

# Assistant Referee Guide

## ASSISTANT REFEREE SELF-ASSESSMENT FORM

Answer each question as accurately as possible, then total your points. Try to improve your score each time.

	5	4	3	2	1	
1. I reported to the referee at least fifteen minutes before the game.	Yes				No	_____
2. I helped the referee with pregame duties.	Yes				No	_____
3. I counted the number of players of the team on my half at the start of both halves and after substitutions.	Always	Often	Half	Seldom	Never	_____
4. I signaled ball out of play and direction of throw-in distinctly and correctly.	Always	Often	Half	Seldom	Never	_____
5. I watched players' feet on throw-ins.	Always	Often	Half	Seldom	Never	_____
6. I signaled goal kicks and corner kicks distinctly and correctly.	Always	Often	Half	Seldom	Never	_____
7. I stayed with the next-to-last defender, except when instructed not to.	Always	Often	Half	Seldom	Never	_____
8. I properly flagged offside infraction (not position) and stood firm until the danger passed, or my signal was acknowledged by the referee.	Always	Often	Half	Seldom	Never	_____
9. I carried my flag on the field side.	Always	Often	Half	Seldom	Never	_____
10. I watched the goal line on corner kicks and penalty kicks.	Always	Often	Half	Seldom	Never	_____

Total \_\_\_\_\_

POINTS:	25 or less	Needs Work
	26-35	Getting There
	36-45	Good Job
	46-48	Excellent
	49-50	Unbelievable!