



Mudsock Girls Lacrosse

Fall 2026 Stick Skills



As a family-owned company, Meijer aims to enrich the lives of families in the communities we serve and help ensure they are great places to live, work and play. Meijer is honored to partner with Mudsock Youth Athletics in its mission of bringing sports to local kids and support them in learning valuable life skills, building friendships, getting active and, most importantly, having fun!

Program Description:

Come join Mudsock Girls Lacrosse for a comprehensive six-week stick skills and training program this fall, perfect for the offseason. No prior lacrosse experience is required. Athletes of all skill levels are welcome.

Our program will emphasize a balanced approach, focusing on both enhancing fundamental skills like passing, catching, and groundballs, and refining position-specific skills. Whether you're an offensive player looking to improve your shooting, dodging, and off-ball movement, or a defensive player seeking to enhance your footwork, positioning, and clearing abilities, this program has something for you. Plus, you'll have the opportunity to develop teamwork and camaraderie alongside our experienced coaching staff, which includes a mix of in-house youth coaches, high school coaches, and accomplished high school players.

Program Goal:

We're committed to equipping the girls with the resources and training they need to enhance their stick skills and evolve as a player this fall. This preparation will serve as a steppingstone, whether she opts for an indoor program during the fall/winter or gears up for the upcoming spring season. Mastery of fundamental lacrosse skills is the hallmark of every successful player, from high school to collegiate and even professional levels. Our goal is to establish a solid foundation for each player, ensuring they're primed for success as they progress through the Mudsock Girls Lacrosse Youth Program and beyond into high school.

Registration Fees:

Open registration for fall will be held during the month of May 2026. Registration will be accepted online at myathletics.com. Fall fees will be as follows:

- \$100 per player for divisions in 8U – 14U
Beginning June 1st, registration fees will increase and the league may close registration or move divisions to a waitlist at any time. There will be a multi-player discount available for families registering three or more children.

Refund Policy:

For the fall 2026 season, the refund policy will be as follows:

May 1 – June 15th – Full refund minus the \$50 non-refundable MYA processing fee

June 16th – July 15th – 50% refund minus the \$50 non-refundable MYA processing fee

July 16th – July 31st – 25% refund minus the \$50 non-refundable MYA processing fee

After July 31st – No refund

Any additional fees incurred for registration completed after May 31st are also non-refundable.

Session Dates

8U will be 10am-11am

10U, 12U, & 14U will be 10am-11:30am

Sunday, 8/30/26

Sunday, 9/13/26

Sunday, 9/20/26

Sunday, 9/27/26

Sunday, 10/4/26

Sunday, 10/11/26

Location

Hamilton Proper Park (southeast corner of 116th St. and Hoosier Rd.)

What equipment do I need?

Players are required to wear goggles, and a mouthguard, and have their own stick. Cleats are strongly recommended but not required.

Weather

No refunds will be provided due to weather cancellation or if the City of Fishers closes the fields. Prorated refunds will only be provided if more than 2 of the skill Sundays are cancelled.

What if I have additional questions?

If you have any questions about the program, please feel free to reach out to hsefishersgirlslax@gmail.com.