



## AYSO Area 1D Referee's Guide (Upper Divisions – 16U & 19U Play) 2023-2024 Season



### Before The Match

- 1) Referees should arrive at the field no later than 30 minutes before their first scheduled match for their pre-game Referee conference and field inspection.
  - a) If one Referee fails to appear or is unable to continue, appoint a club linesperson.\*
  - b) If two Referees fail to appear or are unable to continue, appoint two (2) club linespersons.\*
  - c) In no event will the two-man/whistle system (sometimes referred to as “the dual system”) be used in any AYSO Area 1D match.

[\* A club linesperson is only permitted to call the ball out-of-touch (fully over the touch line). No offside or fouls calls can be made by a club linesperson. If the club linesperson is a certified referee, he/she can only participate as a match official if he/she wears a referee uniform and AYSO badge. Without the uniform and badge, they must behave as a club linesperson with the associated restrictions. To make the club linesperson’s job “easier,” you may instruct him/her to simply stand at the midfield line to make the ball out-of-touch calls, i.e., no running necessary.]

- 2) Both teams (not the referees) are responsible for field set-up when theirs is the first match of the day and for take-down when theirs is the last match of the day.
- 3) Team check-in should begin approximately 15 minutes prior to the match.
  - a) One (1) Sportsmanship Point may be lost from the Coach Conduct category if, at the discretion of the Referee, a coach has not presented the Game/Line-Up Card, the Coach Authorization Badge and Coach/Player ID cards to the Referee at least 15 minutes before the scheduled game time for player check-in. Exceptions will be made for coaches who may be refereeing the previous game, are coming from another AYSO game, or other reasonable circumstances which would delay a coach from presenting these materials to the Referee in the time specified. However, even in these situations, the coach must have the materials completed and ready for presentation to the Referee at the time they arrive to coach their game. In other words, the Coach’s arrival does begin the process of completing the Game/Line-Up Card.
  - b) **No ID, No Play → No Exceptions.**
  - c) A team without a certified, authorized and properly credentialed Coach may not play or continue to play. The Coach does not have to be the regular coach for that particular team (e.g., substituting for the team’s Coach), but he/she must have the proper current credentials.
  - d) The Coach will provide a properly completed, *gold colored* Area 1D Game/Line-Up Card listing all players and Coaches, including those who may be absent or not permitted to play. Players are to be listed in the numerical order of their jersey and must include their first and last name. If they are not in such order, one Sportsmanship Point may be deducted from the Coach category.
  - e) All players and Coaches shall provide the Referee with a current season Area 1D photo ID card. At a minimum, the ID card will be plastic or laminated; and have name, region, date of birth, picture; and, on the reverse, the Area Director’s address. **NOTE:** Regional Commissioners are exempt from this ID card requirement should he or she need to step in as a temporary coach.
  - f) Any duplicate or fraudulent ID cards shall be retained by the Referee and forwarded to the Area Director.
  - g) Coaches shall display an Area 1D Coach Authorized Badge *for the current season* around their neck at all times. This badge evidences that the volunteer is authorized to Coach. It shows the Coach’s name and the Area 1D logo for the current season.
  - h) A suspended Coach may not interact with any team member, opposing team member, or Referee from 30 minutes prior to match start time until the conclusion of the match (following the “handshake” ceremony by the players).
  - i) Cross-check ID cards, Authorized Coach cards, and Game/Line-Up Cards.
  - j) Ask the Coach which team parent, spectator or other individual will be completing the Time Monitoring sheet. It is not the referee team’s responsibility to manage, complete or oversee the completion of the Time Monitoring sheets – only to collect one from each team at the conclusion of the match, and to attach them to the Game/Line-Up Cards. If no Time Monitoring sheet is provided by a Coach, note such on the back of the Game/Line-Up Card.
- 4) The Referee retains possession of the Coach/Player ID cards and Game/Line-Up Cards until the match has ended. If a Player or Coach is Sent-Off/Dismissed, retain the Player or Coach ID card and attach it to the Referee Report being submitted.

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- 5) Inspect the Player's equipment for safety and for compliance with the Laws of the Game and Area 1D Rules & Regulations.
  - a) Players who do not remove all jewelry shall not be allowed to play.
  - b) During inclement weather, Players may wear sweatshirts, sweat pants, and/or similar garments. It is not required that all team members wear sweats. If worn:
    - i) Sweatshirts must be worn *under* the team jersey.
    - ii) Hoods on hooded style shirts must be *tucked in* the jersey, not outside or on the head.
    - iii) Sweat pants must be worn *under* the team shorts.
- 6) The team listed first on the schedule is designated the Home Team and shall be responsible for supplying three (3) regulation game balls (appropriate for their particular age division) to the Referee, and will adjust their jersey color in the event of a conflict with the jersey color of the opposing team.
  - a) Unless otherwise directed by the Referee, the Home Team, including officials, supporters and spectators, shall occupy the side of the field listed below; with the opposing (Visiting Team), including officials, supporters and spectators, occupying the opposite side of the field.

Nielsen (Westchester) – West	Washington (North Redondo) – East
Adams (North Redondo) – South	Marine Avenue Park (Manhattan Beach) – East
Village (Manhattan Beach) – West	Del Aire (Hawthorne) – West
Parras (South Redondo) – West	Campus El Segundo (El Segundo) – Middle of the Complex
Alta Vista (South Redondo) – West	Playa Vista (Westchester) – West

To minimize the risk of COVID-19 transmission, where possible, request that spectators sit on the opposite half of the field from the Assistant Referee (i.e., so the Assistant Referee isn't running in front of them).

- b) Goalkeepers must wear a jersey which is distinct in color from their team's jerseys, the opposing team's jerseys, and the opposing goalkeeper's jersey. Referees should also strive to ensure that their jerseys do not match or cause confusion with the colors of the Players' jerseys or the goalkeepers' jerseys.

### During The Match

- 7) The Diagonal System of Control [three Referee system] shall be employed in all matches without exception. In no event will the two-man/whistle system (sometimes referred to as "the dual system") be used in any AYSO Area 1D match.
- 8) Start on time, but if you cannot, make sure the match ends on time – at least 5 minutes before the next match. If you need to shorten the match, shorten each half equally.
- 9) The assigned Referee team at a match monitors the conduct of team members and spectators before, during, and after the match.
- 10) Player Substitution
  - a) Unlimited substitution by either team may be made, with the consent of the Referee, at *any stoppage in play*.
  - b) The player being substituted shall leave the field at the nearest touch-line, and the substitute shall enter the field at midfield within ten (10) yards of the halfway line. The substitute shall not enter the field until the player being replaced has left the field, or a signal has been received from the Referee that the substitute may enter the field earlier.
  - c) A Cautioned player may be substituted at the time the Caution (Yellow Card) is issued.
- 11) Send-Off (Red Card)
  - a) A player who has been Sent-Off shall *not* be required to leave the vicinity of the field of play, but may do so if they are over the age of 18 years or are accompanied by a parent/guardian. It is the Coach's responsibility to monitor this situation. The Coach shall ensure that a player who has been Sent-Off participates no further, whether by word or action. The Referee may recognize as irresponsible behavior, and therefore deserving of a Caution to the Coach, if the Coach fails to properly manage the Sent-Off player.
  - b) Coaches and Assistant Coaches may be shown Yellow or Red cards for Warnings and Dismissals, respectively. A Coach who has been Dismissed must leave the vicinity of the field of play. The Referee shall not allow a match to start or continue without a certified and properly credentialed Coach in attendance.

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### 12) Extra Time Procedure

- a) During the regular season, matches can end in a draw (tie). Extra Time periods will not be used.
- b) During the Area 1D League, All-Star Play-Offs and the Area Cup, if the match is tied at the end of normal playing time, two Extra Time periods shall be played to completion (*no "golden goal"*).
- c) There shall be an interval of five (5) minutes at the end of normal playing time before Extra Time begins.
- d) The duration of the Extra Time periods (for U16 & U19) shall be two ten (10) minute halves, with a one (1) minute break in between halves.
- e) Substitutions, as described above, are permitted during Extra Time.
- f) There is no Time Monitoring or half-play requirement during Extra Time.
- g) If a team is playing short because of a Send-Off, they will continue to "play short" during any Extra Time.
- h) If the match remains tied at the conclusion of Extra Time, the FIFA penalty shoot-out process shall be conducted to determine the winner.

### After The Match

### 13) Sportsmanship

- a) At the conclusion of the match, the Referee team shall collaborate to assess each team and award Sportsmanship Points.
- b) The Referee team shall list the points on the back of each Game/Line-Up Card. All teams begin with the maximum of five (5) points in each category, except in the Uniform category where the maximum is three (3) points.
- c) In each category, each team shall be awarded the maximum for the category UNLESS a team's conduct warrants reductions as listed below.
- d) Each team starts out with a total of 23 Sportsmanship Points: 5 each for conduct of players, conduct of coaches, conduct of spectators, courtesy towards referees and 3 for uniform appearance.
- e) Criteria for *reduction* of Sportsmanship Points:
  - i) Five (5) points from respective conduct categories:
    - when a player, coach or spectator is Sent Off (red card) or Dismissed
    - when offensive, insulting or abusive language and/or gestures are used towards another player or anyone else
  - ii) One (1) point from respective conduct categories:
    - when a player or coach is Cautioned (yellow card)
    - when trash is left behind on the pitch by a team after the match
  - iii) One (1) point from the Coach category:
    - when a coach persistently is outside of the technical (coaching) area
    - when the Game Line-Up Card, the Coach Authorization Badge and Coach/Player ID cards are not presented to the Referee at least 15 minutes before the scheduled game time for player check-in (exceptions noted above)
    - when the match Game/Line-up Card is improperly filled out [one (1) point to be deducted for each error, up to a maximum of three (3) points]
    - when the Coach lists an Assistant Coach on the Game/Line-up Card who was not included on the official roster for the team
    - when a team runs up the score in a manner which, in the opinion of the Referee, is embarrassing to the opposing team
  - iv) One (1) point from the uniform category *for each observation*:
    - when any player is not in a regulation uniform
  - v) One (1) point from the spectator category *for each observation*:
    - when spectators express repeated disagreement toward members of the referee team over calls
    - when spectators continue to interfere with or obstruct the view of an Assistant Referee(s) after being requested to move
    - when spectators intentionally decline to move to their designated side of the field or move to the opponent's side of the field during the match
    - when spectators use artificial noisemakers (air horn, bull horn, bells, etc.)
  - vi) One (1) point from the Courtesy Toward Referees category *for each observation*:
    - for repeated disagreement by players, coaches, or spectators towards the Referee or Assistant Referees
    - continual interference with or obstruction of the Assistant Referee(s) view by players, substitutes or coaches after being requested to move
    - intentional delay in beginning the match or second half after Referee's whistle to take the field and begin or restart the match

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- vii) One (1) point may be regained for any one-point deduction when the referee team notices before, during or after a match, a particular action by players, coaches or spectators which is exemplary of AYSO standards of good sportsmanship. Referees will attempt to note such action on the Game/Line-Up Card.
  - viii) Other deductions for errors on Game/Line-up Cards, etc. may be deducted by Area 1D staff.
- f) **If more than one point is deducted from a single category**, the Referee is required to describe the circumstances surrounding this atypical point deduction (in the Comments section on the Game/Line-Up Card). Failure to provide a description will result in the Sportsmanship Points for that particular category to be revised to a one-point deduction.
- 14) The Referee shall report on the Game/Line-Up Card all instances of misconduct on the part of team members, coaches and for spectators when their actions are determined to be adverse to the conduct of the game.
- a) Sufficient detail shall be included on the Game/Line-Up Card to allow appropriate follow-up by the Division Commissioner and/or Area 1D staff. The Referee must submit a [Referee Misconduct/Incident Report](#) for all Send-Offs or Dismissals. This is to be completed within 48 hours of the match's conclusion.
  - b) In the case of offensive, insulting, or abusive language and/or gestures, the Referee shall identify the exact words and/or gestures used, and to whom the language and/or gestures were directed.
  - c) Additional information may be included in the Misconduct Report.
- 15) At the conclusion of the match, the Coach shall retrieve the team's ID cards from the Referee, except for ID card(s) retained by the Referee for any team member, Coach or Assistant Coach who is Sent-Off or Dismissed. **Do not leave the field with the team's ID cards in your possession.**
- 16) The Referee shall deliver the Referee Misconduct/Incident Report, Game/Line-up Cards, Monitored Timesheets and the ID cards of team members (including Coaches) who are Sent-Off/Dismissed, duplicate ID cards, ID cards of anyone involved in serious misconduct before or after the match and any supplemental report to the AYSO Area 1D Director within forty-eight (48) hours of the end of the match at:

Ian McCullen  
8723 McConnell Ave  
Los Angeles, CA 90045  
[ianmccullen27@gmail.com](mailto:ianmccullen27@gmail.com)  
(310) 242-7705

**Referees are advised to share a draft of the Referee Misconduct/Incident Report with the Area Referee Administrator before submitting it to the Area 1D Director. This can help in clarifying, fine-tuning and properly completing the Report.**

### [Questions?](#)

Any questions that you have regarding the [Area 1D 16U/19U Rules & Regulations](#) or the procedures that are to be followed should be addressed to the Area 1D Referee Administrator at [ayso1dara@gmail.com](mailto:ayso1dara@gmail.com).

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NOTE: Throughout the *Referee's Guide* the term "Coach" refers to a team's properly credentialed Coach and/or Assistant Coach(es) or, in their absence, to their Regional Commissioner.