

Tag



Training Game U8 Players

Skill: Dribbling

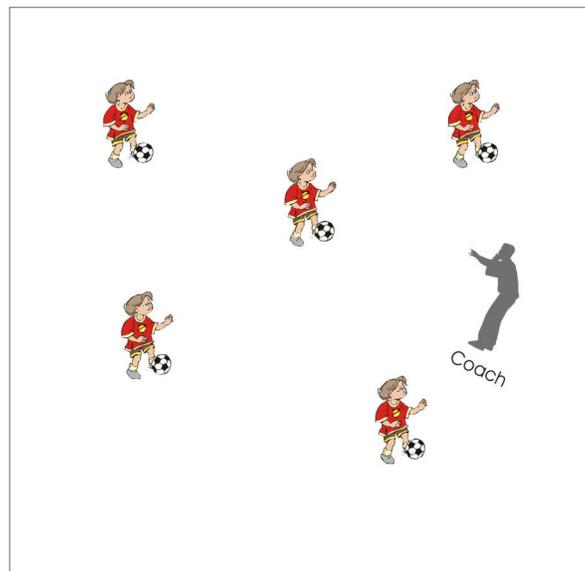
Number Of Players Required: Full team

Equipment: 4 or more cones to mark grid, 1 ball for each player

Grid Requirement: 20 X 20 yard grid

Organization: Create a grid marked with cones. All players are required to play within the grid and each player must have a soccer ball.

How The Game Is Played: Explain how the game of Tag is played to the players. The coach will do the tagging. The player must keep soccer ball within control inside the grid. After a player is tagged they must sit-down.



Variations: Allow players to only use left foot, right foot, outside of R or L, or use inside of both feet. Coach needs to vary the speed at which they tag and allow all players to be the last player to be tagged.