



WE ARE AYSO



Ladera Ranch AYSO Region 1455

***MEET YOUR COACH DAY
AUGUST 8TH, 2015***



***Welcome to the 16th year of AYSO
in Ladera Ranch***



MEET YOUR COACH AGENDA

- **WHY AYSO?**

- Getting the info!
- Division Rules
- Code of Conduct
- Concussions
- Parents Responsibility to the Team
- Meet your Coach and Team



Why AYSO?

AYSO's Mission:

Develop and deliver quality youth soccer programs which promote a fun, family environment based on AYSO's Six Philosophies.

AYSO 6 Philosophies

- Good Sportsmanship
- Open Registration
- Balanced Teams
- Everyone Plays®
- Positive Coaching
- Player Development



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U6 Rules

- Size 3 ball.
- Shin guards **MUST** be worn **UNDER** the socks.
- **Soccer Cleats** need to be double knotted. No football or baseball cleats.
- All Jewelry **MUST** be removed including earrings. However Medic ID bracelets are allowed if covered by tape.



U6 Rules (cont')

- Two 15 min halves (no quarters), substitutions about mid way through half.
- No Goalies – “GO to the ball, not the Goal”.
- No Dogs on the Field!
- No pushing, biting, punching, kicking, screaming, foul language. (this applies to the kids as well).
- We will teach Throw-ins (1 redo, no turnovers), Goal kicks & Corner kicks



U6 Rules (cont')

- 2 Coaches on the field for the first 5 games.
- 0 Coaches last 5 games.
- Coaches are the Refs. (If you have Refs or Youth Refs, use them!)
- 5 v 5, 6 to 8 member teams.



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Code of Conduct

- My Child is here because they want to be.
- I will learn the rules of the game and the policies of the league.
- **I will encourage my child to always play by the rules.**
- I will help my child work toward skill improvement and good sportsmanship in every game. My child will be a winner even in defeat.



Code of Conduct (cont')

- I will NOT ridicule or yell at my child for making a mistake or for losing a game.
- **I will remain 3 yards behind the touch line, never enter the field of play and never stand behind the goal during play.**
- I will set a good example. Children learn best by example.



Code of Conduct (cont')

- I will applaud good plays by my team AND by members of the opposing team.
- **I will never publicly question the referee's judgment and honesty. The decisions of the referee regarding facts of play are final.**
- I will recognize the value and importance of volunteer coaches, referees and officials and give them their due respect. Without them there would be no AYSO soccer.



Code of Conduct (cont')

- I will support all efforts to remove verbal and physical abuse from youth sporting activities.
- **I will demand a sports environment that is free from drugs, tobacco and alcohol, and I will refrain from their use at any AYSO game and/or practice where children are present.**



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Concussions

AYSO's Official Policy:

- Concussions are a serious medical emergency and should be taken seriously.
- **REMEMBER** soccer is a CONTACT SPORT without pads. Player contact should be expected.
- For more info visit AYSO.org & lookup Concussions.



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Parents Responsibility

Additional Team Volunteers needed to make season Successful

- Field Setup must be performed and maintained by all teams. No goals, flags, etc., means no game.
- Team Manager (aka Team Mom).
- Team Sponsor (Responsible for Banner).
- Team Regional Volunteer (Responsible for volunteering at official Regional events).



FINAL NOTES

1. Practices Start the week 8/17.
2. Team Parent Meeting: Thursday 9/3, Oak Knoll Clubhouse 6:30pm
3. First game: Saturday 9/12
4. Picture day: Sunday 9/20, Chaparral Park



FINAL NOTES (cont')



5. Fall Region Night w/ The LA Galaxy

- Team or Family Event
- L.A. Galaxy vs Portland Timbers
- See Gerrard and dos Santos live!
- Sunday, October 18, 2015 @ 4:00 pm
- \$20 per ticket, Sideline East seats
- On field Experiences



Q&A

1 or 2 questions, we will be around to answer more questions.



How to get to your Coach

1. Use the left doors, walk around the building to the Lunch Tables



2. Look for the box with your team number on it.

3. When you're done, please exit through the Vendors.



Have a Great Fall Season!



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