



# LEARN TO SKATE

## SUNDAYS AT 3:30PM

### SALEM STATE'S ROCKETT ARENA



Designed for kids ages 3-9, with limited or no skating experience. We offer 2, 8-week sessions in the Fall and Winter on Sunday afternoons at SSUs Rockett Arena. SSYH coaching staff and volunteers run three individual, and progressive, sections according to skill level. Each lesson is approx 50 minutes. Due to limited space, parents will not be allowed on the ice!

ALL PARTICIPANTS MUST HAVE SKATES, GLOVES AND A HELMET (full cage on the front recommended)  
Shin guards are HIGHLY recommended  
USA Hockey number required - sign up online at [membership.usahockey.com](http://membership.usahockey.com)

#### **SESSION 1:**

**OCTOBER 3RD - DECEMBER 5TH**  
(OFF ON OCTOBER 31ST AND NOVEMBER 14TH)

#### **SESSION 2:**

**DECEMBER 12TH - FEBRUARY 6TH**  
(OFF ON JANUARY 30TH)

**\$175 PER CHILD, PER SESSION**  
**\$300 PER CHILD FOR BOTH SESSION 1 AND 2**

#### **INTRO TO HOCKEY**

IMMEDIATELY FOLLOWING SESSION 2 AT 4:30PM

**DECEMBER 12TH - FEBRUARY 6TH**  
(OFF ON JANUARY 30TH)

**\$175 PER CHILD OR \$300 FOR BOTH**  
**LEARN TO SKATE (either session) AND INTRO TO HOCKEY**

Register online at  
**[salemswampscottyouthhockey.org](http://salemswampscottyouthhockey.org)**