



**2026 Mudsock Rugby
Fall Sevens
Information Packet**

2026 MUDSOCK FALL SEVENS RUGBY

AN AFFILIATE TEAM OF THE **MUDSOCK YOUTH RUGBY LEAGUE**



As a family-owned company, Meijer aims to enrich the lives of families in the communities we serve and help ensure they are great places to live, work and play. Meijer is honored to partner with Mudsock Youth Athletics in its mission of bringing sports to local kids and support them in learning valuable life skills, building friendships, getting active and, most importantly, having fun!

Welcome, Rugby Parents!

We are very excited to welcome you to the Mudsock Rugby family. Your child has shown an interest in joining a team coached by the finest coaches in Indiana. The Mudsock Rugby Sevens teams trace their roots to the Mudsock Youth Rugby Club started in 2003 under the umbrella of Mudsock Youth Athletics. Our club has many special traditions that your child will learn quickly.

Rugby is a very unique sport because it allows PLAYERS to make real-time life decisions. The game of rugby includes preparation, training and coaching but the non-stop action puts the strategy and game into the player's hands. No other sport is like rugby – it combines football, soccer, basketball, and wrestling all into one!

Every player is required to register and pay associates fees with Rugby Indiana and the Mudsock Youth Rugby Club. Our schedule consists of some travel, team supplies, and socials which are paid by dues.

The purpose of this document is to answer some common questions about our club, the upcoming season, and to provide some basic information about the sport of rugby.

Registration

Registration for rugby involves two separate signups and payments.

Open online registration at [myathletics.com](https://www.myathletics.com) will be held during the month of May 2026. Fall fees will be \$80. Beginning June 1st, registration fees will increase, and roster spots may become more limited.

Registration for rugby involves two separate processes. Players will need to register with both Mudsock Youth Rugby, via Mudsock Youth Athletics, and Rugby Indiana. Please note, to make Rugby available to as many players as possible, our league has worked hard to substantially lower our Mudsock Youth Rugby registration fee. We hope your player will continue to grow with us and find a passion for the sport.

- 1) Register with Mudsock Youth Athletics at <https://www.myathletics.com/>
 - a. Parents and guardians will select at least one volunteer activity that interests them.
- 2) Register with Rugby Indiana at - <https://myaccount.rugbyexplorer.com.au/> **(the Rugby Indiana registration for all our youth teams will open at a later date, ~8/14/2026.)**
 - a. New families complete these steps first:
 - Step 1: How to create your membership profile (Parent should create their profile first): <https://www.youtube.com/watch?v=aZjB1uoHm20>
 - Step 2: How to Register (you will add the players at this time): <https://www.youtube.com/watch?v=3bzRqKJA0ao>
 - b. Select Register

- c. Select Participate in Rugby (the first option)
- d. Select the person you are registering (or add a new person)
- e. Enter your club's name – "Mudsock Youth Rugby"
- f. Make sure the club says "Indiana, Youth and HS Council"
- g. Role = Player
- h. Select your registration type
- i. Select Season
- j. Complete the rest of your registration, including payment to Rugby Indiana.

*Both steps must be completed for your child to be fully registered for the season. Failure to register with BOTH MYA and Rugby Indiana will result in your player being ruled ineligible to participate. If you have any issues or questions about this process, please contact us at mudsockrugby@gmail.com.

Mudsock Fall Sevens Rugby League Fees

When you consider the cost of equipment, uniforms, travel, and athletic trainers, rugby is one of the cheapest sports in Fishers. We do, however, annually pay sanctioning and administration fees to both Rugby Indiana (our home Union) and Mudsock Youth Athletics.

Parents/Guardians will need to register on Rugby Indiana before the first practice. The fees below cover Mudsock Youth Athletics registration and bookkeeping, as well as general field maintenance by the city of Fishers.

Every single administrator and coach in Mudsock Youth Rugby and Mudsock Fall Sevens is a volunteer. We ask that parents and players show the respect and patience that their commitment demands.

Fall 2026 Mudsock Fall Rugby Sevens Fees are as follows:

High School Girls - \$80

High School Boys - \$80

Beginning June 1st, registration fees will increase and the league may close registration or move divisions to a waitlist at any time. There will be a multi-player discount available for families registering three or more children in rugby.

***Families who will be applying for a scholarship through Rugby Indiana should submit their application BEFORE registering with Rugby Indiana and submitting payment for the fall season at myathletics.com.**

***Open to any high school-age girl or boy living in the HSE school district boundaries, regardless of what school they attend.*

Schedule & Locations

Practices will take place in city parks or school fields within Fishers with games on Sundays in September and October. All games will be held outside of Fishers.

Frequently Asked Questions

What is Rugby?

Rugby is the fastest growing youth sport in the United States. Many people are familiar with rugby as a fringe sport, but you may be surprised to learn that it is actually the second most popular sport in the world behind soccer. In fact, in Europe, Australia and South Africa, the teams and players are elevated to a star status that exceeds that of NFL players in the United States! Many teams fill 80,000 seat stadiums for international match play.

Scoring: There are four ways to score points in a rugby game.

- Try – When the ball is grounded over an opponent’s try line (goal line) in their try zone (end zone), it is worth 5 points. The try counts as a score only if the ball is literally touched down with control in the try zone, which is where American football gets the word “touchdown.”
- Conversion – After scoring a try, the scoring team gets an attempt to kick the ball over the crossbar and through the posts of the rugby uprights. A conversion is worth 2 points. Again, like American football, a score and a conversion are a combined seven points.
- Penalty – If the opposition commits a penalty, a team can choose to kick at the goal. Combining the penalty shot of soccer and the field goal of American football, a penalty kick is worth 3 points.
- Drop Goal – During play, a team may drop the ball on the ground and kick it over the goal. This is called a drop goal and is worth 3 points.

How do I learn more about Rugby?

Go to www.rugbyindiana.com and click on the tab “What Is Rugby?” You can watch videos and download a great document tool called “Beginners Guide to Rugby”.

What does my child need to play?

Rugby socks, rugby shorts, boots (cleats) mouth guard, **desire and effort!** (Soccer cleats can double as rugby cleats; however, metal cleats (baseball) and cleats with a cleat on the end of the toe (football) are strictly prohibited.

What is the difference between rugby sevens and other forms of rugby?

Rugby sevens (commonly abbreviated as simply “sevens” or “7s”) is a variant of rugby union in which teams are made up of seven players playing 7-minute halves, instead of the usual 15 players playing 40-minute halves.

What happens after the season? Are there opportunities to play in All-Stars or travel to other states?

Yes! During the spring semi-state and state tournaments, staff and coaches from the Rugby Indiana organization will provide try-outs and other important information. Players and coaches from Mudsock Youth Rugby and the high school teams have played/coached in the tournaments in Elkhart, Indiana and various all-star tournaments in Pittsburgh, Chicago, and Denver.

Are there colleges that offer club rugby in Indiana?

Yes! Over 20 colleges and universities in the state of Indiana and over 900 nationwide offer club programs:

- Anderson University
- Ball State University
- Bethel College
- DePauw University
- Earlham College

- Grace College
- Hanover College
- Indiana State University
- Indiana Tech
- Indiana University (Bloomington)
- Indiana University (Indy)
- Indiana Wesleyan University
- Marian University
- Purdue University
- Purdue University, Fort Wayne
- Saint Joseph's University
- St. Mary's College
- Taylor University
- Trine University
- University of Indianapolis
- University of Notre Dame
- University of Southern Indiana
- Wabash College

There is also a D1A Rugby Union for certain colleges and universities based on higher ability and skill. Division IA is an elite collegiate rugby competition sanctioned and administered by USA rugby. The conference-based league features 37 elite men's college rugby teams competing in six conferences: Allied Rugby, Big Ten, California, East, Mid-South, West, and one independent team. The regular season sees all teams in the conference play one another, with the two top seeds qualifying for the playoffs. Playoffs are single elimination, and the two unbeaten teams advance to the Division IA finals.