



“Joy Sticking” During Games

- Joysticks are used to control computer games.
- In soccer, the term is used to refer to a coach who constantly yells out instructions to his players.



“GO! GO!”

“RUN!”

“PASS!!”

“SHOOT!!”



Kid Quote

"When the coach yells at me to mark someone or run somewhere else, I can't focus on the game. I think I make more mistakes because I was listening not playing."





Kid Quote

"I hate it when the coach screams at me to 'play better' or 'run harder.' I mean, really, I'm trying my best already and that just makes me feel worse. It doesn't make me play better or run harder."





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Kid Quote

"I don't like it when a coach yells at me to do something because I usually figure out what to do on my own."

There it is, in a nutshell. Isn't that really what youth soccer is about? Figuring out how to play the game and gaining a sense of accomplishment from doing just that?

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How many of us screaming coaches could play an hour of soccer (or play a tennis match or a run a 10K race or cycle up a steep grade) with someone yelling at us the entire time to "run harder," "pass - pass" or "play better." Most of us would likely lose our patience and yell back at the offender.



Recommended Approach

- Relax
- Smile
- “Well Done!”
- Enjoy the Game
- **Have Fun!**





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Be Positive and Have Fun!!

This is Why We Coach

