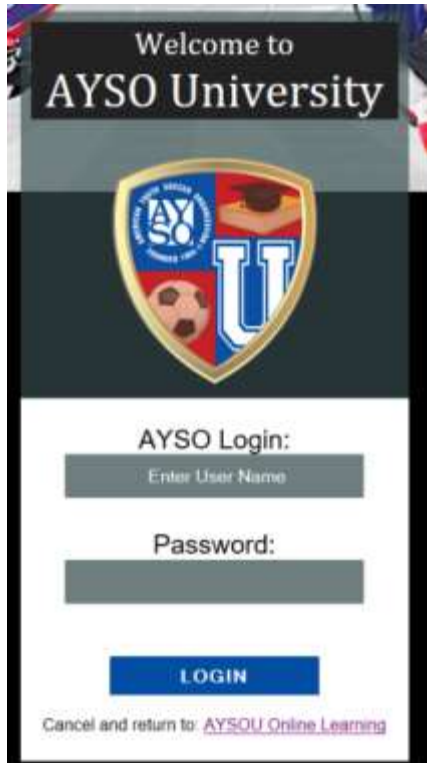


# Quartz Hill AYSO – Region 638 Safe Haven and Concussion Courses

1. LOG INTO [www.AYSOU.org](http://www.AYSOU.org) USING BLUE SOMBRERO CREDENTIALS



Welcome to  
**AYSO University**



AYSO Login:  
Enter User Name

Password:

**LOGIN**

Cancel and return to: [AYSO Online Learning](#)


2. SELECT "TRANSCRIPTS"



OR

# Quartz Hill AYSO – Region 638 Safe Haven and Concussion Courses

OR



Welcome to AYSOU! Click [here](#) to learn how to get starte

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[My Courses](#)      [Free Courses](#)      [Resource](#)

View your Enrolled Courses      View your Enrolled Courses      Access

---

[Transcript](#)      [eCommerce](#)

# Quartz Hill AYSO – Region 638 Safe Haven and Concussion Courses

3. SELECT EITHER THE SAFE HAVEN OR CONCUSSION COURSE

The screenshot shows the AYSO U Online Learning Resources website. The header includes the AYSO U logo and navigation links: Home, My Courses, Free Content, Live Courses, Resources, Transcripts, eCommerce, and LMS Admin. The user is logged in as Eric Dilger. The 'My Courses' section displays a list of courses:

Course Title	Action
6U Coaching Training	Open
8U Coaching Training	Open
10U Coaching Training	Open
Intermediate Coaching Training	Open
<b>AYSO's Safe Haven</b>	<b>Open</b>
<b>CDC: Concussion Course</b>	<b>Open</b>

Blue arrows point to the 'Open' buttons for 'AYSO's Safe Haven' and 'CDC: Concussion Course', with the word 'OR' positioned between them.

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## 4. SAFE HAVEN COURSE

AYSO U  
ONLINE LEARNING RESOURCES

Home My Courses Free Content Live Courses Resources Transcripts eCommerce LMS Admin

My Courses ▶ AYSO's Safe Haven

**AYSO's Safe Haven**  
100%  
Start: Thu 1 Jun 2017

AYSO's Safe Haven was developed to protect both children and volunteers. The program covers protection guidelines, safety and injury prevention as well as the important of role modeling sporting behavior and supporting the philosophies of AYSO.

	Introduction to Safe Haven	1st	
	Volunteers	2nd	
	Protection Guidelines	3rd	
	Child Protection	etc.	
	Emergency Medical Conditions		
	Play It Safe		
	Role Models		
	Final Exam		
	Safe Haven Certificate		
	Safe Haven eBook Download Site		

### NOTES:

- The Safe Haven Course will proceed in order
- You can do this course a bit at a time and it will remember your progress.
- Once completed click "Launch" on the certificate button to View\Print your certificate.
- Certification should be added to your AYSOU Transcript immediately.

# Quartz Hill AYSO – Region 638 Safe Haven and Concussion Courses

## 5. CONCUSSION COURSE - LAUNCH



The screenshot shows a navigation bar with links: Home, My Courses, Free Content, Live Courses, Resources, Transcripts, eCommerce, and LMS Admin. Below the navigation bar, the 'My Courses' section displays 'CDC: Concussion Course' with a progress bar at 100% and a start date of 'Thu 1 Jun 2017'. A description states: 'By taking this free, online course and using what you learn, you will be well positioned to improve the culture of concussion. Your actions can help create a safe environment for young athletes so that they can stay healthy, active, and thrive - both on a...'. A 'Launch' button is highlighted with a blue arrow. Below the course card is a 'Heads Up' section with a search bar labeled 'Search for Learning'.

## 6. CDC CONCUSSION IS A SEPARATE APP. USE YOU EMAIL ADDRESS TO CONTINUE.



The screenshot shows the 'ONLINE TRAINING' interface of the AYSO app. The header includes the AYSO logo and the text 'ONLINE TRAINING'. Below the header, a message reads: 'Please give below your email id to access the AYSO training materials.' There is an 'Email Id' input field with a blue arrow pointing to it labeled '1'. Below the input field is a 'SUBMIT' button with a blue arrow pointing to it labeled '2'. The AYSO logo is also visible on the left side of the page.

# Quartz Hill AYSO – Region 638 Safe Haven and Concussion Courses

## 7. TAKE CONCUSSION COURSE



### NOTES:

- **IMPORTANT!** – The Concussion Course must be completed in one sitting (although you can pause the videos). If you close the course you will have to start from the beginning.
- **Save or Print Your Certificate at the End** – Unlike the Safe Haven course, you cannot come back later to Print your certificate without taking the whole course again.
- Certification should be added to your AYSOU Transcript immediately.