

## **U15 Division Guidelines Spring 2020**

Division Coordinator: Marni Whelan

### Players:

- Summerlin Region 1258 has a U15 Co-Ed Division in Spring 2020
- For Spring 2020, players in this division were born in 2006, 2007 and 2008

### Players' Equipment and Ball

- Soccer Ball: Size 5
- Footwear: Soccer shoes are recommended (or similar type athletic shoes). The type and condition of cleated shoes must be inspected for safety before use.
- Shin Guards: Mandatory for both practices and games. Shin guards must be covered entirely by socks.
- Game Jerseys and Socks: Game jerseys and socks are provided by AYSO Region 1258.

### Teams:

- Maximum Roster: Fifteen (15) players per team.
- Numbers: Eleven (11) players per team on the field, including a goalkeeper. Games may not start or continue if there are less than nine (9) players on a team.
- Substitutions: Between quarters, at halftime and for injuries.
- Playing Time: Minimum of three (3) quarters per game and no player shall play four (4) quarters until everyone has played three (3) quarters.

### Practices and Games:

- Practice Frequency and Duration: Two (2) practices each week ... maximum 60 minutes each practice session
- Game Frequency and Duration: One (1) game each week ... maximum 70 minutes
- Practice Locations: Summerlin Community Park
- Game Locations: Summerlin Community Park
- Supervision:  
A ratio of one adult for every eight (8) or fewer players must be followed.  
At least two adults must be present at all practices and in the coaching box at games.  
At least one adult needs to be the same gender as the players.  
One of the supervising adults may be an AYSO certified team parent.

## U15 Division Guidelines Spring 2020 (continued)

### Techniques:

- Dribbling ... Using the feet to maintain possession of the ball while moving
- Instep Kick (laces) ... Used to kick the ball for long passes and shots on goal
- Throw-In ... Used to restart play after the entire ball has crossed the touchline ... the opposing players must be at least two (2) yards from the ball until it is thrown in
- Inside of the Foot – Push Pass ... Used for short passes to maintain possession by passing to a teammate
- Inside of the Foot - Ball Control ... Used to control the ball to maintain possession
- Top of Thigh – Ball Control ... Used to control the ball in the air using the top of the thigh in order to maintain possession and prepare for the next move
- Juggling ... Keeping the ball in the air without it touching the ground using all parts of the body except the hands
- Tackling – Front Block ... Used to take the ball away from an opponent or to maintain possession
  
- Goalkeeping - Restart of Play Following a Goalkeeper Save or a Goalkeeper Catch ... After receiving (catching) the ball, U12 Division goalkeepers may distribute the ball by throwing it or kicking it
  
- Goal Kicks ... Awarded to the defending team when the attacking team is last to touch the ball when it crosses the goal line without going into the goal ... any player can take the goal kick ... the opposing players must be at least ten (10) yards from the ball until it is kicked and put into play
- Corner Kicks ... Awarded to the opposing team when the defending team is last to touch the ball when it crosses the goal line without going into the goal... the opposing players must be at least ten (10) yards from the ball until it is kicked and put into play
  
- Heading the Ball in Practices ... Practicing this technique in U15 is limited to a maximum of thirty minutes per week with no more than 15-20 headers per player
- Heading the Ball in Games ... No restriction on heading in U15 matches.

## **U15 Division Guidelines Spring 2020 (continued)**

### Volunteers:

- Coach and Assistant Coach: Two coaches per team. Coaches must be Safe Haven, CDC Concussion Awareness and Intermediate (U14) Coach Certified. Coaches must participate in an Intermediate (U14) Classroom Coach Training Session and an Intermediate (U14) On-Field Coach Training session.
- Team Parent: At least one team parent per team. Team parents must be Safe Haven and CDC Concussion Awareness Certified.
- Referee: AYSO-certified regional officials or higher are required for U15 games.
- Assistant Referee: If available, qualified assistant referees who have completed AYSO assistant referee certification may be used to assist the referee. If qualified assistant referees are not available for U15 Division games, the referee may recruit club linesmen to assist with calling the ball in and out of play only.

AYSO relies on its Assistant Referee Volunteers for its U10–U17 Division games. At least one parent from each team must attend an AYSO Assistant Referee or Referee Training session and become an AYSO Certified Referee.

Division U10–U17 teams having at least one parent that is an AYSO Certified Referee will receive priority in being assigned complete referee teams for their games.

### Summerlin Region 1258 Spring 2020 Tournament:

- AYSO U15 Division teams shall meet the Volunteer Referee Requirement as a prerequisite in order to participate in the Summerlin Region 1258 Spring 2020 Tournament. The top four regular season teams in the U15 Division that fulfill the Referee Requirement will play in the Spring 2020 Tournament.