

SAM ULSTAD

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OBJECTIVE

To support the development of my athletes in the following areas:

- Instill passion, enjoyment, and understanding of the game.
- Expand tactical knowledge and technical skills.
- Use the game to foster strong psychological characteristics in an effort to develop superior competitors, confident young women & men, and loyal lifelong relationships.

EDUCATION

1987-1991 Spring Arbor College Spring Arbor, MI

Bachelor of Arts in Mathematics & Secondary Education

- Minor Exercise and Sports Science
- Magna Cum Laude, May 1991
- Dean's List 1989-1991
- Scholars Award (1987-1988, 1989-1991)

Masters of Education Degree Spring Arbor University 2002

SUMMARY OF QUALIFICATIONS

- United States Soccer Federation National "D" License
- National Soccer Coaches Association Regional Diploma
- Spring Arbor University Women's Lead Assistant 2011-Present
2015 & 2017 NAIA National Champions
2016 NAIA National Finalist
2012 & 2018 NAIA National Semifinalist
2011-2018 Crossroads League Champions
2011-2018 NAIA National Tournament Qualifiers
Overall Record: 164-18-11 League Record: 57-3-2
- Jackson High School Girl's Head Coach 1995-2006
Record: 113-83-14
2006 Division 1 – District 3 Champions

- Jackson High School Girl's Assistant Coach 2010-2012
- Jackson High School Boys JV and Varsity Assistant 1991-2005
- Additional Coaching Experience:
 - Western Soccer Club 2005 – CMSA League
 - Jackson United 2006-2007 – MSPSL
 - Michigan Rush Jackson 2008-Current – MSPSL
- Playing Experience:
 - U13 – U18 Midland Soccer Club
 - 1983 – 1986 Midland Christian High School
 - 1987 – 1990 Spring Arbor College

AWARDS RECEIVED

- 1987-1988 SAC Freshman Male Athlete of the Year
- 1990 Senior Co-Captain Men's Soccer
- 1990 NCCAA All District III Division I
- 1990 NCCAA National Honorable Mention
- Leading Goal Scorer at SAC 1987-1990 (44 Collegiate Goals)
- 2006 Division 1 – District 3 High School Coach of the Year
- 2006 Jackson Citizen Patriot All Area Coach of the Year
- 2017 NAIA Coaching Staff of the Year