



AYSO Region 120 - Costa Mesa EXTRA Coach Application



Circle EXTRA Division Choice

9U Girls
(1AUG2017-31JUL2018)

10U Girls
(1AUG2016-31JUL2017)

11U Girls
(1AUG2015-31JUL2016)

12U Girls
(1AUG2014-31JUL2015)

13U Girls
(1AUG2013-31JUL2014)

14U Girls
(21AUG2012-1JUL2013)

9U Boys
(1AUG2017-31JUL2018)

10U Boys
(1AUG2016-31JUL2017)

11U Boys
(1AUG2015-31JUL2016)

12U Boys
(1AUG2014-31JUL2015)

13U Boys
(1AUG2013-31JUL2014)

14U Boys
(1AUG2012-31JUL2013)

Coach Name: _____

Address: _____

Phone: _____ Email: _____

AYSO References:

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

AYSO Qualifications:

Years as Head Coach : _____ Highest Division Coached: _____

AYSO Referee Badge: _____ Highest Coach Certification: _____

Years All Star Coach: _____ # Years Extra Coach: _____

How often did you use ProTouch Trainers this past season: _____

Other Coaching Experience, Training, Championships or Awards:

Please continue and Complete the EXTRA Coach Commitment Agreement. The EXTRA Coach Application and EXTRA Coach Commitment Agreement must be returned to the EXTRA Division Coordinator no later than Saturday, June 20, 2026

Please return to the Extra Coordinator - Stephanie Raymond stephanie.c@ayso120.org



AYSO Region 120 EXTRA Coach Commitment Agreement



As part of AYSO Region 120's commitment to excellence, we require that all of our EXTRA coaches make the following commitment to its players, parents and AYSO.

- _____ Int I recognize the substantial time commitment and responsibilities associated with being selected as an EXTRA Coach and agree to commit the necessary time for practices and games during the season.
- _____ Int I recognize that AYSO Region 120 EXTRA teams represent both our Region and the Costa Mesa community, and should I be selected as a Coach, I commit to conduct myself positively at all times, incorporating the basic philosophies of the AYSO organization in order to insure that my actions reflect positively on AYSO, the Region and our community.
- _____ Int I further understand that the selection process for Coaches is both objective and subjective, and that Coaches are chosen based on a variety of experience and other factors.

I recognize my responsibility to provide instruction and guidance which channels the individual efforts of players and parents into an extraordinary team experience. To achieve the goal of building a competitive and cohesive team, I promise the following:

- _____ Int 1. To plan and supervise training sessions that are both fun and instructional.
- _____ Int 2. To apply the AYSO Philosophies and the Rules and Regulations of AYSO and Region 120.
- _____ Int 3. To motivate and teach using P.I.E: Positive, Instructional, Encouraging.
- _____ Int 4. To treat players and parent/guardian(s) with respect and conduct myself in a professional manner at all times.
- _____ Int 5. To communicate to players and parent/guardian(s) the players assets and deficits along with my plans to improve those assets and deficits.
- _____ Int 6. To remember that it's just kids playing a game.
- _____ Int 7. To attend all practices, games and meetings. If a conflict arises, I insure that a suitable substitute has been arranged for and properly briefed.
- _____ Int 8. To insure that players wear their uniforms in a proper and complete fashion. Socks should be pulled up and jerseys tucked in whenever in uniform, not just during the game.
- _____ Int 9. I agree not to use or permit foul language or abusive conduct.
- _____ Int 10. I agree not to smoke or permit others to smoke in the presence of the players
- _____ Int 11. I agree not to consume alcoholic beverages in the presence of players.
- _____ Int 12. To follow AYSO equipment use policies: Goals, nets and flags are not to be left unsecured or unsupervised. If there is no other AYSO coach to take over responsibility for AYSO equipment that equipment will put away and secured.
- _____ Int 13. To follow AYSO field usage policies: All practices must be held on an approved field. Coaches are expected to cooperate in the use of field facilities and limit practice space when space is limited by the number of teams. Full field scrimmages must be approved in advance and not done at the expense of other AYSO teams who share the same fields. All teams are responsible for cleaning up after practices or games and for returning all equipment to its proper place. All coaches are asked to help in monitoring the activities that take place at the fields, and to assist in keeping fields clean, safe and secure.
- _____ Int 14. I understand that by accepting the position as an EXTRA coach for AYSO Region 120, I agree not to become involved in promoting, organizing, transferring or registering players from my team (other than my own child) to another youth soccer organization outside of AYSO without the approval of the Region120 Board of Directors.
- _____ Int 15. It is understood that AYSO is a volunteer organization and does not condone or approve of the use of paid trainers or coaches .
- _____ Int 16. It is understood that AYSO is a Volunteer organization and I agree to obtain the assistance from the parent/guardian(s) on my team. It is understood that parent/guardian(s) of EXTRA players take an active role in our activities not only in the EXTRA program, but also the AYSO Fall Recreation Program, which is the heart of the AYSO program.
- _____ Int 17. I agree that every coach, parent/guardian and player has the responsibility to be an ambassador of not only of Costa Mesa Region120, but also of the City of Costa Mesa and all of AYSO.
- _____ Int 18. I have read and agree to follow Costa Mesa Region 120's Sportsmanship Policy19. I understand the Region 120 EXTRA Coach commitment and agree to abide by it.
- _____ Int 19. I also understand that my team will help with the McMillan and the Costa Mesa Classic tournaments as requested by the tournament director.

Signature: _____ **Date:** _____

Please Return Completed Application To The Extra Coordinator - Stephanie Raymond stephanie.c@ayso120.org