

APRIL 2025

ISWA NEWSLETTER



Avon High School 7575 E. CR 150 S. Avon  
**ISWA 2025 MEN & WOMEN  
FREESTYLE/GRECO STATE FINALS event link:  
[2025 ISWA FS/GR State Finals](#)**

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**COACHES, CLUBS, WRESTLERS, PARENTS-BE AWARE THIS EVENT REQUIRES A 6U/Jr Male WRESTLER TO COMPETE IN AT LEAST 2 FREESTYLE EVENTS PRIOR TO REGISTERING.**

Clubs: Thank you in advance for communicating this with your members. Coaches wishing to coach matside must attain a 2025 Wrestler Leader Membership and be Minimum Copper Certified. This process can take up to 2 weeks to complete. Pre-registration can be completed within [www.usawmembership](http://www.usawmembership) Event-Coaches Bands. More detail about this event can be found online under the event schedule at [www.iswa.com/eventschedule](http://www.iswa.com/eventschedule).

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**TABLE HELP:**

**2025 ISWA STATE TOURNAMENTS NEED YOUR HELP.**

Email [office@iswa.com](mailto:office@iswa.com) if your interested in helping. Free entry, meals/snacks, volunteer shirt if your able to cover a table daily.

**Freestyle/Greco Rules:**

Any Freestyle or Greco officiating/rule questions can be directed to ISWA FS/GR  
Mat Official Dalton Halbig

[https://www.usawmembership.com/usa\\_wrestling\\_rule\\_book](https://www.usawmembership.com/usa_wrestling_rule_book)



**2025 IHSWCA Coaches Clinic.** The IHSWCA Coach's Clinic is May 9<sup>th</sup> at Uindy. More detail can be found on their website here: <https://www.iswa.com/clinics>



2025 USAW Central Regionals event will be hosted in Louisville KY this year. May 17-18th Info link here: [2025 Central Regionals](#). This event is a qualifier for the 2025 US Marines Corp Junior National Championships in Fargo, North Dakota July 2025 for both men and women's divisions. Wrestlers 8U-Juniors can compete in this Freestyle & Greco & Roman regional event.



**Team Indiana Opportunities. Visit our website to see how your wrestler can be considered for Team Indiana trips this summer: [www.iswa.com/teamindiana](http://www.iswa.com/teamindiana)**



The Indiana State Wrestling Association is offering a cultural exchange trip this summer for 12 high school wrestlers from around the state (grades 9-12)! TRIP DATES: June 17 – June 30 TRIP COST: \$3200 and includes the following: - Flights to New Zealand and back to Indianapolis - Team will be staying in Auckland, Hamilton, Katikati, and Tauranga - A set of wrestling gear that includes singlets, clothes, and bag - Entry into the Bay of Plenty Wrestling Championships on June 22 - Several of the activities include black water rafting, a day at Rotorua looking at mud pools, visiting Sky Tower, plus much more! - Most meals will be included! IF INTERESTED... reserve your spot by contacting Lou Silverman or the ISWA office - DEPOSIT of \$250 paid through USA Wrestling after contacting the ISWA office or Lou Silverman - DEPOSIT DEADLINE: April 18th, 2025 - PAYMENT SCHEDULE: April 18 \$250, May 15 \$1700 (\$1450), June 13 \$3200 (\$1500) or pay in full IMPORTANT: The first 12 wrestlers that get deposits in will get the spots. Wrestlers must be in grades 9-12 during the 2025-26 school year. QUESTIONS: Contact Lou Silverman at 317-490-1507 or [Lsilverman126@att.net](mailto:Lsilverman126@att.net)