and coordinate Volunteer Training.

Boy's Commissioner

The Boy's Commissioner is responsible for recruiting, recommending and securing an adequate number of qualified coaches, conducting ratings, and informing Coaches and Divisional Coordinators of changes, i.e. schedules, etc.. He/She shall also receive and resolve divisional (Boys) complaints and help select the Spring Select/All Star Coaches.

Girl's Commissioner

The Girl's Commissioner is responsible for recruiting, recommending and securing an adequate number of qualified coaches, conducting ratings, and informing Coaches and Divisional Coordinators of changes, i.e. schedules, etc.. He/She shall also receive and resolve divisional (Girls) complaints and help select the Spring Select/All Star Coaches.

Regional Secretary

The Regional Secretary shall take minutes at all meetings of the regional board and general meetings of the region and shall be charged with sending out all general correspondence and notices for the region. The secretary shall ensure that these Regional Guidelines are reviewed annually and copies are made available to all its members.

Regional Team Parent

The Regional Team Parent assures all information is distributed to team parents for all teams, maintains an updated list of all team parents. The Regional Team Parents responsibilities also include organizing the Banner Contest, obtaining and presenting bids for fund-raiser and coordinating fund-raiser with teams via team parents.

Director of Fields

The Director of Fields shall be responsible for maintaining the playing fields. He/she shall ensure that goal-posts and corner flags are provided for each game, that they are put up before the first game of any day and taken down after the end of the last game of such day and properly secured at all times. He/she shall also ensure that the fields are properly lined. The Director of Fields will work with the Parent Participation Coordinator to secure volunteers to mark and maintain the fields throughout the year.

Equipment Director:

The Equipment Director shall be responsible for managing and maintaining the equipment belonging to AYSO Region 106. Equipment will be audited no less than once each calendar year. He/she shall ensure that all equipment is accounted for and in good working order. The Equipment Director will work with the Director of Fields to ensure that goal-posts and corner flags are distributed to the appropriate fields.

Sponsorship Chairperson



The sponsor coordinator shall be responsible for the obtaining of sponsors for regional events and the proper acknowledgment of such support.

Awards/Recognition Coordinator

The Awards/Recognition Coordinator responsibilities include obtaining trophy bids for presentation to the Regional Board & coordinating the delivery of trophies on closing day. The Awards/Recognition Coordinator is also responsible for coordinating the annual recognition of regional volunteers.

Spring Season Coordinator

The Spring Season Coordinator is responsible for managing both the Spring Select and Spring Recreational Programs. He/She shall help select Spring and All-Star Coaches, manage draft for spring select teams, help coordinate spring team involvement in the Fox & Hare Tournament, Assign field coordinators for spring. Additional responsibilities include obtaining coaches for Spring Rec., collecting team rosters, insuring player eligibility, interfacing with Area Staff and distributing game schedules.

Publicity/Communications Director

The Publicity/Communications Director is responsible for disbursing Regional information to the general public via newspaper, flyers, the Regional Web site, etc. He/She is also responsible for preparing and distributing a newsletter to the Regional Membership, forwarding weekly results and divisional standings to the Press Telegram for publication.

Regional Statistician

The Regional Statistician is responsible for the development and distribution of game schedules prior to the start of each season and collecting and posting of game results. Duties include collecting Game Cards at the conclusion of matches and determining standings in the following categories: Referee Points, Sportsmanship points and League Standings. The Regional Statistician will coordinate with the Publicity/Communications Director to insure standings are posted on the web, the newspaper and the field the following week. The Regional Statistician shall notify the appropriate Regional Board Members of any incidents (red card/yellow card/ejections) reported on the game cards.

Uniform Coordinator

The Uniform Coordinator is responsible for obtaining and presenting bids for uniforms to the Regional Board and coordinating the distribution of uniforms to the teams. Responsibilities also include coordinating the uniform needs of the All-Star & Spring Recreation Programs.

Parent Participation Coordinator

The Parent Participation Coordinator is responsible for ensuring the improvement of Parental Participation within the Region. Responsibilities include coordinating participation opportunities with other Board Members and providing volunteer opportunities at Player Registration, meetings, opening day and via postings on the web.



Appendix B: Registration Fee Refund Policy & Player Drop Form

B. Registration Fee Refund Policy

Any player registered for regular fall season or spring rec season may receive a refund, subject to the following conditions:

- Any player who withdraws prior to July 15th for fall season (March 1st for spring rec) or the day teams are formed (whichever comes first) is entitled to a full refund of the registration fee, less the cost of the AYSO National Registration Fee (\$17.50 for the 2017-2018 Season). To receive a refund the player/parent must submit the below Player Drop Form.
- Any player who withdraws prior on or after July 15th for fall season (March 1st for spring rec) or the day teams are formed (whichever comes first) and prior to opening day or the first game (whichever comes first) is entitled to a 50% refund, less the cost of the AYSO National Registration Fee (\$17.50 for the 2017-2018 Season). The cost of the uniform will also be deducted from any refund unless the uniform is returned unused. To receive a refund the player/parent must submit the below Player Drop Form.

Any player who withdraws on or after Opening Day or the first game of the season (whichever comes first) shall not be eligible for a refund.

Any funds collected through fund raising for a team are property of the team and are not subject to a refund.

Exceptions to this policy will be at the sole discretion of the Regional Commissioner.

C. Procedure:

1. **Parent:** The parent/guardian requesting the drop must obtain this Player Drop Form, complete the "Parent" section below, sign and have the coach sign. The form can be obtained from the AYSO Region 106 website. (Prior to being assigned to a team, Parent must forward the completed form to the Regional Registrar. (see address below).
2. **Registrar:** The Registrar will notify the league Treasurer of the amount of the refund and where to send the refund. The Regional Commissioner will be notified of every player drop.



Appendix B: AYSO Region 106 Player Drop Form

Parent must complete and sign the parent section, have the coach fill out and sign the coach section, then email to registrar@ayso106.org or send to: AYSO REGION 106 P.O. BOX 310, LAKEWOOD, CA 90714

Refund/Drop Schedule

Refund Amount	Fall Core Season Drop form must be received before...	Spring Rec Season
Full refund minus \$17.50 national fee	July 15 prior to start of season, or the day teams are formed, whichever comes first.	March 1 prior to start of season, or the day teams are formed, whichever comes first.
50% refund minus \$17.50 national fee minus cost of uniform (unless uniform is returned unused)	Opening day or the date of the first game, whichever comes first.	The date of the first game.
No refund given for withdrawals on or after Opening Day or the date of the first game, whichever comes first.		

PARENT (please fill out information requested below & sign)

Player's Name: _____

Address: _____ City/Zip: _____

Player's Date of Birth: _____

Date of Drop: _____ Parent's Name: _____

Phone #: _____ Player Gender: _____

I am requesting that the player named above be dropped from further participation in AYSO and a refund be issued in accordance with AYSO Region 106's "Registration Fee Refund Policy & Player Drop Form."

Signature (parent or guardian) _____

Date: _____

Reason for Drop: _____

COACH (please fill out information requested below & sign)

Coach's Name: _____ Division/Team# _____

Uniform Returned: _____ Attended any Practices?: _____ Attended any Games?: _____

Coach's Signature: _____ Date: _____

REGION 106 USE ONLY

Refund issued: Yes / No Check #: _____ Date Check Mailed: _____ Check #: _____

Amount \$: _____