



Glen Allen Youth Athletic Association

www.GlenAllenSports.com

Tee-Ball League Rules (Revised September 2025)

1. Format
 - a. 1 hour of engagement per event
 - i. 30 minutes of practice time via stations
 - ii. 30 minutes of game time
 - b. Teams meet 2 times per week - once during the week and once on a Saturday
2. Equipment
 - a. Batting tee, safety (soft) baseballs, youth sized bats
 - b. Helmets required for all batters and runners
 - c. Gloves for all fielders
3. Field Layout
 - a. Base paths: **50 feet**
 - b. Pitcher's mound: **38 feet** from home plate
4. Player Positions
 - a. 10 players on defense: 6 infielders, 4 outfielders
 - b. No catcher (coach may stand behind batter to retrieve balls)
 - c. Rotate positions each inning for equal play
5. Batting Rules
 - a. Continuous batting order: all players bat each inning
 - b. Ball must travel at least 10 feet to be fair
 - c. No strikeouts or walks
6. Base Running
 - a. No stealing or leading off
 - b. One base per hit unless ball reaches outfield
 - c. Play stops when ball is returned to pitcher



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7. Scoring

- a. No official score in most leagues
- b. Focus on skill development and fun
- c. Games typically 3–4 innings

8. Safety Guidelines

- a. Helmets required when batting or running
- b. No on deck batters
- c. Coaches monitor safe play and sportsmanship