



Region 114 Silent Saturday

We recognize that most parents just cheer for the kids and the kids love that cheering! However, the loss of cheering for one game is worth it to meet the following criteria:

- To give players the chance to trust their skills and instincts without sideline input, and without concern that their mistakes will be corrected from the sidelines in a game environment.
- To encourage leadership skills among the individual players as they have the unique opportunity of give their own instruction on the field.
- To encourage a sense of true teamwork as the players must learn to rely upon one another and communicate with each other accordingly.
- To remind coaches, parents, spectators and players that PRACTICE is the time for instruction. Games are the showcases for learning.
- To remind everyone that youth soccer is primarily for the purpose of kids playing, learning and having fun.
- To emphasize that soccer is a “player’s” game.
- To support our volunteer referees, both youth and adult, by eliminating sideline interference and comments.

While most of the adult verbal participation is intended to be positive and constructive, the fact of the matter is that the games have become so loud that the players often have difficulty hearing and communicating with each other on the field. Taking one game off from any verbal interference may help adults gain perspective on just how loud it has been in the past. Hopefully, this effect will carry over into games in the weeks that follow.

We ask for your support and patience at this event in hopes that the players will have a unique experience of playing soccer, while allowing their coaches, parents and spectators to sit and enjoy watching their children play soccer.



Guidelines to help support Silent Saturday:

- Silent Saturday applies to ALL spectators and Coaches. However, in the younger divisions, where players need more support, we allow flexibility. Here's a guideline:
 - **5U – 8U Coaches:** provide instruction to those players that need support.
 - **10U Coaches:** You are allowed to provide instruction, but please be mindful of the spirit of Silent Saturday and keep your instruction positive, without yelling, and to a minimum. Ask guided questions. Do not joystick coach or “micromanage” every moment of the game.
 - **12U Coaches and up:** No instruction to players on the field. You may talk to players on the bench and during quarters/halftime.
- Spectators are encouraged to **applaud/clap – this is the ONLY way to cheer during Silent Saturday**. Absolutely no horns, whistle or noise-makers. Spectators are not to direct any comments to the players or referee(s) – on or off the field.
- Spectators and players are encouraged to make posters, signs and banners. However, if the poster/sign/banner is in reference to a player, it may show either their name OR jersey #, but not BOTH or it will be in violation of AYSO Safe Haven rules.
- Coaches and Team Managers are expected to fully understand, cooperate and communicate the goal, philosophy and expected behavior of Silent Saturday to every player and spectator.
- Each team should self-assign a parent to serve as field monitor for their sidelines. However, ultimately it is the responsibility for the coach to control his/her sidelines.



Let's always encourage and support our players while they are learning and playing the game, but on Silent Saturday – “Mum’s the word!”