

2nd and 3rd Grade

Foul Shots: Will shoot free throws from **12 feet** (shooter may cross the free throw line after releasing the ball but cannot actively attempt to rebound the ball until it hits the rim).

Lane Violation: Offensive players are permitted to remain in the lane for **five (5) seconds** instead of the usual three (3) second rule.

Defense: Man to Man Defense only. **No Zone defense will be allowed.**

No double teaming allowed, except within 15' of the goal and in a helping role on an offensive player with the ball. If two offensive players are within 6' of each other and a double team occurs, the defense will not be called for double teaming.

Stealing: There is to be NO stealing of the ball (**dribbled or held**) above the free throw line extended. If a team is ahead by 10 points or more, stealing of the ball (dribbled or held) may only occur when the ball enters the lane (FT line and below, **INSIDE** the lane lines).

Ball Handling: The player has 10 seconds to get the ball over the half court line. A player has 5 seconds to hold the ball then needs to pass or shoot the ball. ***(This rule will only be enforced in the 4th grade through junior high leagues.)***

Pressing: Pressing will be allowed **ONLY** in final 30 seconds of 4th quarter. There is to be NO pressing by a team that has a 10-point lead or more. The trailing team can press anytime under the 30 second mark.

Individual Player Scoring: No player is permitted to score more than six (6) points in a quarter. Players who score this many points do not need to be removed from the game, they simply are not permitted to shoot the ball.

In the case where foul shots would cause a player to have the opportunity to score more than 6 points in the quarter, the free throws will be allowed and counted. Any baskets scored by a player during live play that result in them scoring more than 6 points will be nullified and result in a turnover. The ball should be given to the defensive team for inbounds throw in. Coaches are expected to monitor this with the scorekeeper. Scorekeeper should notify the Referee if any player reaches 6 points in a quarter.