

# AYSO Area 11Z

## U8 Guidelines

### ELIGIBILITY

Each team participating must submit a completed **Team Roster**, in player jersey number order, signed by the Regional Commissioner to the Area Director. The rosters may be submitted electronically or via US Mail. Incomplete rosters will not be accepted.

The Head Coach of any registering team must be age-appropriately trained to be eligible to participate in the League. The Coach and Assistant Coach must be Safe Haven certified and be identified on the team roster form. There **must** be a Coach and an Assistant Coach listed.

### COACH IDENTIFICATION

The Coach and Assistant Coach **must wear** their ID cards on their persons during the duration of the match.

### SCORING

All Spring play matches are 'Friendly'. Scores will be posted as 1-0 or W-L. This is for Tournament Placing Only.

### DISCIPLINE

All coaches shall remain within the coaching box at all times during the playing of a match. Any player, coach, or assistant coach who is requested to depart the playing area not participate in the next scheduled match or matches as determined by the Area Disciplinary Committee. The Disciplinary Committee members are the Area Director, Area Referee Administrator and Area Coach Administrator.

### PROTESTS

There are no protests as the matches are 'Friendly'.

### RULES

- Match Time: Four (4) 10 minute quarters
- Players: 7 v 7 including Goalkeeper
- Field Size: 45 x 30 yds
- Ball Size: Three (3)
- NO Score keeping
- No standings, unless for seating which should not be published.
- No penalty cards.
- No Penalty kicks.

- NO headers.
- All free kicks will be indirect with a ten yard space.
- All indirect kicks in the box shall be placed outside the furthest line, (18 box).
- All restarts shall be given two attempts while guiding player.
- Throw in's only, no kick in's.
- Goalkeeper may kick or throw the ball out from goal on live play.
- All players must play three quarters unless roster size does not permit.
- Goal Kicks from within penalty area line
- No offside
- All penalty or direct kicks will have a 6 yard clearance for safety.
- 6-yards clearance for indirect kicks
- All players must be deemed safe to play by the referee or assistant referee (Shin guards covered, no rings or sharp objects, no hard casts or jewelry, proper cleats or footwear).
- Medical ID necklaces can be worn if taped to chest. Medical ID bracelets can be worn if taped to wrist.
- All players must also have a unique number on his/her jersey and all jerseys must match in color. Jersey number must match number listed on roster.
- The home team must ensure they have a change of jersey color (or pinnies) if the referee asks for a change due to color conflict.
- All throw-ins must be done correctly (teams will be given 2 chances and then the throw in will be switched to the other team).
- All major and technical fouls will be enforced resulting in a direct free-kick as appropriate.
- Substitutions will only be allowed at quarter breaks and at halftime.
- All players need to play a minimum of 3 quarters.
- Goalkeeper cannot play more than two quarters in goal.
- Any player that plays any quarter in goal must play equal amount of quarters on the field per match.
- Player **MUST** agree to play goalkeeper before put in that position

**PLEASE REMEMBER: THIS IS YOUTH SOCCER.  
WE ASK THAT EVERYONE CONDUCT THEMSELVES ACCORDINGLY,  
MAKING THIS A POSITIVE EXPERIENCE FOR OUR YOUTH PLAYERS.**

Referees, while respecting the Laws of the Game, will do their best to keep the game flowing, simple, fun, and most importantly, safe for the players.

Coaches are absolutely responsible for the **behavior of their parents** on the sidelines. Referees will reserve the right to **eject coaches or terminate games** in which parents and spectators are unable to **control negative behavior directed towards referees, players, or other spectators of the game.**

## **SPECTATORS**

Spectators must remain in the spectator-defined areas.

No firearms or alcoholic beverages are allowed at any field.

Spectators can cheer, encourage, and support players **BUT in absolutely no case can they discourage, distract, or comment on opposing players or teams.** If a field marshal, tournament committee member or referee feels the need to give a warning, or ask a spectator to leave, they can do so.

If a referee asks a spectator to leave the fields, **the spectator must do so immediately.** If they do not cooperate, the local authorities will be called.

Parents or guardians are responsible for other family members, their behavior, and safety.

