



Mudsock Youth Football Fall 2026



As a family-owned company, Meijer aims to enrich the lives of families in the communities we serve and help ensure they are great places to live, work and play. Meijer is honored to partner with Mudsock Youth Athletics in its mission of bringing sports to local kids and support them in learning valuable life skills, building friendships, getting active and, most importantly, having fun!

Goal: The purpose of the Mudsock Youth Football program is:

1. To develop and maintain a properly supervised football league for youth living within the HSE School District in kindergarten to sixth grades.
2. To promote improved community relations by demonstrating an interest in the youth of our community.
3. To encourage physical and mental growth through keen competition.
4. To emphasize good citizenship and scholastic achievement.
5. To nurture good sportsmanship and a sense of fair play.

Divisions: Our football league is divided into different levels, based upon the players' grade in the upcoming school year.

Flag Offerings:

Co-ed K/1st and 2nd grade flag: This is a non-contact league.

All-female 2nd-4th, 5th-8th grade flag: The league will continue offering this non-contact option for girls in the district, grades 2 through 8. We will move forward if there is enough interest in each age group. Please note, games will be played on Monday nights between 6 – 8 p.m., rather than Saturdays, to encourage players to try out this new offering who may be participating in other fall sports under the MYA umbrella. Email fhseyfb@gmail.com with questions.

Rookie, Modified and Tackle Offerings:

3rd Grade Rookie Tackle: This division is based on USA Football's Rookie Tackle program. The purpose is to help start a transition from the flag leagues and prepare athletes for 11 vs. 11 football. Games are 7 vs. 7 and all players have an opportunity to carry the football.

4th Grade Modified Tackle: Games are 9 vs. 9 tackle football with rules transitioned towards NFHS (high school) rules.



5th and 6th Grade Tackle Rec League: The goal of the 5th and 6th grade league is to prepare athletes for junior high football and is largely based on the Indiana High School Athletic Association's football rules. It is 11 vs. 11 full contact football. Weight limits exist for ball carriers.

Travel Offering:

New for 2026: To better align with our district having two High Schools the travel program will offer two teams, the Jr Royals and Jr Tigers. Players will try out for the team that aligns with the Intermediate School they are districted for. The Jr Royals and Jr Tigers will provide youth players with an opportunity to compete at the highest level against the best competition from other leagues in central Indiana and around the state. The travel football program is available to 5th and 6th grade tackle players. For the most up to date information on travel football, please visit, <https://football.myathletics.com/Default.aspx?tabid=1198569>.

Registration: Open registration for fall will be held during the month of May 2026. Registration will be accepted online at myathletics.com. Fall fees will be as follows:

- Co-ed Flag leagues (k-2nd) the cost is \$165.
- All-Female Flag leagues "Monday Night Football" (3rd-8th) the cost is \$200.
- Tackle leagues (3rd-6th) the cost is \$275.
- Accepting a spot on a travel team will include an additional fee will be detailed by their respective team.

Beginning June 1st, registration fees will increase and the league may close registration or move divisions to a waitlist at any time. There will be a multi-player discount available for families registering three or more children.

Refund Policy:

For the fall 2026 season, the refund policy will be as follows:

May 1st – June 15th – Refund after \$50 non-refundable fee

June 16th – July 15th – 50% refund after the \$50 non-refundable fee

July 16th – July 31st – 25% refund after the \$50 non-refundable fee

After July 31st – No refund

Any additional fees incurred for registration completed after May 31st are also non-refundable.



Time Commitment: The league runs from late July through October. Weekly time commitment varies slightly by grade. Teams may practice up to twice per week. Most games are on Saturday, but occasional weeknight games are possible. *All-female flag offerings will have a weekday practice, and a set weekday game scheduled each week.

Evaluations: Rookie, modified, and tackle players must be evaluated before they are placed on a team. Players are evaluated by coaches who have been trained in the USA Football standards and evaluations will take place in July.

Team Selection: Every effort is made to balance teams. Rookie modified and tackle players are required to be evaluated. Teams are balanced before coaches are selected to ensure optimal competition.

Coach Selection: Coaches are selected based on applications. All coaches are required to have a background check on file and are required to complete safety training and the USA Football certification annually.

Playing Time: Except for the travel program, all divisions strive for equal playing time.

Equipment Needed: The following items are needed based on the division you participate in:

Flag - mouthguard, molded cleats, gym shorts

*Athletes participating in the flag league will receive additional equipment when their team begins practice.

Tackle (3rd-6th) - white football pants w/ pads, practice jersey, mouthguard, molded cleats

*The league will provide footballs, helmets, shoulder pads, jerseys, and socks if applicable to your child's division. Multiple equipment distribution nights will be held in late June and early to mid-July.

Grades K-4th uses a Pee wee size football and 5th and 6th uses a junior size football.



Our Calendar: Stay up to date with everything happening with Mudsock Youth Football using the calendar on our site [here](#). Please note we will input summer conditioning, draft, evaluation, Jamboree dates and more. While the calendar is a great resource for league-wide events, players individual practice and games schedules will be populated in Sports Connect.

Connect With Us:

Visit our site football.myathletics.com.

Follow us on [Twitter](#), [Facebook](#) and [Instagram](#).

Meet our [Board of Directors](#).

2026 Sponsorship Opportunities: We currently have over 600 participants in Mudsock Youth Football. By becoming a corporate or division sponsor, you are helping us keep kids active and engaged in our community, while giving your business significant exposure to the families in our program.

Join us as a [corporate sponsor](#).

Join us as a [division sponsor](#).