

| Mentor:                 |                             |     |    | AR:      |
|-------------------------|-----------------------------|-----|----|----------|
| AR Mentoring Checklist  |                             | YES | NO | Comments |
| Arrive 15 minutes early |                             |     |    |          |
| Uniform                 |                             |     |    |          |
|                         | Jersey tucked in            |     |    |          |
|                         | Badge                       |     |    |          |
|                         | Shorts                      |     |    |          |
|                         | Socks                       |     |    |          |
| Equipment               |                             |     |    |          |
|                         | Pen                         |     |    |          |
|                         | Watch                       |     |    |          |
| Player Checkin          |                             |     |    |          |
|                         | Name/Number                 |     |    |          |
|                         | Uniforms                    |     |    |          |
|                         | Cleats                      |     |    |          |
|                         | Shin Guards                 |     |    |          |
|                         | Jewelry (ears/neck/wrists)  |     |    |          |
|                         | Hair (nothing hard)         |     |    |          |
|                         | Casts/Splints               |     |    |          |
| Position                |                             |     |    |          |
|                         | 2nd-to-last defender        |     |    |          |
|                         | Ball                        |     |    |          |
|                         | Build out or center line    |     |    |          |
|                         | Goal Kick                   |     |    |          |
|                         | Corner Kick                 |     |    |          |
| Signals                 |                             |     |    |          |
|                         | Throw-In                    |     |    |          |
|                         | Goal Kick                   |     |    |          |
|                         | Corner Kick                 |     |    |          |
|                         | Foul                        |     |    |          |
|                         | Offside                     |     |    |          |
|                         | Goal Scored                 |     |    |          |
| Game Card               |                             |     |    |          |
|                         | Substitutes                 |     |    |          |
|                         | Goals scored                |     |    |          |
|                         | Score (halftime & Final)    |     |    |          |
|                         | Disciplinary Actions (back) |     |    |          |
|                         | Print name & Team Number    |     |    |          |
| Attitude                |                             |     |    |          |
|                         | AYSO Team Philosophy        |     |    |          |