



WE ARE AYSO



Ladera Ranch AYSO Region 1455

***MEET YOUR COACH DAY
AUGUST 8TH, 2015***



***Welcome to the 16th year of AYSO
in Ladera Ranch***



MEET YOUR COACH AGENDA

•WHY AYSO?

- Getting the info!
- Division Rules
- Code of Conduct
- Concussions
- Parents Responsibility to the Team
- Meet your Coach and Team



Why AYSO?

AYSO's Mission:

Develop and deliver quality youth soccer programs which promote a fun, family environment based on AYSO's Six Philosophies.

AYSO 6 Philosophies

- Good Sportsmanship
- Open Registration
- Balanced Teams
- Everyone Plays®
- Positive Coaching
- Player Development



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U12 Rules

- Size 4 ball.
- Shin guards **MUST** be worn **UNDER** the socks.
- Soccer Cleats** need to be double knotted. No football or baseball cleats.
- All Jewelry **MUST** be removed including earrings. However Medic ID bracelets are allowed if covered by tape.



U12 Rules (cont')

- Two 30 min halves, substitutions every 15 mins.
- Full FIFA rules.
- Yellow & Red Cards will be used
- No Dogs on the Field!



U12 Rules (cont')

- Each Team needs to have 3-4 Refs and a Ref coordinator.
- Referees do not sign up for their own games – must be signed up by 9pm Thursday before the game or game is cancelled.
- 11 v 11, 14 member teams (15 max)



U12 Rules (cont')

- No pushing, biting, punching, kicking, screaming, foul language. (this applies to the kids as well).
- At this age you should expect some bumping and physical contact.
- Slide tackling is allowed if done legally
- Heading is allowed.



U12 Rules (cont')

- Parents cheer – Coaches coach. (Don't confuse the kids!)
- If you are not wearing a referee uniform, do not make a call!
- Direct any issues through your Coach to the Regional Referee Administrator



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Code of Conduct

- My Child is here because they want to be.
- I will learn the rules of the game and the policies of the league.
- **I will encourage my child to always play by the rules.**
- I will help my child work toward skill improvement and good sportsmanship in every game. My child will be a winner even in defeat.



Code of Conduct (cont')

- I will NOT ridicule or yell at my child for making a mistake or for losing a game.
- **I will remain 3 yards behind the touch line, never enter the field of play and never stand behind the goal during play.**
- I will set a good example. Children learn best by example.



Code of Conduct (cont')

- I will applaud good plays by my team AND by members of the opposing team.
- **I will never publicly question the referee's judgment and honesty. The decisions of the referee regarding facts of play are final.**
- I will recognize the value and importance of volunteer coaches, referees and officials and give them their due respect. Without them there would be no AYSO soccer.



Code of Conduct (cont')

- I will support all efforts to remove verbal and physical abuse from youth sporting activities.
- **I will demand a sports environment that is free from drugs, tobacco and alcohol, and I will refrain from their use at any AYSO game and/or practice where children are present.**



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Concussions

AYSO's Official Policy:

- Concussions are a serious medical emergency and should be taken seriously.
- **REMEMBER** soccer is a CONTACT SPORT without pads. Player contact should be expected.
- For more info visit AYSO.org & lookup Concussions.



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Parents Responsibility

Additional Team Volunteers needed to make season Successful

- 3 to 4 Referees Trained and Certified
Teams must earn 20 Referee Points for post season play
- 1 Referee Manager
- Field Setup must be performed and maintained by all teams. No goals, flags, etc., means no game.



Parents Responsibility (cont')

Additional Team Volunteers needed to make season Successful

- Team Manager (aka Team Mom).
- Team Sponsor (Responsible for Banner).
- Team Regional Volunteer (Responsible for volunteering at official Regional events).



FINAL NOTES

1. Practices Start the week 8/17.
2. Team Parent Meeting: Thursday 9/3, Oak Knoll Clubhouse 6:30pm
3. First game: Saturday 9/12
4. Picture day: Sunday 9/20, Chaparral Park



FINAL NOTES (cont')



5. Fall Region Night w/ The LA Galaxy

- Team or Family Event
- L.A. Galaxy vs Portland Timbers
- See Gerrard and dos Santos live!
- Sunday, October 18, 2015 @ 4:00 pm
- \$20 per ticket, Sideline East seats
- On field Experiences



Q&A

1 or 2 questions, we will be around to answer more questions.



How to get to your Coach

1. Use the left doors, walk around the building to the Lunch Tables



***FLOW IS
EVERYTHING***



2. Look for the box with your team number on it.

3. When you're done, please exit through the Vendors.



Have a Great Fall Season!



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